

## IDT Subsistence Allowance

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**Introduction** This guide provides guidance to Reserve members, Commands, and SPOs concerning the policy regarding IDT subsistence allowance, formally IDT COMRATS, for enlisted Reservists performing paid IDT Drills.

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**References**

- (a) [U.S. Code, Title 37, Section 402 \(e\)](#)
- (b) [USCG Reserve Policy Manual, COMDTINST M1001.28 \(series\)](#)
- (c) [USCG Pay Manual, COMDTINST M7220.29 \(series\)](#)
- (d) [ALCOAST 136/16](#)

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**Questions** Questions concerning IDT subsistence allowance should be addressed to [HQS-DG-LST-CG-1311@uscg.mil](mailto:HQS-DG-LST-CG-1311@uscg.mil).

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**Background** Errors in assignment of IDT meal eligibility for enlisted SELRES members have previously caused overpayments and underpayments for Reservists performing paid IDT drills.

In accordance with references (a) and (c), an enlisted member of the Reserve Component (RC) may receive rations-in-kind (RIK), part thereof, or a cash allowance in lieu of a government provided meal when the member's paid IDT drill totals at least 8 hours in a calendar day.

Reserve members, regardless of their duty status, with or without pay, must pay for all government provided meals they consume.

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**Member in a Travel Status** In accordance with reference (b), Reserve members are not authorized an IDT subsistence allowance for periods of travel to and from their drill site or whenever entitled to a meal per diem allowance in an IDT travel status.

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**Officers** In accordance with references (b) and (c), officers are not entitled to an IDT subsistence allowance.

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**Single IDT Drills** In accordance with references (b) and (c), Reserve members who perform a single IDT drill are not entitled to a government provided meal or a subsistence allowance.

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**IDT Subsistence Allowance**, Continued

**Multiple IDT Drills**

In accordance with references (b) and (d), meal eligibility for a Reserve Enlisted member who performs a paid multiple IDT drill is as follows:

<b>If</b>	<b>And</b>	<b>Then</b>
Not Authorized Lodging	Arrives same day, not remaining overnight	Authorized Lunch
	Works past 1800 hours	Authorized Lunch & Supper
Authorized Lodging	Arrive night before for 1 paid IDT Multiple drill for the next day	Authorized Breakfast and Lunch
	Arrives on day of 1 <sup>st</sup> drill for 2 paid multiple IDT drills and remains overnight between drills	Authorized Lunch and Supper on 1 <sup>st</sup> day & authorized Breakfast and Lunch on 2 <sup>nd</sup> day
	Arrives night before for 2 paid IDT Multiple drills	Authorized Breakfast, Lunch, & Supper on 1 <sup>st</sup> day & authorized Breakfast and Lunch on 2 <sup>nd</sup> day