



Coast Guard Family Resources

Family Resources



1-855-CG SUPRT
(247-8778)
www.cgsuprt.com/

Coast Guard Employee Assistance Program

Office of Work-Life: www.dcms.uscg.mil/worklife
Coast Guard Human Resources: www.dcms.uscg.mil/hr
Childcare Program: www.dcms.uscg.mil/worklife/child-care
Chaplain: www.uscg.mil/Leaders/Senior-Leadership/Chaplain-of-the-Coast-Guard/
Civilian Personnel: www.dcms.uscg.mil/civilianhr
Coast Guard Exchange: <https://shopcgx.com>
Housing: www.dcms.uscg.mil/military/Housing-Division-CG-1333/
Education and Training Quota Management Command
[https://www.forcecom.uscg.mil/Our-Organization/FORCECOM-UNITS/Voluntary-Education/\(links to college and tuition assistance\)](https://www.forcecom.uscg.mil/Our-Organization/FORCECOM-UNITS/Voluntary-Education/(links%20to%20college%20and%20tuition%20assistance))
milConnect: <https://milconnect.dmdc.osd.mil/milconnect/>
Coast Guard Mutual Assistance: www.cgmahq.org
Morale, Well-Being & Recreation: www.dcms.uscg.mil/mwr
Ombudsman Program: www.dcms.uscg.mil/ombudsman
Scholarships: www.dcms.uscg.mil/worklife/scholarship-program
Sea Legs (Family Member's Guide to the U.S. Coast Guard): www.dcms.uscg.mil/sealegs
Sexual Assault Prevention, Response and Recovery Program (SAPRR): www.dcms.uscg.mil/saprr
TRICARE: www.tricare.mil/
Coast Guard Reserve: reserve.uscg.mil
Coast Guard Retirees: www.dcms.uscg.mil/retiree

Follow the Coast Guard



Facebook
www.facebook.com/uscoastguard



Twitter
twitter.com/uscg/



YouTube
www.youtube.com/user/USCGImagery



Flickr
www.flickr.com/photos/coast_guard/



Instagram
[instagram.com/uscg](https://www.instagram.com/uscg)

Coast Guard Links

Coast Guard WWW site: <https://www.uscg.mil/>
Coast Guard News): <https://www.mycg.uscg.mil/>
Senior Leadership Bios:
www.dcms.uscg.mil/About-Us/flag/
CG-1 (Human Resources) Flag Voice:
www.dcms.uscg.mil/hr/flag-voice
Coast Guard Directives: www.dcms.uscg.mil/directives/
Coast Guard Messages (ALCOASTs, etc.):
www.dcms.uscg.mil/general-messages/
Coast Guard Office of Diversity & Inclusion:
www.dcms.uscg.mil/diversity
Coast Guard Office of Leadership:
www.dcms.uscg.mil/leadership
Coast Guard Community Relations:
<https://www.uscg.mil/community/>
Coast Guard Recruiting: www.gocoastguard.com
Coast Guard Auxiliary:
www.uscg.mil/Our-Organization/Auxiliary/



Assistant Commandant
for Human Resources

www.dcms.uscg.mil/hr

Last Updated 8/27/21