



Coast Guard Family Resources

Family Resources



1-855-CG SUPRT
(247-8778)
www.cgsuprt.com/

Coast Guard Employee Assistance Program

Office of Work-Life: www.dcms.uscg.mil/worklife

Coast Guard Human Resources: www.dcms.uscg.mil/hr

Childcare Program: www.dcms.uscg.mil/worklife/child-care

Chaplain: www.uscg.mil/Leaders/Senior-Leadership/Chaplain-of-the-Coast-Guard/

Civilian Personnel: www.dcms.uscg.mil/civilianhr

Coast Guard Exchange: <https://shopcgx.com>

Housing: www.dcms.uscg.mil/military/Housing-Division-CG-1333/

Education and Training Quota Management Command
[https://www.forcecom.uscg.mil/Our-Organization/FORCECOM-UNITS/Voluntary-Education/\(links to college and tuition assistance\)](https://www.forcecom.uscg.mil/Our-Organization/FORCECOM-UNITS/Voluntary-Education/(links%20to%20college%20and%20tuition%20assistance))

milConnect: <https://www.dmdc.osd.mil/milconnect/>

Coast Guard Mutual Assistance: www.cgmahq.org

Morale, Well-Being & Recreation: www.dcms.uscg.mil/mwr

Ombudsman Program: www.dcms.uscg.mil/ombudsman

Scholarships: www.dcms.uscg.mil/worklife/scholarship-program

Sea Legs (Family Member's Guide to the U.S. Coast Guard):
www.dcms.uscg.mil/sealegs

Sexual Assault Prevention, Response and Recovery Program (SAPRR): www.dcms.uscg.mil/saprr

TRICARE: www.tricare.mil/

Coast Guard Reserve: reserve.uscg.mil

Coast Guard Retirees: www.dcms.uscg.mil/retiree

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www.youtube.com/user/USCGImagery



Flickr
www.flickr.com/photos/coast_guard/



Instagram
[instagram.com/uscg](https://www.instagram.com/uscg)

Coast Guard Links

Coast Guard WWW site: <https://www.uscg.mil/>

Coast Guard All Hands Blog (official workforce blog):
<http://allhands.coastguard.dodlive.mil/>

Senior Leadership Bios:
www.dcms.uscg.mil/About-Us/flag/

CG-1 (Human Resources) Flag Voice:
www.dcms.uscg.mil/hr/flag-voice

Coast Guard Directives: www.dcms.uscg.mil/directives/

Coast Guard Messages (ALCOASTs, etc.):
www.dcms.uscg.mil/general-messages/

Coast Guard Office of Diversity & Inclusion:
www.dcms.uscg.mil/diversity

Coast Guard Office of Leadership:
www.dcms.uscg.mil/leadership

Coast Guard Community Relations:
www.uscg.mil/public-services/Community-Relations/

Coast Guard Recruiting: www.gocoastguard.com

Coast Guard Auxiliary:
www.uscg.mil/Our-Organization/Auxiliary/



Assistant Commandant
for Human Resources

www.dcms.uscg.mil/hr

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