



Command Resource Guide

Understanding Recovery



CG-114 Sexual Assault Prevention Response & Recovery (SAPRR)

<https://www.dcms.uscg.mil/SAPRR>



Recovery from sexual assault requires our understanding that experiencing a traumatic incident affects people in different ways. Our goal in developing this recovery booklet is to ensure that the journey through to recovery has the potential to start with the first responder. Furthermore, the SAPRR office is committed

to ensuring that all Coast Guard support services, to include the chain of command when applicable, is not only trauma-informed but has ready access to information that ensures informed care.

Every organization is impacted by trauma therefore all benefit from being trauma informed. We encourage all to understand how to recognize the signs and symptoms of trauma, and how to respond in a manner that encourages recovery. This recovery booklet will provide information to thoughtfully support victims of sexual assault, and to understand the recovery process.

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References

Center for Substance Abuse Treatment (US). Trauma-Informed Care in Behavioral Health Services. Rockville (MD): Substance Abuse and Mental Health Services Administration (US); 2014. (Treatment Improvement Protocol (TIP) Series, No. 57.)

Available from: <https://www.ncbi.nlm.nih.gov/books/NBK207201/>

