#### Office of Work-Life, Personal Financial Management Program



# Personal Financial Management Program Fact Sheet



# **Information and Resources**

The Coast Guard's Personal Financial Management Program (PFMP) provides a collaborative and comprehensive approach to education and counseling, emphasizing a proactive career lifecycle approach to behavior change modification.

COMDTINST 1740.8, Coast Guard PFMP - http://www.uscg.mil/directives/ci/1000-1999/CI 1740 8.pdf

## **Personal Financial Management Program**

The Personal Financial Management Program (PFMP) consists of the following 7 elements:

#### 1) Education and Training.

Education and training is designed as a continuum of service consisting of training throughout the military life cycle.

#### 2) Counseling.

One-on-one assistance is provided by certified financial professionals.

#### 3) Information and Referral.

Information and referral is provided by Command Financial Specialists and designated specialists on a range of financial topics.

# 4) Command Financial Specialist (CFS) Program.

The CFS functions as the command/unit's principal advisor on policies and matters related to Personal Financial Management (PFM).

#### 5) Outreach.

PFM information will be published regularly and family members are encouraged to participate in PFM services.

#### 6) Collaboration and Coordination.

Commands should first seek PFMP services from CG sponsored financial readiness assets. When non-governmental organizations are utilized, they should comply with policy.

#### 7) CG SUPRT Financial Wellness Program.

Provides financial classes, webinars and confidential financial counseling (money coach) services.

## **Education and Training**

A wide range of training opportunities are offered through the Personal Financial Management Program.

#### 1) CFS Training.

A week long training certifying the participant with a CFS competency.

#### 2) Financial Wellness and Military Life Cycle Training.

Various individual topics are offered, as well as the Life Cycle Series specific to a stage in a persons life and career.

3) Webinars.

Financial Wellness Webinars are offered twice monthly.

## Counseling

#### 1) Money Coach.

- a. A money coach assists, advises and teaches good financial habits through a one-on-one confidential and unbiased coaching relationship.
- b. Contact CG SUPRT at 1-855-CG SUPRT (247-8778) or www.CGSUPRT.com and click "Personal Financial Management" to schedule one-on-one Money Coaching.

#### 2) Personal Financial Manager (PFM).

PFM staff are trained to provide financial counseling and to assist with your financial educational needs. They can be found on most DoD installations.

#### Information and Referral

- 1) Command Financial Specialist
- 2) Office of Work Life PFMP Coordinator http://www.uscg.mil/worklife/contact.asp
- 3) Office of Work Life PFMP Website www.uscg.mil/worklife/financial.asp
- 4) CG SUPRT Personal Financial Management www.CGSUPRT.com or 1-855-CG SUPRT (247-8778)

#### Additional PFMP Resources.

For policy related information, please contact the HQ Personal Financial Management Program Manager at HQS-SMB-FamilySupportServices@uscg.mil or 202-475-5159.

