



# HUMAN RESOURCES

HEALTH, SAFETY  
& WORK-LIFE

CG-11



## Special Needs Program – Points of Contact

Regional Practice (Please see <a href="#">District Map</a> for reference)	Areas Served	Family Resource Specialist	Regional Manager
D1 Boston	Connecticut Rhode Island Eastern New York (Including the Hudson River Valley) Northern New Jersey (Bayonne & Sandy Hook) Massachusetts (Cape Cod & Islands, e.g., Nantucket, Martha's Vineyard)	Josh Braarud HSWL-RP-Boston/USCG Base Cape Cod Kaehler Memorial Clinic 5201 Lee Road Buzzards Bay, MA 02562 508-968-6722 (phone) 508-968-6581 (fax) 508- 968-6572/6582 (clinic) <a href="mailto:Joshua.J.Braarud@uscg.mil">Joshua.J.Braarud@uscg.mil</a>	LT Marvin Pena 617-223-3485 <a href="mailto:Marvin.A.Pena@uscg.mil">Marvin.A.Pena@uscg.mil</a>  Work-Life Supervisor Matt Nicoli 617-223-3484 <a href="mailto:Matthew.R.Nicoli@uscg.mil">Matthew.R.Nicoli@uscg.mil</a>
	Maine New Hampshire Vermont Massachusetts (except Cape Cod & Islands)	Stephanie Thayer HSWL RP Boston Work-Life Building 8,3 <sup>rd</sup> Floor Clinic 427 Commercial St. Boston, MA 02109 617-223-3422 (phone) 617-223-3038 (fax) <a href="mailto:Stephanie.S.Thayer@uscg.mil">Stephanie.S.Thayer@uscg.mil</a>	

D5 National Capital Area	Maryland Northern Virginia Washington, DC (Units outside of Headquarters)	VACANT HSWL RP Washington, DC 2703 Martin Luther King Jr. Ave SE CG-11, Office 5P24-00 Washington, DC 20593-7907 202-372-4088 (phone) 202-372-4907 (fax)	LCDR Gregory Sickels <a href="mailto:Gregory.S.Sickels@uscg.mil">Gregory.S.Sickels@uscg.mil</a> 202-372-4080
	Washington, DC (Headquarters)	Timika Connor HSWL RP Washington, DC 2703 Martin Luther King Jr. Ave SE CG-11, Office 5P24-00 Washington, DC 20593-7907 202-372-4083 202-372-4907 (fax) <a href="mailto:Timika.Connor@uscg.mil">Timika.Connor@uscg.mil</a>	
D5 Cape May	New Jersey (Central & Southern Regions) Eastern Pennsylvania	Robert Spicer HSWL RP Cape May 1 Munro Avenue Cape May, NJ 08204 609-898-6885 (phone) 609-898-6429 (fax) <a href="mailto:Robert.H.Spicer@uscg.mil">Robert.H.Spicer@uscg.mil</a>	LT Shannon Reck <a href="mailto:Shannon.P.Reck@uscg.mil">Shannon.P.Reck@uscg.mil</a> 609-898-6860
D5 Portsmouth	Southeast Maryland (Ocean City) Virginia (All units except those in Northern Virginia/DC Metro Area)	Kelly Beck HSWL RP Portsmouth 4000 Coast Guard Blvd Portsmouth, VA 23703-2199 757-686-4025 (phone) 757-686-6894 (fax) <a href="mailto:Kelly.A.Beck@uscg.mil">Kelly.A.Beck@uscg.mil</a>	LCDR Daniel O'Brien <a href="mailto:Daniel.F.O'Brien@uscg.mil">Daniel.F.O'Brien@uscg.mil</a> 757-686-4020
	North Carolina Virginia	Kimberly Carmon-Stanley HSWL RP Portsmouth 4000 Coast Guard Blvd Portsmouth, VA 23703-2199 757-686-4023 (phone) 757-686-6895 (fax) <a href="mailto:Kimberly.D.Carmon-Stanley@uscg.mil">Kimberly.D.Carmon-Stanley@uscg.mil</a>	

D7 Miami	South Carolina Georgia Florida (North & East Coast areas of FL, from Melbourne Bch to Jacksonville and Tallahassee)	Ken Weber HSWL RP Miami 100 Macarthur Causeway, Bldg 3 Miami, FL 33139 305-695-2398 (phone) <a href="mailto:Kenneth.M.Weber@uscg.mil">Kenneth.M.Weber@uscg.mil</a>	LCDR Rebecca Vinlove (786) 412-9186 <a href="mailto:Rebecca.P.Vinlove@uscg.mil">Rebecca.P.Vinlove@uscg.mil</a>  LT Janet Combs (787) 729-2359 <a href="mailto:Janet.N.Combs@uscg.mil">Janet.N.Combs@uscg.mil</a>
	Florida (South and Western Coasts)	Dwain Cherry HSWL RP Miami 100 Macarthur Causeway, Bldg 3 Miami, FL 33139 305-695-2937 <a href="mailto:@uscg.mil">@uscg.mil</a>	
	Base Puerto Rico Virgin Islands	<b>VACANT</b> Contact LT Combs HSWL RP Puerto Rico 5 Calle La Puntilla San Juan, Puerto Rico 00901-1800 (787) 729-2359	
D8 New Orleans	Alabama Mississippi Florida Panhandle Louisiana (NOLA units)	Leslie Mathes HSWL RP DET New Orleans 1790 Saturn Blvd Admin Building 1 New Orleans, LA 70129 504-253-4708 (phone) 504-253-4720 (fax) <a href="mailto:Leslie.S.Mathes@uscg.mil">Leslie.S.Mathes@uscg.mil</a>	LT Ernest L Callahan 504-253-4721 <a href="mailto:Ernest.L.Callahan@uscg.mil">Ernest.L.Callahan@uscg.mil</a>  Work Life Supervisor Dr. Kelli DeLuca (504) 253-4701 <a href="mailto:Kelli.DeLuca@uscg.mil">Kelli.DeLuca@uscg.mil</a>
	Texas New Mexico Louisiana (All units except NOLA)	Collette Francisco HSWL RP DET New Orleans 1790 Saturn Blvd Admin Building 1 New Orleans, LA 70129 504-253-4705 504-253-4720 (fax) <a href="mailto:Collette.E.Francisco@uscg.mil">Collette.E.Francisco@uscg.mil</a>	

<p>D8 St Louis</p>	<p>Arizona Colorado Arkansas Indiana Iowa Kansas Kentucky Louisiana Minnesota Mississippi Missouri Nebraska North Dakota Ohio Oklahoma Pennsylvania South Dakota Southern Illinois Tennessee West Virginia Wyoming</p>	<p>Vanessa Bryant HSWL RP DET St. Louis 1222 Spruce St. RM 2. 102 C St Louis MO 63103 314-269-2435 (phone) <a href="mailto:Vanessa.D.Bryant@uscg.mil">Vanessa.D.Bryant@uscg.mil</a></p>	<p>LT Ernest Callahan 504-253-4721 <a href="mailto:Ernest.L.Callahan@uscg.mil">Ernest.L.Callahan@uscg.mil</a></p> <p>Work Life Supervisor Dr. Kelli DeLuca (504) 253-4701 <a href="mailto:Kelli.DeLuca@uscg.mil">Kelli.DeLuca@uscg.mil</a></p>
<p>D9 Cleveland</p>	<p>Eastern Wisconsin Michigan Northeast Minnesota Northern Illinois Northern Indiana Northern Ohio Northwest Pennsylvania Western New York</p>	<p>Cindy Pratt HSWL RP Cleveland 1240 East Ninth Street Cleveland, OH 44199-5100 216-902-6353 (phone) 216-902-6312 (fax) <a href="mailto:Cindy.L.Pratt@uscg.mil">Cindy.L.Pratt@uscg.mil</a></p>	<p>LT Geoffrey M Daly 216-902-6350 <a href="mailto:Geoffrey.M.Daly@uscg.mil">Geoffrey.M.Daly@uscg.mil</a></p>
<p>D11 Alameda</p>	<p>Northern California Nevada Utah</p>	<p>Kristine Rutland-Cooper HSWL RP Alameda US Coast Guard Island, Bldg 1 HSWL, Room 141 Alameda, CA 94501-5100 510-437-3881 (phone) <a href="mailto:Kristine.E.Rutland-Cooper@uscg.mil">Kristine.E.Rutland-Cooper@uscg.mil</a></p>	<p>LCDR Darin Schneider 510-437-3189 <a href="mailto:Darin.W.Schneider@uscg.mil">Darin.W.Schneider@uscg.mil</a></p> <p>Work Life Supervisor Dave Romero (510) 437-5981 <a href="mailto:David.Romero@uscg.mil">David.Romero@uscg.mil</a></p>

<p>D11 Los Angeles/Long Beach</p>	<p>Arizona Nevada Southern California</p>	<p>Locksley “Tony” Haynes HSWL RP DET LA/LB 1001 S. Seaside Ave., Bldg 38 San Pedro, CA 90731-0208 310-521-6134 (phone) 310-521-6138 (fax) <a href="mailto:Locksley.A.Haynes@uscg.mil">Locksley.A.Haynes@uscg.mil</a></p>	<p>LT Matthew Geraets (310) 521--6126 <a href="mailto:Matthew.L.Geraets@uscg.mil">Matthew.L.Geraets@uscg.mil</a></p>
<p>D13 Seattle</p>	<p>Washington Oregon Montana Idaho</p>	<p>May Chao HSWL RP Seattle 1519 Alaskan Way S. Bldg. 1, 3<sup>rd</sup> Floor Seattle, WA 98134 206-217-6786 (phone) 206-217-6619 (fax) <a href="mailto:May.W.Chao@uscg.mil">May.W.Chao@uscg.mil</a></p>	<p>LT Patricia Green (206) 217-6611 <a href="mailto:Patricia.G.Green@uscg.mil">Patricia.G.Green@uscg.mil</a></p>
<p>D14 Hawaii</p>	<p>Hawaii Guam Mariana Islands American Samoa Australia China Japan</p>	<p>Stacey Sawyer HSWL RP Honolulu 400 Sand Island Parkway Honolulu, HI 96819-4398 808-842-2089 (phone) 808-842-2089 (fax) <a href="mailto:Stacy.C.Sawyer@uscg.mil">Stacy.C.Sawyer@uscg.mil</a></p>	<p>LCDR Jessica Hamilton 808-842-2086 <a href="mailto:Jessica.E.Hamilton@uscg.mil">Jessica.E.Hamilton@uscg.mil</a></p>
	<p>Korea Indonesia Singapore Vietnam</p>		

D17 Alaska	Alaska (all areas except Kodiak Island)	Michelle Cooutu HSWL RP DET Juneau PO Box 25517 Juneau, AK 99802-5517 OR, if sending DHL or FEDEX 709 W. 9 <sup>th</sup> St Juneau, AK 99802 907-463-2125 (phone) 907-463-2134 (fax) Michell.C.Coutu@uscg.mil	LCDR Thomas Wieland 907-487-5320 Ext 2204 <a href="mailto:Thomas.F.Wieland@uscg.mil">Thomas.F.Wieland@uscg.mil</a>
	Alaska (Kodiak Island)	Vacant - Contact LCDR Wieland HSWL RP Kodiak PO Box 195022 Bldg. N-27 Storis Drive Kodiak, AK 99615-5022 907-487-5525 ext 6505 (phone) 907-487-5239 (fax)	

Last updated 8/20/2020