

**From:** [CMD-SMB-COMDT-CG1](#)  
**To:** [CMD-SMB-COMDT-CG1](#); [CMD-SMB-CG-HSWL-SC](#)  
**Subject:** PERIODIC HEALTH ASSESSMENT UPDATE  
**Date:** Monday, September 10, 2018 7:45:30 AM

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SUBJ: PERIODIC HEALTH ASSESSMENT UPDATE

A. Coast Guard Periodic Health Assessment (PHA), COMDTINST 6150.3 (series)

B. Periodic Health Assessment (PHA) Program, DODI 6200.06

1. All Coast Guard (CG) service members (SMs) must complete the new PHA on an annual basis. The new PHA was implemented on 1 Mar 2018, however the current compliance rate for completion of the new PHA is 25%.

2. To increase the number of options available for CG SMs to complete their PHAs, CG SMs empaneled to CG clinics will have the option of completing their PHA using the Reserve Health Readiness Program (RHRP), effective from 1 Sep 18 through 1 March 19.

3. The process will be similar to the process already in place for CG Selected Reserve (SELRES) personnel and CG SMs who are enrolled to TRICARE network providers for primary care, with the addition that the SM must be asked if he/she wishes to complete the PHA through a CG clinic appointment or using an RHRP clinic.

A. The CG SM completes his/her online PHA questionnaire.

B. The CG SM notifies his/her clinic that he/she has completed and certified the questionnaire.

C. The clinic asks the SM if he or she prefers a CG clinic appointment or a RHRP appointment to complete the PHA.

D. Regardless of the SM's choice, an HS or RN at the CG clinic will complete and certify the Medical Record Review portion of the PHA within 5 business days.

E. If the SM selects the CG clinic option, the clinic will schedule a PHA appointment for the SM with a CG provider for completion of the PHA.

F. If the SM selects the RHRP option, an HS or RN at the clinic orders the PHA, and any other Individual Medical Readiness requirements coming due in the next 12 months, from the RHRP contractor (Logistics Health, Incorporated (LHI)) using the LHI portal. LHI will contact the member to schedule a PHA appointment within 1 business day of verification that the Medical Record Review portion of the PHA has been certified.

4. Active duty CG units whose members are empaneled to CG clinics may use the RHRP Group Event option to complete PHAs in large groups. The CG clinic must still do the Record Reviews for SMs attending Group Events. HSC Athan Anderson (athan.anderson@uscg.mil) is the POC for Group Event requests and approval.

5. An updated PHA Member Job Aid is available at

<https://cg.portal.uscg.mil/units/hswlsc/OpMed/Shared%20Documents/Member%20PHA%20Job%20Aid.pdf>.

6. CG clinics are reminded that PHAs should be accomplished using a single CG clinic appointment for the SM. If an SM's responses on the PHA questionnaire require clarification, that clarification should be accomplished telephonically or during the SM's appointment with the PHA provider; a separate appointment with the CG HS or RN should not be necessary, except possibly in the case of personnel on aviation, dive, or Occupational Medical Surveillance status.

7. POC: CDR Shane Steiner, Chief of Preventive Medicine, COMDT (CG-1121), 202-475-5256, Email: Shane.C.Steiner@uscg.mil.

8. Mr. Derrick Masters, Chief, Office of Health Services, COMDT (CG-112), sends.

9. Internet release authorized.