

## Muniz, Luis A MED2

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**From:** CMD-SMB-COMDT-CG1  
**Sent:** Monday, August 20, 2018 1:12 PM  
**To:** CMD-SMB-COMDT-CG1; CMD-SMB-CG-HSWL-SC  
**Subject:** ZIKA VIRUS UPDATE 2 FOR COAST GUARD MEDICAL PERSONNEL

UNCLAS FOUO //N06010//

SUBJ: ZIKA VIRUS UPDATE 2 FOR COAST GUARD MEDICAL PERSONNEL A. Update: Interim Guidance for Preconception Counseling and Prevention of Sexual Transmission of Zika Virus for Men with Possible Zika Virus Exposure – United States, August 2018, Morbidity and Mortality Weekly Report, Early Release, Volume 67, Centers for Disease Control and Prevention (CDC).

1. On 7 Aug 18, the CDC released REF (A) which changes the recommended waiting period for unprotected sexual activity and attempted conception for males who may have been exposed to Zika virus.
2. Prior to 7 Aug 18, the CDC had recommended that males wait 6 months from the last day of possible Zika exposure, or from the onset of Zika virus symptoms, before having unprotected sexual activity or attempting conception. These recommendations were designed to reduce the risk of sexual transmission of Zika virus and to reduce the risk of Zika virus-related birth defects.
3. REF (A) changes the recommended waiting period to 3 months; all other CDC Zika guidance remains unchanged. REF (A) can be accessed at: [https://www.cdc.gov/mmwr/volumes/67/wr/mm6731e2.htm?s\\_cid=mm6731e2\\_e](https://www.cdc.gov/mmwr/volumes/67/wr/mm6731e2.htm?s_cid=mm6731e2_e)
4. Relevant pre- and post-deployment forms and counseling must be updated to reflect these new recommendations.
5. POC: CDR Shane Steiner, COMDT (CG-1121, Chief of Preventive Medicine), 202-475-5256 E-mail: [Shane.C.Steiner@uscg.mil](mailto:Shane.C.Steiner@uscg.mil).
6. Mr. Derrick Masters, Chief, Office of Health Services, sends.
7. Internet release authorized.