

Brain Injury Awareness Month March 2013

If you were...

- in a motor vehicle crash
- injured in a fall
- hit in the head
- knocked out

**You might
have had a
concussion.**

**Know the
symptoms.**

- Headaches and/or vomiting
- Ears ringing
- Amnesia, altered/loss of consciousness
- Double vision and/or dizziness
- Something feels wrong or is not right

For more information - contact:

United States Coast Guard
Office of Health, Safety, & Work-Life Directorate (CG-11)
Psychological Health & Traumatic Brain Injury Program
2100 2nd Street SW, STOP 7902
Washington, DC 20593
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U.S. Coast Guard photo
by Coast Guard Petty Officer,
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www.DVBIC.org