

# New Regional Behavioral Health Services Available

Improve overall wellness and resilience for you and your team



The Coast Guard recently welcomed a team of Regional Behavioral Health Providers (RBHPs). That means you and your units, as well as Coast Guard leadership, have access to enhanced prevention, intervention, and postvention behavioral health support. These RBHPs are experienced licensed clinical social workers and psychologists, and are active duty U.S. Public Health Service Officers billeted within Coast Guard Health, Safety, & Work-Life (HSWL) Regional Practices.



## **Regional Behavioral Health Provider Services**

#### **Manage High-risk Patients**

Ensure that behavioral health patients with complex or high-risk needs requiring multiple types of support services get connected with appropriate resources.

### **Support Leadership**

Provide consultation and support services to Coast Guard leaders to promote wellness and resiliency within units.

# Provide Treatment or Coordinate External Care for Patients

Conduct short-term counseling or coordinate care with local behavioral health care providers for Service members with referrals from their medical officers or commands.

#### **Collaborate with Internal Partners**

Train, mentor, and consult with HSWL staff, Chaplains, and other internal partners to provide holistic care.

For additional information, visit the U.S. Coast Guard Behavioral Health Web site at <a href="https://cglink.uscg.mil/RBHP">https://cglink.uscg.mil/RBHP</a>.

To make an appointment with your RBHP, please contact your unit medical officer for a referral or email <a href="mailto:BehavioralHealth@uscg.mil">BehavioralHealth@uscg.mil</a>.



### For Urgent Issues

Please call 911, the Veterans Crisis Line, or the National Suicide Prevention Lifeline.

