

# BRAIN INJURY AWARENESS MONTH MARCH 2014



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## If you were...

- in a motor vehicle crash
- injured in a fall
- hit in the head
- knocked out

**You might have had a concussion.**

## Know the symptoms.

- Headaches and/or vomiting
- Ears ringing
- Amnesia, altered/loss of consciousness
- Double vision and/or dizziness
- Something feels wrong or is not right

For more information - contact:

### United States Coast Guard

Office of Health, Safety & Work-Life Directorate (CG-11)  
Operational Medicine & Medical Readiness (CG-1121)  
Psychological Health & Traumatic Brain Injury Program  
2703 Martin Luther King Jr. Ave. SE, STOP 7907  
Washington, DC 20593-7907

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