

R 151331Z OCT 12  
FM COMDT COGARD WASHINGTON DC//CG-112//  
TO AIG 4905  
BT

UNCLAS //N06010//

SUBJ: PERIODIC HEALTH ASSESSMENTS AND CLINICAL PREVENTIVE SERVICES UPDATE

A. Periodic Health Assessment, COMDTINST M6150.3 1. The health and well being of Coast Guard personnel is critical to mission success. The Periodic Health Assessment (PHA) is intended to provide timely, evidence-based, Clinical Preventive Services (CPS), and to assess the individual medical readiness of Active and Selected Reserve personnel.

2. Coast Guard healthcare providers shall follow the United States Preventive Services Task Force (USPSTF) A and B recommendations for CPS. USPSTF A and B recommendations can be found at:

<http://epss.ahrq.gov/ePSS/>, then select Search for Recommendations.

Enclosure 3 of Ref (A) is no longer valid.

3. Ref (A) will be updated accordingly.

4. POC: CAPT Erica Schwartz, COMDT (CG-1121), 202-475-5172

Email: Erica.G.Schwartz(AT)uscg.mil.

5. CAPT Deborah R. Noyes, Office Chief of Health Services, sends.

6. Internet release is authorized.

BT

NNNN