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COMDT COGARD WASHINGTON DC//CG-112//

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SUBJ: MENTAL HEALTH ASSESSMENT (MHA) UPDATE A. COAST GUARD MEDICAL MANUAL, COMDTINST M6000.1 (SERIES) 1. All military services are required to institute four person-to-person MHAs for each member of the Armed Forces who deploy in connection with a contingency operation.

2. The Coast Guard will administer MHAs to Coast Guard members on expeditionary deployments (e.g., PATFORSWA, CENTCOM AOR) at the following intervals:

- a. Within 120 days prior to deployment
- b. Between 90 and 180 days after return from deployment
- c. Between 180 days and 1 year after return from deployment, and
- d. Between 18 and 30 months after return from deployment

3. The Coast Guard will synchronize MHAs in conjunction with existing readiness and deployment-related health assessments whenever possible. The first MHA will be completed at the same time as the DD Form 2795, Pre-Deployment Health Assessment. The second MHA will be completed at the same time as the DD Form 2900, Post-Deployment Health Re-Assessment. The subsequent MHAs (numbers 3 and 4) will be completed during the members Periodic Health Assessment (PHA).

4. MHAs must be conducted by a medical provider (physician, physician assistant, nurse practitioner, independent duty health services technician), or by a mental health provider (psychiatrist, psychologist, social worker, psychiatric nurse practitioner).

Non-mental health providers are required to have a certificate documenting completion of web-based MHA training available at <http://fhpr.osd.mil/mha>. Completed certificates must be submitted to Mary Ann Millett at MaryAnn.Millett(AT)uscg.mil and to the Navy Marine Corps Public Health Center (NMCPHC) at edha(AT)nehc.mar.med.navy.mil. Providers must review members health records that are related to each previous deployment. For provider access to the Electronic Deployment Health Assessment (EDHA) database contact NMCPHC at edha(AT)nehc.mar.med.navy.mil or (757) 953-0717.

5. All MHAs must now be completed electronically via the EDHA database. The Medical Readiness Reporting System (MRRS) will update MHA completion dates from the EDHA database. Manual entry of MHA dates into MRRS is strictly prohibited. The Coast Guard Business Intelligence (CGBI) system will be updated to track MHAs and provide readiness metrics.

6. Remotely located active duty members and all reserve members will soon be able to contact the Logistics Health Incorporated (LHI) call center to complete their MHAs.

7. These changes will be reflected in the next revision to Ref (A).

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9. CAPT Deborah Noyes, Chief, Office Health Services, sends.

10. Internet release authorized.