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FM COMDT COGARD WASHINGTON DC//CG-112//
TO AIG 4905
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UNCLAS //N06010//

SUBJ: PERIODIC HEALTH ASSESSMENT WAIVERS AND OVERSEAS LOCATIONS A. Coast Guard Medical Manual, COMDTINST M6000.1 (series) B. Coast Guard Periodic Health Assessment (PHA), COMDTINST 6150.3 1. All Coast Guard personnel assigned to overseas locations are required to undergo an overseas screening and a PHA prior to OCONUS assignments. During their assignment overseas (with the exception of Alaska, Hawaii and Puerto Rico), a waiver for the PHA will be granted. A list of these locations that have been granted PHA waivers is located on the Commandant (CG-1121) website:

[http://www.uscg.mil/hq/cg1/cg112/cg1121/PHA\(UNDERSCORE\)med.asp](http://www.uscg.mil/hq/cg1/cg112/cg1121/PHA(UNDERSCORE)med.asp).

2. Per Ref (A), overseas screening is required for personnel transferring from one overseas assignment to another overseas assignment.
3. All Coast Guard personnel assigned to these locations will not appear as delinquent (red) for the PHA in the Medical Readiness Reporting System or in the Coast Guard Business Intelligence System.
4. AFC-57 Travel to Obtain Health Care (TTOHC) funds will not be used for the purposes of completing a PHA. For other health care issues, units are reminded to coordinate AFC-57 funded OCONUS travel to obtain health care requests with the Health, Safety, Work-Life Service Center.
5. This change will be updated in the next version of Ref (B).
6. POC: CAPT Erica Schwartz (CG-1121), (202) 475-5172
Email: Erica.G.Schwartz(AT)uscg.mil.
7. CAPT Deborah Noyes, Chief, Office Health Services, sends.
8. Internet release authorized.

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