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FM COMDT COGARD WASHINGTON DC//CG-112//  
TO AIG 4905  
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SUBJ: AVIATION PHYSICAL UPDATE

A. Coast Guard Aviation Medicine Manual, COMDTINST 6410.3 (series) 1. Effective immediately, a routine Flight Duty Health Screening (FDHS) will be replaced by the Periodic Health Assessment (PHA), a DD Form 2807-1, Report of Medical History, and an audiogram. Biennial aviation medical examination (FDME) shall remain in effect as required in accordance with REF A. In addition to the PHA, DD Form 2807-1, Report of Medical History, and an audiogram, further exam or testing deemed appropriate by the aviation medicine provider may be included.

2. An annual CG Form 6020, Medical Recommendation for Flying Duty is required. A CG Form 6020, Medical Recommendation for Flying Duty remains valid for 12 months, to expire on the last day of the member's birth month. Per REF A, annual aviation examinations may be completed up to three months prior to expiration, which would extend the subsequent CG Form 6020, Medical Recommendation for Flying Duty period of validity to 15 months maximum.

3. For aviators with a newly identified, disqualifying diagnosis during a PHA, a new FDME becomes necessary and will reset the individuals' biennial timeframe.

4. For aviators with select waivers requiring annual electronic data submission into the Aeromedical Electronic Resource Office (AERO), Coast Guard Personnel Support Command (PSC-PSD-med) will require an FDHS to be completed in place of the new requirement in paragraph 1.

For waivers not requiring annual electronic data submission (though data may need to be collected annually and reviewed by the cognizant local aviation medicine officer), reporting in AERO is only required with the biennial FDME. Paragraph 3 applies to aviators who no longer meet specific waiver requirements (considered disqualifying).

5. All other requirements remain in effect.

6. This change will be updated in the next version of REF A.

7. POC: CAPT Jeff Salvon-Harman, (CG-1121), 202-475-5170

Email: Jeffrey.C.Salvon-Harman(AT)uscg.mil

6. CAPT Deborah Noyes, Chief, Office of Health Services, sends.

7. Internet release is authorized.

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