

ALCOAST COMMANDANT NOTICE

CANCEL DATE 30 NOV 2020

R 091725 JUL 20

FM COMDT COGARD WASHINGTON DC//CG-1//

TO ALCOAST

UNCLAS //N01020//

ACN 083/20

SUBJ: UPDATE TO THE COAST GUARD BODY COMPOSITION SCREENINGS AND BODY COMPOSITION PILOT PROGRAM

A. COMDT COGARD WASHINGTON DC 101130 MAR 20/ACN 033/20

B. COMDT COGARD WASHINGTON DC 250753 SEP 19/ACN 113/19

C. COMDT COGARD WASHINGTON DC 191848 MAR 20/ACN 039/20

D. COMDT COGARD WASHINGTON DC 101550 APR 20/ACN 048/20

E. Coast Guard Weight and Body Fat Standards Program Manual, COMDTINST M1020.8H

1. This ACN modifies the effective dates promulgated in REF (A), reissues REF (B), and cancels REFs (C) and (D) effective 30 SEP 2020.

2. Due to COVID-19 and its effects on ability to maintain readiness, the Body Composition Pilot Program outlined in REF (A) has been extended to 30 NOV 2020.

Paragraph 7 of REF (A) is modified to read "When performing any required body composition screening per REF (C) between 01 APR 2020 and 30 NOV 2020, personnel must adhere to the procedures listed in this message and in the Body Composition Screening Desk Guide, which can be found at:

<https://dcms.uscg.mil/military/Body-Composition-Program/>.

3. REF (B) is reissued, with a new cancellation date of 30 NOV 2020. All policies and standards in REF (B), not specifically addressed in this ACN, remain in effect until the cancellation date.

4. REFs (C) and (D), which temporarily suspended body composition screenings, are cancelled effective 30 SEP 2020. Body composition screening will resume on 01 OCT 2020 in accordance with REFs (A), (B) and (E).

5. Policies and standards in REF (E), not specifically addressed in this ACN, remain unchanged.

6. For medical screening questions, contact COMDT (CG-112) at:

HQS-SMB-BodyCompMedical@uscg.mil.7. For PFT questions, contact COMDT (CG-111) at: HQS-SMB-BodyCompPFT@uscg.mil.

8. For general policy questions contact COMDT (CG-1331) at:

HQS-SMB-BodyCompPolicy@uscg.mil.

9. Released by RADM J. M. Nunan, Assistant Commandant for Human Resources.

10. Internet release is authorized.