

1999 Coast Guard Elite Athletes of the Year



LTJG Janine Bowman



AMT3 Benedict Sambrano has been selected the Coast Guard Male Athlete of the Year for his outstanding accomplishments in Triathlon competitions in 1999. He placed First in the Military Division of the Keahou-Kona Half-Ironman Triathlon and First Place overall in the Rustman Triathlon in the Marshall Islands. In both the Honolulu Powerman Duathlon and the Eight Kilometer Run for Your Life he placed First in his age group and Fifth Overall. Petty Officer Sambrano took First Place Overall in he Barbers

Point NAS Triathlon. He placed Second in the Race Across America 3000 Mile Bicycle Relay Race, the Hawaii State Road Race Cycling Championship, and the Hickam AFB Triathlon's Military Division. At the Maui Ironman Competition he placed Sixth Overall. Petty Officer Sambrano was born in Waipahu, Hawaii in July of 1966 and graduated from Waipahu High School in 1984. He enlisted in the Coast Guard in 1996 and is currently assigned as a HC-130 Loadmaster at Coast Guard Air Station Barbers Point, Hawaii.



AMT3 Benedict Sambrano

The Coast Guard Female Athlete of the Year, LTJG Janine Bowmn, has distinguished herself as a world class marksman. She is the first female to be awarded the highest marksmanship award in the Coast Guard, the Distinguished Pistol Badge. LTJG Bowman's outstanding performance during two World Cup pistol matches held in Munich, Germany and Atlanta, Georgia qualified her to compete for selection in both Sport Pistol and Women's Air Pistol in the 2000 Olympics. LTJG Bowman placed second in Women's Sport Pistol Championships, qualifying for a spot on the National Shooting Team. She placed Fifth Overall

in Women's Sport Pistol at the National Pan American Games selection matches. In 1995 she graduated from the United States Coast Guard Academy with a degree in Marine Science and was selected as All-American for Standard Pistol, an event open to both men and women. While attending the Academy she participated in the shooting program for three years, winning the National Championship titles each year. She received a Bronze medal at the Collegiate National Championship in Standard Pistol. LTJG Bowman is currently assigned to Naval Engineering Support Unit, New Orleans. She was previously assigned to the Coast Guard Cutter TAHOMA.