					AET	AMT	AST	BM	CS	DC	EM	ET	GM	HS	IS	IT	IV	ME	MK	MST	OS	PA	PO	SK	YN
	Unit Name	District	Program	OPFAC	RATES (E4 to E6) All Billets																				
Historical PAL	AIRSTA ATLANTIC CITY (000768)	5	CG-711	20121																					
Training Capacity					■	■	■																		
Historical PAL	AIRSTA BARBERS POINT (000121)	14	CG-711	37400																					
Training Capacity					■	■	■																		
Historical PAL	AIRSTA BORINQUEN (000012)	7	CG-711	20235																					
Training Capacity					■	■	■																		
Historical PAL	AIRSTA CAPE COD (000568)	1	CG-711	20115																					
Training Capacity					■	■	■																		
Historical PAL	AIRSTA CLEARWATER (000657)	7	CG-711	20150																					
Training Capacity					■	■	■		■																
Historical PAL	AIRSTA COLUMBIA RIVER (036465)	13	CG-711	20255																					
Training Capacity					■	■	■																		
Historical PAL	AIRSTA CORPUS CHRISTI (000494)	8	CG-711	20245																					
Training Capacity					■	■	■																		
Historical PAL	AIRSTA DETROIT (000210)	9	CG-711	20158																					
Training Capacity					■	■	■							■											
Historical PAL	AIRSTA ELIZABETH CITY (000561)	5	CG-711	20130																					
Training Capacity					■	■	■																		
Historical PAL	AIRSTA HOUSTON (000247)	8	CG-711	20155																					
Training Capacity					■	■	■																		
Historical PAL	AIRSTA HUMBOLDT BAY (044379)	11	CG-711	37420																					
Training Capacity					■	■	■																		
Historical PAL	AIRSTA KODIAK (000614)	17	CG-711	20270																					
Training Capacity					■	■	■																		
Historical PAL	AIRSTA MIAMI (000289)	7	CG-711	20140																					
Training Capacity					■	■	■							■											
Historical PAL	AIRSTA NEW ORLEANS (000248)	8	CG-711	20250																					
Training Capacity					■	■	■																		
Historical PAL	AIRSTA NORTH BEND (044407)	13	CG-711	37410																					
Training Capacity					■	■	■																		
Historical PAL	AIRSTA PORT ANGELES (046019)	13	CG-711	37590																					
Training Capacity					■	■	■																		
Historical PAL	AIRSTA SACRAMENTO (000616)	11	CG-711	20290																					
Training Capacity					■	■	■																		
Historical PAL	AIRSTA SAN DIEGO (047618)	11	CG-711	37250																					
Training Capacity					■	■	■																		
Historical PAL	AIRSTA SAN FRANCISCO (000162)	11	CG-711	20180																					
Training Capacity					■	■	■																		
Historical PAL	AIRSTA SAVANNAH (000554)	7	CG-711	20135																					
Training Capacity					■	■	■																		
Historical PAL	AIRSTA SITKA (000518)	17	CG-711	20280																					
Training Capacity					■	■	■																		
Historical PAL	AIRSTA TRAVERSE CITY (000211)	9	CG-711	20160																					
Training Capacity					■	■	■																		
Historical PAL	Armory Detachment Cape Canaveral (005005)	7	DCMS	75408																					
Training Capacity													■												
Historical PAL	Armory Detachment Cape Cod (005004)	1	DCMS	75407																					
Training Capacity													■												
Historical PAL	Armory Detachment Honolulu (004457)	14	DCMS	75406																					
Training Capacity													■												

					AET	AMT	AST	BM	CS	DC	EM	ET	GM	HS	IS	IT	IV	ME	MK	MST	OS	PA	PO	SK	YN
	Unit Name	District	Program	OPFAC	RATES (E4 to E6) All Billets																				
Historical PAL	Armory Detachment Ketchikan (004455)	17	DCMS	75404																					
Training Capacity																									
Historical PAL	Armory Detachment Kodiak (004454)	17	DCMS	75401																					
Training Capacity																									
Historical PAL	Armory Detachment New Orleans (005309)	8	DCMS	75410																					
Training Capacity																									
Historical PAL	Armory Detachment Port Clinton (005006)	9	DCMS	75409																					
Training Capacity																									
Historical PAL	Armory Detachment Portsmouth (005310)	5	DCMS	75411																					
Training Capacity																									
Historical PAL	Armory Detachment Seattle (004456)	13	DCMS	75402																					
Training Capacity																									
Historical PAL	Armory Detachment Terminal Island (004432)	11	DCMS	75405																					
Training Capacity																									
Historical PAL	ATC MOBILE (002418)	8	CG-711	65100																					
Training Capacity																									
Historical PAL	ATLANTIC STRIKE TEAM (000574) AST	5	CG-721	34361																					
Training Capacity																									
Historical PAL	BASE ALAMEDA (042586)	11	DCMS	31090																					
Training Capacity																									
Historical PAL	BASE BOSTON (042790)	1	DCMS	31120																					
Training Capacity																									
Historical PAL	BASE CAPE COD (045414)	1	DCMS	31125																					
Training Capacity																									
Historical PAL	BASE Charleston (045391) + ESD (004614)	7	DCMS	31150																					
Training Capacity																									
Historical PAL	BASE CLEVELAND (042180)	9	DCMS	31050																					
Training Capacity																									
Historical PAL	BASE DET STL (042283)	8	DCMS	31080																					
Training Capacity																									
Historical PAL	BASE E-CITY (042062)	5	DCMS	31030																					
Training Capacity																									
Historical PAL	BASE GALVESTON (048823)	8	DCMS	31180																					
Training Capacity																									
Historical PAL	BASE HONOLULU (042240)	14	DCMS	31060																					
Training Capacity																									
Historical PAL	BASE KETCHIKAN (042854)	17	DCMS	31130																					
Training Capacity																									
Historical PAL	BASE KODIAK (042884)	17	DCMS	31140																					
Training Capacity																									
Historical PAL	BASE LOS ANGELES LONG BEACH (042619)	11	DCMS	31100																					
Training Capacity																									
Historical PAL	BASE MIAMI BEACH (041661)	7	DCMS	31020																					
Training Capacity																									
Historical PAL	BASE NATIONAL CAPITAL REGION (042811)	5	DCMS	31110																					
Training Capacity																									
Historical PAL	BASE NEW ORLEANS (042282)	8	DCMS	31070																					
Training Capacity																									
Historical PAL	BASE PORTSMOUTH (042020)	5	DCMS	31040																					
Training Capacity																									

					AET	AMT	AST	BM	CS	DC	EM	ET	GM	HS	IS	IT	IV	ME	MK	MST	OS	PA	PO	SK	YN
	Unit Name	District	Program	OPFAC	RATES (E4 to E6) All Billets																				
Historical PAL	BASE SAN JUAN + ESD (048145) (004615)	7	DCMS	31170																					
Training Capacity																									
Historical PAL	BASE SEATTLE (037720)	13	DCMS	31010																					
Training Capacity																									
Historical PAL	C4IT TISCOM (010046)	5	CG-6	52400																					
Training Capacity																									
Historical PAL	C5I SERVICE CENTER (C5ISC) (010046)	5	CG-6	52400																					
Training Capacity																									
Historical PAL	CG ACADEMY (000046)	1	DCMS	60100																					
Training Capacity																									
Historical PAL	CG CRYPTOLOGIC GROUP (CGCG) (009016)	14	CG-2	34409																					
Training Capacity																									
Historical PAL	CG STA ALEXANDRIA BAY (000721)	9	CG-731	30197																					
Training Capacity																									
Historical PAL	CG STA ANNAPOLIS (000471)	5	CG-731	30303																					
Training Capacity																									
Historical PAL	CG STA APRA HARBOR (009477)	14	CG-731	30150																					
Training Capacity																									
Historical PAL	CG STA ATLANTIC CITY (000328)	5	CG-731	30184																					
Training Capacity																									
Historical PAL	CG STA BELLE ISLE (000189)	9	CG-731	30931																					
Training Capacity																									
Historical PAL	CG STA BELLINGHAM (000133)	13	CG-731	30508																					
Training Capacity																									
Historical PAL	CG STA BOSTON (006942)	1	CG-731	30131																					
Training Capacity																									
Historical PAL	CG STA BRUNSWICK (000640)	7	CG-731	30319																					
Training Capacity																									
Historical PAL	CG STA BUFFALO (000212)	9	CG-731	30349																					
Training Capacity																									
Historical PAL	CG STA CAPE CHARLES (000323)	5	CG-731	30278																					
Training Capacity																									
Historical PAL	CG STA CAPE DISAPPOINT (000139)	13	CG-731	30475																					
Training Capacity																									
Historical PAL	CG STA CAPE MAY (000314)	5	CG-731	30624																					
Training Capacity																									
Historical PAL	CG STA CASTLE HILL (000008)	1	CG-731	30121																					
Training Capacity																									
Historical PAL	CG STA CHANNEL ISLANDS (000157)	11	CG-731	30796																					
Training Capacity																									
Historical PAL	CG STA CHARLESTON (000585)	7	CG-731	30348																					
Training Capacity																									
Historical PAL	CG STA CHICAGO (000539)	9	CG-731	30352																					
Training Capacity																									
Historical PAL	CG STA CLEVELAND HBR (000190)	9	CG-731	30975																					
Training Capacity																									
Historical PAL	CG STA CORTEZ (000272)	7	CG-731	30326																					
Training Capacity																									
Historical PAL	CG STA CURTIS BAY (000006)	5	CG-731	30251																					
Training Capacity																									

					AET	AMT	AST	BM	CS	DC	EM	ET	GM	HS	IS	IT	IV	ME	MK	MST	OS	PA	PO	SK	YN
	Unit Name	District	Program	OPFAC	RATES (E4 to E6) All Billets																				
Historical PAL	CG STA DAUPHIN ISLAND (000250)	8	CG-731	30332																					
Training Capacity								■										■	■						
Historical PAL	CG STA DESTIN (000545)	8	CG-731	30327																					
Training Capacity								■	■									■	■						
Historical PAL	CG STA DULUTH (000409)	9	CG-731	30364																					
Training Capacity								■										■	■						
Historical PAL	CG STA EATONS NECK (000361)	1	CG-731	30196																					
Training Capacity								■											■						
Historical PAL	CG STA ELIZABETH CITY (000693)	5	CG-731	30300																					
Training Capacity								■											■						
Historical PAL	CG STA EMERALD ISLE (006795)	5	CG-731	30270																					
Training Capacity																									
Historical PAL	CG STA FIRE ISLAND (000362)	1	CG-731	30199																					
Training Capacity								■											■						
Historical PAL	CG STA FORT LAUDERDALE (000011)	7	CG-731	30315																					
Training Capacity								■										■	■						
Historical PAL	CG STA FORT MACON (000423)	5	CG-731	30269																					
Training Capacity								■										■							
Historical PAL	CG STA FORT PIERCE (000552)	7	CG-731	30310																					
Training Capacity								■										■	■						
Historical PAL	CG STA FREEPORT (000466)	8	CG-731	30325																					
Training Capacity								■										■	■						
Historical PAL	CG STA FT MYERS BEACH (000281)	7	CG-731	30309																					
Training Capacity								■										■	■						
Historical PAL	CG STA GALVESTON (000596)	8	CG-731	30350																					
Training Capacity								■											■						
Historical PAL	CG STA GEORGETOWN (000280)	7	CG-731	30306																					
Training Capacity								■										■	■						
Historical PAL	CG STA GLOUCESTER (000007)	1	CG-731	30136																					
Training Capacity								■											■						
Historical PAL	CG STA GOLDEN GATE (000435)	11	CG-731	30467																					
Training Capacity								■										■	■						
Historical PAL	CG STA GRAND HAVEN (000199)	9	CG-731	30379																					
Training Capacity								■										■							
Historical PAL	CG STA GULFPORT (000010)	8	CG-731	30335																					
Training Capacity								■										■	■						
Historical PAL	CG STA HONOLULU (000629)	14	CG-731	30144																					
Training Capacity								■											■						
Historical PAL	CG STA HOUSTON (036066)	8	CG-731	30353																					
Training Capacity								■											■						
Historical PAL	CG STA HUMBOLDT BAY (000016)	11	CG-731	30466																					
Training Capacity								■											■						
Historical PAL	CG STA INDIAN RIVER INLET (006797)	5	CG-731	30293																					
Training Capacity								■	■										■						
Historical PAL	CG STA JONES BEACH (000358)	1	CG-731	30244																					
Training Capacity								■	■										■						
Historical PAL	CG STA KAUAI (006804)	14	CG-731	30146																					
Training Capacity																			■						
Historical PAL	CG STA KENOSHA (04706)	9	CG-731	30412																					
Training Capacity								■											■						

					AET	AMT	AST	BM	CS	DC	EM	ET	GM	HS	IS	IT	IV	ME	MK	MST	OS	PA	PO	SK	YN
	Unit Name	District	Program	OPFAC	RATES (E4 to E6) All Billets																				
Historical PAL	CG STA KINGS POINT (000360)	1	CG-731	30182																					
Training Capacity								■																	
Historical PAL	CG STA LAKE CHARLES (036064)	8	CG-731	30354																					
Training Capacity								■										■							
Historical PAL	CG STA LAKE TAHOE (000156)	11	CG-731	30670																					
Training Capacity								■																	
Historical PAL	CG STA LAKE WORTH INLET (000283)	7	CG-731	30313																					
Training Capacity								■										■	■						
Historical PAL	CG STA LITTLE CREEK (000322)	5	CG-731	30277																					
Training Capacity								■										■	■						
Historical PAL	CG STA LOS ANGELES/LONG BEACH (000648)	11	CG-731	30887																					
Training Capacity								■										■	■						
Historical PAL	CG STA LOUISVILLE (048900)	8	CG-731	37200																					
Training Capacity								■										■	■						
Historical PAL	CG STA MANASQUAN INLET (000741)	5	CG-731	30217																					
Training Capacity								■	■									■	■						
Historical PAL	CG STA MANISTEE (000492)	9	CG-731	30926																					
Training Capacity																									
Historical PAL	CG STA MARBLEHEAD (000196)	9	CG-731	30929																					
Training Capacity								■										■	■						
Historical PAL	CG STA MAUI (000396)	14	CG-731	30143																					
Training Capacity								■																	
Historical PAL	CG STA MAYPORT (000706)	7	CG-731	30347																					
Training Capacity								■										■	■						
Historical PAL	CG STA MEMPHIS (048897)	8	CG-731	37190																					
Training Capacity								■										■	■						
Historical PAL	CG STA MIAMI BEACH (000590)	7	CG-731	30345																					
Training Capacity								■										■	■						
Historical PAL	CG STA MICHIGAN CITY (000018)	9	CG-731	30409																					
Training Capacity								■											■						
Historical PAL	CG STA MILFORD HAVEN (000559)	5	CG-731	30287																					
Training Capacity								■										■	■						
Historical PAL	CG STA MILWAUKEE (000203)	9	CG-731	30412																					
Training Capacity								■											■						
Historical PAL	CG STA MONTEREY (000726)	11	CG-731	30465																					
Training Capacity								■											■						
Historical PAL	CG STA NEW HAVEN (000566)	1	CG-731	30180																					
Training Capacity								■											■						
Historical PAL	CG STA NEW LONDON (000353)	1	CG-731	30630																					
Training Capacity								■											■						
Historical PAL	CG STA NEW ORLEANS (000239)	8	CG-731	30338																					
Training Capacity								■											■						
Historical PAL	CG STA NEW YORK (000678)	1	CG-731	30200																					
Training Capacity								■										■	■						
Historical PAL	CG STA NIAGARA (000532)	9	CG-731	30938																					
Training Capacity								■										■	■						
Historical PAL	CG STA OAK ISLAND (000324)	5	CG-731	30289																					
Training Capacity								■	■									■	■						
Historical PAL	CG STA OSWEGO (000204)	9	CG-731	30424																					
Training Capacity								■											■						

					AET	AMT	AST	BM	CS	DC	EM	ET	GM	HS	IS	IT	IV	ME	MK	MST	OS	PA	PO	SK	YN
	Unit Name	District	Program	OPFAC	RATES (E4 to E6) All Billets																				
Historical PAL	CG STA PADUCAH (048898)	8	CG-731	37200																					
Training Capacity																									
Historical PAL	CG STA PANAMA CITY (000241)	8	CG-731	30341																					
Training Capacity																									
Historical PAL	CG STA PASCAGOULA (000242)	8	CG-731	30342																					
Training Capacity																									
Historical PAL	CG STA PENSACOLA (000251)	8	CG-731	30333																					
Training Capacity																									
Historical PAL	CG STA PHILADELPHIA (006444)	5	CG-731	30368																					
Training Capacity																									
Historical PAL	CG STA PITTSBURGH (048899)	8	CG-731	37200																					
Training Capacity																		4	3						
Historical PAL	CG STA POINT ALLERTON (000366)	1	CG-731	30155															8						
Training Capacity																			7						
Historical PAL	CG STA POINT JUDITH (000449)	1	CG-731	30157																					
Training Capacity																									
Historical PAL	CG STA PONCE DE LEON INLET (000285)	7	CG-731	30316																					
Training Capacity																									
Historical PAL	CG STA PORT ARANSAS (000249)	8	CG-731	30331																					
Training Capacity																									
Historical PAL	CG STA PORT CANAVERAL (000286)	7	CG-731	30317																					
Training Capacity																									
Historical PAL	CG STA PORT HURON (000205)	9	CG-731	30433																					
Training Capacity																									
Historical PAL	CG STA PORT OCONNOR (000244)	8	CG-731	30337																					
Training Capacity																									
Historical PAL	CG STA PORTLAND (000753)	13	CG-731	30486																					
Training Capacity																									
Historical PAL	CG STA PORTSMOUTH (000320)	5	CG-731	30254																					
Training Capacity																									
Historical PAL	CG STA PORTSMOUTH HARB (000677)	1	CG-731	30160																					
Training Capacity																									
Historical PAL	CG STA RIO VISTA (000528)	11	CG-731	30890																					
Training Capacity																									
Historical PAL	CG STA ROCHESTER (000447)	9	CG-731	30439																					
Training Capacity																									
Historical PAL	CG STA ROCKLAND (000352)	1	CG-731	30612																					
Training Capacity																									
Historical PAL	CG STA SABINE (000240)	8	CG-731	30339																					
Training Capacity																									
Historical PAL	CG STA SAN DIEGO (000015)	11	CG-731	30888																					
Training Capacity																									
Historical PAL	CG STA SAN FRANCISCO (000158)	11	CG-731	30885																					
Training Capacity																									
Historical PAL	CG STA SAN JUAN (000445)	7	CG-731	30299																					
Training Capacity																									
Historical PAL	CG STA SAND KEY (000467)	7	CG-731	30321																					
Training Capacity																									
Historical PAL	CG STA SANDY HOOK (000364)	1	CG-731	30235																					
Training Capacity																									

					AET	AMT	AST	BM	CS	DC	EM	ET	GM	HS	IS	IT	IV	ME	MK	MST	OS	PA	PO	SK	YN
	Unit Name	District	Program	OPFAC	RATES (E4 to E6) All Billets																				
Historical PAL	CG STA SEATTLE (000457)	13	CG-731	30506																					
Training Capacity								■										■	■						
Historical PAL	CG STA SHINNECOCK (000567)	1	CG-731	30241																					
Training Capacity								■											■						
Historical PAL	CG STA SOUTH PADRE ISL (000026)	8	CG-731	30334																					
Training Capacity								■	■									■	■						
Historical PAL	CG STA SOUTH PORTLAND (000388)	1	CG-731	30129																					
Training Capacity								■											■						
Historical PAL	CG STA ST CLAIR SHORES (000462)	9	CG-731	30663																					
Training Capacity								■	■									■	■						
Historical PAL	CG STA ST IGNACE (000697)	9	CG-731	30305																					
Training Capacity								■											■						
Historical PAL	CG STA ST INIGOES (000319)	5	CG-731	30305																					
Training Capacity								■										■							
Historical PAL	CG STA ST LOUIS (048896)	8	CG-731	37390																					
Training Capacity								■										■	■						
Historical PAL	CG STA ST PETERSBURG (000746)	7	CG-731	30308																					
Training Capacity								■										■	■						
Historical PAL	CG STA STURGEON BAY (000534)	9	CG-731	30451																					
Training Capacity								■										■	■						
Historical PAL	CG STA TOLEDO (000408)	9	CG-731	30666																					
Training Capacity								■	■									■	■						
Historical PAL	CG STA TYBEE (000278)	7	CG-731	30318																					
Training Capacity								■	■									■	■						
Historical PAL	CG STA VALDEZ (007778)	17	CG-731	30522																					
Training Capacity								■											■						
Historical PAL	CG STA VALLEJO (000155)	11	CG-731	30470																					
Training Capacity								■										■							
Historical PAL	CG STA WASHINGTON (006796)	5	CG-731	30252																					
Training Capacity								■										■	■						
Historical PAL	CG STA WOODS HOLE (000367)	1	CG-731	30107																					
Training Capacity								■											■						
Historical PAL	CG STA WRIGHTSVILLE BEACH (000619)	5	CG-731	30860																					
Training Capacity								■	■									■	■						
Historical PAL	CG STA YAQUINA BAY (000402)	13	CG-731	30505																					
Training Capacity								■																	
Historical PAL	CGCC-3 OPERATIONS DEPARTMENT (044450)	5	DCO	52850																					
Training Capacity															■	■							■		
Historical PAL	CGCC-OPERATIONS SUPPORT DEPT (047950)	5	DCO	52850																					
Training Capacity																									■
Historical PAL	CGIS CENTRAL REG (000714)	8	DCO	77102																					
Training Capacity															■		■								
Historical PAL	CGIS CHESAPEAKE REGION (000712)	7	DCO	77105																					
Training Capacity															■		■								
Historical PAL	CGIS GULF REG (000715)	8	DCO	77104																					
Training Capacity																	■								
Historical PAL	CGIS MISSION SUPPORT DEPT (043908)	5	DCO	77000																					
Training Capacity																	■								
Historical PAL	CGIS NEW ENGLAND REGION (000711)	1	DCO	77103																					
Training Capacity															■		■								

					AET	AMT	AST	BM	CS	DC	EM	ET	GM	HS	IS	IT	IV	ME	MK	MST	OS	PA	PO	SK	YN
	Unit Name	District	Program	OPFAC	RATES (E4 to E6) All Billets																				
Historical PAL	CGIS NORTHWEST REG (000717) + OL-CGIS NW	13	DCO	77101																					
Training Capacity																									
Historical PAL	CGIS OPERATIONS DEPT (043909)	5	DCO	77000																					
Training Capacity																									
Historical PAL	CGIS PACIFIC REG (000716) + OL-CGIS PAC	11	DCO	77100																					
Training Capacity																									
Historical PAL	CGIS SOUTHEAST REG (000713) + OL-CGIS SE	7	DCO	77106																					
Training Capacity																									
Historical PAL	CGRU JTRU US TRANSCOM (007810)	8	DOL	87149																					
Training Capacity																									
Historical PAL	CGRU US INDO PACIFIC COMMAND (002666)	14	PAC	87103																					
Training Capacity																									
Historical PAL	CGRU USNORTHCOM (008810)	8	LANT	87102																					
Training Capacity																									
Historical PAL	CGRU USSOUTHCOM (007808)	7	LANT	87100																					
Training Capacity																									
Historical PAL	COMMANDANT (CG-11) (007950)	5	CG-1	70098																					
Training Capacity																									
Historical PAL	COMMANDANT (CG-438) (008048)	5	CG-4	70098																					
Training Capacity																									
Historical PAL	COMMANDANT (CG-45) (008050)	5	CG-4	70098																					
Training Capacity																									
Historical PAL	COMMANDANT (CG-5RC) (048371)	5	CG-5	70098																					
Training Capacity																									
Historical PAL	COMMANDANT (CG-92) (008937)	5	CG-9	70098																					
Training Capacity																									
Historical PAL	COMMANDANT (CG-NCC) (038237)	5	CG-9	70098																					
Training Capacity																									
Historical PAL	D1 COMMAND CADRE (D) (008141)	1	LANT	71101																					
Training Capacity																									
Historical PAL	D11 COMMAND CADRE (D) (008207)	11	PAC	71111																					
Training Capacity																									
Historical PAL	D13 COMMAND CADRE (D) (008230)	13	PAC	71113																					
Training Capacity																									
Historical PAL	D14 COMMAND CADRE (D) (008246)	14	PAC	71114																					
Training Capacity																									
Historical PAL	D17 COMMAND CADRE (008264)	17	PAC	71117																					
Training Capacity																									
Historical PAL	D5 COMMAND CADRE (D) (008146)	5	LANT	71105																					
Training Capacity																									
Historical PAL	D7 COMMAND CADRE (D) (008071)	7	LANT	71107																					
Training Capacity																									
Historical PAL	D8 COMMAND CADRE (D) (008173)	8	LANT	71108																					
Training Capacity																									
Historical PAL	D9 COMMAND CADRE (D) (008191)	9	LANT	71109																					
Training Capacity																									
Historical PAL	ESD BALTIMORE (004612)	5	DCMS	54020																					
Training Capacity																									
Historical PAL	ESD BUFFALO (004549)	9	DCMS	54230																					
Training Capacity																									

					AET	AMT	AST	BM	CS	DC	EM	ET	GM	HS	IS	IT	IV	ME	MK	MST	OS	PA	PO	SK	YN
	Unit Name	District	Program	OPFAC	RATES (E4 to E6) All Billets																				
Historical PAL	ESD CAMP LEJEUNE (044417)	5	DCMS	54090																					
Training Capacity																									
Historical PAL	ESD CAPE CANAVERAL (041686)	7	DCMS	54440																					
Training Capacity																									
Historical PAL	ESD CAPE MAY (004534)	5	DCMS	54030																					
Training Capacity																									
Historical PAL	ESD CHESAPEAKE (044418)	5	DCMS	54005																					
Training Capacity																									
Historical PAL	ESD CORPUS CHRISTI (004562)	8	DCMS	54350																					
Training Capacity																									
Historical PAL	ESD DETROIT (004551)	9	DCMS	54210																					
Training Capacity																									
Historical PAL	ESD FT CHINCOTEAGUE (004535)	5	DCMS	54040																					
Training Capacity																									
Historical PAL	ESD FT MACON (004539)	5	DCMS	54070																					
Training Capacity																									
Historical PAL	ESD GRAND HAVEN (004609)	9	DCMS	54270																					
Training Capacity																									
Historical PAL	ESD GUAM (004521)	14	DCMS	53510																					
Training Capacity																									
Historical PAL	ESD KEY WEST (004569)	7	DCMS	54460																					
Training Capacity																									
Historical PAL	ESD LONG ISLAND (004547)	1	DCMS	54180																					
Training Capacity																									
Historical PAL	ESD MAYPORT (004566)	7	DCMS	54430																					
Training Capacity																									
Historical PAL	ESD MEMPHIS (004573)	8	DCMS	54370																					
Training Capacity																									
Historical PAL	ESD MILWAUKEE (004553)	9	DCMS	54260																					
Training Capacity																									
Historical PAL	ESD NEW HAVEN (004578)	1	DCMS	54170																					
Training Capacity																									
Historical PAL	ESD NEW YORK (004546)	1	DCMS	54160																					
Training Capacity																									
Historical PAL	ESD OUTER BANKS (004537)	5	DCMS	54050																					
Training Capacity																									
Historical PAL	ESD PANAMA CITY (004559)	7	DCMS	54330																					
Training Capacity																									
Historical PAL	ESD SAN DIEGO (004519)	11	DCMS	53720																					
Training Capacity																									
Historical PAL	ESD SOUTH PORTLAND (004541)	1	DCMS	54120																					
Training Capacity																									
Historical PAL	ESD SOUTHPORT (004536)	5	DCMS	54071																					
Training Capacity																									
Historical PAL	ESD SOUTHWEST HARBOR (004542)	1	DCMS	54150																					
Training Capacity																									
Historical PAL	ESD ST PETERSBURG (004567)	7	DCMS	54420																					
Training Capacity																									
Historical PAL	GULF STRIKE TEAM (000394) GST	8	CG-721	34340																					
Training Capacity																									

					AET	AMT	AST	BM	CS	DC	EM	ET	GM	HS	IS	IT	IV	ME	MK	MST	OS	PA	PO	SK	YN
	Unit Name	District	Program	OPFAC	RATES (E4 to E6) All Billets																				
Historical PAL	HITRON (005748)	7	CG-711	77204																					
Training Capacity					■	■	■																		
Historical PAL	INCIDENT MGMT ASSIST TEAM (043902)	5	CG-721	34370																					
Training Capacity																								■	■
Historical PAL	INTEL COORD CENTER (000047)	5	CG-2	34401																					
Training Capacity															■										
Historical PAL	LANTAREA (LANT All) (038190)	5	LANT	75120																					
Training Capacity																						■		■	■
Historical PAL	MAT FT MACON (042042)	5	DCMS	53007																					
Training Capacity																									
Historical PAL	MAT GUAM (048323)	14	DCMS	31060																					
Training Capacity										■	■							■							
Historical PAL	MSD CAPE COD (008374)	1	CG-741	37020																					
Training Capacity																			■						
Historical PAL	MSD CINCINNATI (007762)	8	CG-741	37200																					
Training Capacity																			■						
Historical PAL	MSD CORAM (007674)	1	CG-741	37030																					
Training Capacity																			■						
Historical PAL	MSD FORT MACON (038703)	5	CG-741	37700																					
Training Capacity																			■						
Historical PAL	MSD HUMBOLDT BAY (004637)	11	CG-741	37270																					
Training Capacity																			■						
Historical PAL	MSD KODIAK (004515)	17	CG-741	37380																					
Training Capacity																			■						
Historical PAL	MSD NASHVILLE (007763)	8	CG-741	37200																					
Training Capacity																			■						
Historical PAL	MSD PORT CANAVERAL (006416)	7	CG-741	37100																					
Training Capacity																			■						
Historical PAL	MSD QUAD CITIES (004465)	8	CG-741	37390																					
Training Capacity																			■						
Historical PAL	MSD ST PAUL (004466)	8	CG-741	37390																					
Training Capacity																			■						
Historical PAL	MSD STURGEON BAY (007866)	9	CG-741	37240																					
Training Capacity																			■						
Historical PAL	MSU BATON ROUGE (006273)	8	CG-741	33268																					
Training Capacity								■										■	■	■					■
Historical PAL	MSU CHICAGO (007865)	9	CG-741	33273																					
Training Capacity																				■					■
Historical PAL	MSU CLEVELAND (007652)	8	CG-741	33259																					
Training Capacity																				■					■
Historical PAL	MSU DULUTH (007641)	9	CG-741	33262																					
Training Capacity																				■					
Historical PAL	MSU HUNTINGTON (007767)	8	CG-741	33258																					
Training Capacity								■										■	■	■					
Historical PAL	MSU LAKE CHARLES (006272)	8	CG-741	33276																					
Training Capacity																				■					
Historical PAL	MSU MORGAN CITY (007780)	8	CG-741	33272																					
Training Capacity																									
Historical PAL	MSU PADUCAH (007766)	8	CG-741	33257																					
Training Capacity								■										■	■					■	

					AET	AMT	AST	BM	CS	DC	EM	ET	GM	HS	IS	IT	IV	ME	MK	MST	OS	PA	PO	SK	YN
	Unit Name	District	Program	OPFAC	RATES (E4 to E6) All Billets																				
Historical PAL	MSU PITTSBURGH (007764)	8	CG-741	33256																					
Training Capacity								■										■	■	■					■
Historical PAL	MSU PORT ARTHUR (000543)	8	CG-741	33274																					
Training Capacity																		■		■				■	■
Historical PAL	MSU PORTLAND (000426)	13	CG-741	33270																					
Training Capacity									■											■					■
Historical PAL	MSU SAVANNAH (007644)	7	CG-741	33264																					
Training Capacity																				■				■	■
Historical PAL	MSU TEXAS CITY (037717)	8	CG-741	33277																					
Training Capacity																				■					■
Historical PAL	MSU TOLEDO (007643)	9	CG-741	33263																					
Training Capacity																				■					■
Historical PAL	NSFCC COMMAND STAFF (038456)	5	LANT	34359																					
Training Capacity																			■	■					
Historical PAL	NSFCC PUBLIC INFO ASSIST TM (PIAT) (038458)	5	LANT	34359																					
Training Capacity																						■			
Historical PAL	OL-LSC ADMIN BR ALAMEDA (009479)	11	CG-094	33601																					
Training Capacity																									■
Historical PAL	OL-PAC CORIVGRU 1-SAN DIEGO (036283)	11	CG-721	75150																					
Training Capacity															■										■
Historical PAL	OL-PAC CORIVGRU 2-NORFOLK (036239)	5	CG-721	75150																					
Training Capacity																									■
Historical PAL	OL-PAC CORIVRON 10-JAX (036248)	7	CG-721	75150																					
Training Capacity															■						■				
Historical PAL	OL-PAC CORIVRON 11-SEAL BCH (042853)	11	CG-721	75150																					
Training Capacity															■						■				
Historical PAL	OL-PAC CORIVRON 1-SAN DIEGO (036240)	11	CG-721	75150																					
Training Capacity															■						■				
Historical PAL	OL-PAC CORIVRON 8-NEWPORT (036246)	1	CG-721	75150																					
Training Capacity															■						■				
Historical PAL	OL-PAC JIATF W-HALAWA HEIGHTS (004420)	14	CG-094	33601																					
Training Capacity								■											■						
Historical PAL	OL-SEC DEL BAY PHILADELPHIA PA (038119)	5	DCMS	54010																					
Training Capacity												■				■									
Historical PAL	OL-SECTOR JUNEAU AK (010435)	17	PAC	31130																					
Training Capacity									■																
Historical PAL	PACAREA (PAC-09) (038296)	11	PAC	75150																					
Training Capacity																					■	■		■	■
Historical PAL	PACIFIC STRIKE TEAM (000613) PST	11	PAC	34360																					
Training Capacity								■		■	■	■							■	■	■			■	■
Historical PAL	PERSONNEL SERVICE CENTER (009884)	5	CG-1	47400																					
Training Capacity																							■	■	■
Historical PAL	PSU 301 COMMAND STAFF (038608)	1	CG-721	93313																					
Training Capacity								■		■	■	■	■	■				■	■		■			■	■
Historical PAL	PSU 305 COMMAND STAFF (038619)	5	CG-721	93306																					
Training Capacity								■		■	■	■	■	■				■	■		■			■	■
Historical PAL	PSU 307 COMMAND STAFF (038629)	7	CG-721	93310																					
Training Capacity								■		■	■	■	■	■				■	■		■			■	■
Historical PAL	PSU 308 COMMAND STAFF (038639)	8	CG-721	93309																					
Training Capacity								■		■	■	■	■	■				■	■		■			■	■

					AET	AMT	AST	BM	CS	DC	EM	ET	GM	HS	IS	IT	IV	ME	MK	MST	OS	PA	PO	SK	YN
	Unit Name	District	Program	OPFAC	RATES (E4 to E6) All Billets																				
Historical PAL	PSU 309 COMMAND STAFF (038649)	9	CG-721	93307																					
Training Capacity																									
Historical PAL	PSU 311 COMMAND STAFF (038659)	11	CG-721	93308																					
Training Capacity																									
Historical PAL	PSU 312 COMMAND STAFF (038669)	11	CG-721	93312																					
Training Capacity																									
Historical PAL	PSU 313 COMMAND STAFF (038679)	13	CG-721	93311																					
Training Capacity																									
Historical PAL	SEC LIS CMD CADRE (007158)	1	CG-741	37030																					
Training Capacity																									
Historical PAL	SEC N CAROLINA CMD CADRE (007624)	5	CG-741	37080																					
Training Capacity																									
Historical PAL	SEC VIRGINIA CMD CADRE (007578)	5	CG-741	37070																					
Training Capacity																									
Historical PAL	SECTOR ANCHORAGE (008341)	17	CG-741	37380																					
Training Capacity																									
Historical PAL	SECTOR BOSTON (007259)	1	CG-741	37010																					
Training Capacity																									
Historical PAL	SECTOR BUFFALO (007510)	9	CG-741	37210																					
Training Capacity																									
Historical PAL	SECTOR CHARLESTON (007597)	7	CG-741	37090																					
Training Capacity																									
Historical PAL	SECTOR COLUMBIA RIVER (036424)	13	CG-741	37400																					
Training Capacity																									
Historical PAL	SECTOR CORPUS CHRISTI (007706)	8	CG-741	37180																					
Training Capacity																									
Historical PAL	SECTOR DELAWARE BAY (007308)	5	CG-741	37050																					
Training Capacity																									
Historical PAL	SECTOR DETROIT (007424)	9	CG-741	37220																					
Training Capacity																									
Historical PAL	SECTOR GUAM (007408)	14	CG-741	37350																					
Training Capacity																									
Historical PAL	SECTOR HONOLULU (007221)	14	CG-741	37340																					
Training Capacity																									
Historical PAL	SECTOR HOUSTON/GALVESTON (007745)	8	CG-741	37170																					
Training Capacity																									
Historical PAL	SECTOR JACKSONVILLE (007527)	7	CG-741	37100																					
Training Capacity																									
Historical PAL	SECTOR LAKE MICHIGAN (007845)	9	CG-741	37240																					
Training Capacity																									
Historical PAL	SECTOR LOS ANGELES/LONG BEACH (007326)	11	CG-741	37260																					
Training Capacity																									
Historical PAL	SECTOR LOWER MISSISSIPPI (007543)	8	CG-741	37190																					
Training Capacity																									
Historical PAL	SECTOR MARYLAND-NCR (007291)	5	CG-741	37060																					
Training Capacity																									
Historical PAL	SECTOR MIAMI (007173)	7	CG-741	37110																					
Training Capacity																									
Historical PAL	SECTOR MOBILE (007358)	8	CG-741	37160																					
Training Capacity																									

					AET	AMT	AST	BM	CS	DC	EM	ET	GM	HS	IS	IT	IV	ME	MK	MST	OS	PA	PO	SK	YN
	Unit Name	District	Program	OPFAC	RATES (E4 to E6) All Billets																				
Historical PAL	SECTOR NEW YORK (007275)	1	CG-741	37040																					
Training Capacity																									
Historical PAL	SECTOR NOLA (NEW ORLEANS) (007712)	8	CG-741	37150																					
Training Capacity																									
Historical PAL	SECTOR NORTH BEND (044381)	13	CG-741	37410																					
Training Capacity																									
Historical PAL	SECTOR NORTHERN NEW ENGLAND (007468)	1	CG-741	37000																					
Training Capacity																									
Historical PAL	SECTOR OHIO VALLEY (007728)	8	CG-741	37200																					
Training Capacity																									
Historical PAL	SECTOR PUGET SOUND (007091)	13	CG-741	37320																					
Training Capacity																									
Historical PAL	SECTOR SAN DIEGO (007205)	11	CG-741	37250																					
Training Capacity																									
Historical PAL	SECTOR SAN FRANCISCO (007560)	11	CG-741	37270																					
Training Capacity																									
Historical PAL	SECTOR SAN JUAN (007374)	7	CG-741	37120																					
Training Capacity																									
Historical PAL	SECTOR SAULT STE MARIE (007440)	9	CG-741	37230																					
Training Capacity																									
Historical PAL	SECTOR SE NEW ENGLAND (008357)	1	CG-741	37020																					
Training Capacity																									
Historical PAL	SECTOR ST PETERSBURG (007488)	7	CG-741	37130																					
Training Capacity																									
Historical PAL	SECTOR UPP MISS (008085) (Includes OL-SEC Upp Miss)	8	CG-741	37390																					
Training Capacity																									
Historical PAL	SFLC BALTIMORE (009484)	5	CG-4	52000																					
Training Capacity																									
Historical PAL	SFO ATLANTIC CITY (007640)	5	CG-741	37520																					
Training Capacity																									
Historical PAL	SFO EASTERN SHORE	5	CG-741	37510																					
Training Capacity																									
Historical PAL	SFO FT MACON ENG/SUP DIV (038799)	5	CG-741	37600																					
Training Capacity																									
Historical PAL	SFO GALVESTON (008282)	8	CG-741	37560																					
Training Capacity																									
Historical PAL	SFO GRAND HAVEN (007864)	9	CG-741	37550																					
Training Capacity																									
Historical PAL	SFO MORICHES (007648)	1	CG-741	37500																					
Training Capacity																									
Historical PAL	TRACEN CAPE MAY (000499)	5	FORCECOM	67100																					
Training Capacity																									
Historical PAL	TRACEN PETALUMA (000500)	11	FORCECOM	61200																					
Training Capacity																									
Historical PAL	TRACEN YORKTOWN (000042)	5	FORCECOM	63100																					
Training Capacity																									