

CG Regional Retiree Councils/Chairs-Sponsor Units

Capital Area Retiree Council-Base NCR

David Bernstein, dberns01@gmail.com
John Milkiewicz, locke45@hotmail.com

Central Gulf Coast Retiree Council-ATC Mobile

Terry Gilbreath, tgilbreath@asdd.com
Charlie Womack, chwomack@gmail.com

East Cent. FL Retiree Council-Base Miami Beach

Supporting Command—Sector Jacksonville
Jim Reynolds, james.reynolds.cg@gmail.com

Great Lakes Retiree Council-Base Cleveland

Lorne Thomas III, Lorne.W.Thomas@uscg.mil
James Bach, uw_jimmy@yahoo.com

Hawaii Retiree Council-Base Honolulu

Rod Schultz, rschultz369@gmail.com
Anthony Lim, hawaiiiretired.cg@gmail.com

JAX FL Retiree Council-Base Miami Beach

Supporting Command—Sector Jacksonville
Mike Rosecrans, m.rosecrans@gmail.com
Bobby Wester, bwester2549@aol.com

Kodiak AK Retiree Council-Base Kodiak

Robert Lachowsky, roblachowsky@yahoo.com
John Whiddon, jbwiddon52@gmail.com

Miami FL Retiree Council-Base Miami Beach

David Cinalli, CGRCMiamiBeach@gmail.com
Marc Fagenbaum, CGRCMiamiBeach@gmail.com

North East Retiree Council-Base Boston

Kevin Brown, CGRetireeNorthEast@gmail.com
Tom Hall, tadahall@msn.com

Northern CA Retiree Council-Base Alameda

David Swanson, ddswanon@msn.com

Northwest Retiree Council-Base Seattle

Bert Kinghorn (RADM), CoChairs@cgretirenw.org
Sean McPhilamy, CoChairs@cgretirenw.org

New Orleans Retiree Council-Base NOLA

Currently inactive

Pensacola FL Retiree Council-Base NOLA

Currently inactive

San Juan PR/USVI Retiree Council-Base San Juan

Carlos López, uscg.sj.rc@gmail.com
Jose Baltar, uscg.sj.rc@gmail.com

CG Regional Retiree Councils/Chairs-Sponsor Units

Sector Ohio Valley Retiree Council-Base Det. St. Louis

Supporting Command—Sector Ohio Valley
James Armstrong, James.S.Armstrong@uscg.mil
Gerald Nauert, gnauert@oldhamcountky.gov

Southwest Retiree Council-Base Galveston

Joe Leonard, jleonard83@aol.com
Eric Pugh, Eric.pugh12@outlook.com

St Louis Retiree Council-Base Det. St. Louis

Keith Livingstone, bassbolt@yahoo.com
Becky Livingstone, rebalivingstone@att.net

Tampa Bay FL Retiree Council-Base Miami Beach

Supporting Command—Sector St. Pete
Don Goldstein, DGoldstein1@tampabay.rr.com
LeRoy Dennison, LeRoy@dennison.com

Yorktown Retiree Council-TRACEN Yorktown

Rick Gay, rgay@earthlink.net
David Bunch, dcbunch52@verizon.net

Key Phone Numbers and E-Mail

- CG PPC, Retiree & Annuitant Services, 866-772-8724, PPC-DG-CustomerCare@uscg.mil
- CG National Retiree Help Desk (NRHD): 833-224-6743, NRHDesk@gmail.com
- CG Retiree Services Program Manager, Robert Hinds, 202-475-5451, Robert.C.Hinds@uscg.mil
- CGNRC Co-Chairs: RADM Merrie Austin, CG (Ret), maustincgnrc@gmail.com, MCPOCG Jason Vanderhaden, CG (Ret), jvanderhaden@gmail.com

Key Websites

- CG Retiree Services Program, with links to internal & external websites: www.dcms.uscg.mil/retiree
- CG Pay & Personnel Center, Retiree & Annuitant Services: <https://www.dcms.uscg.mil/ppc/ras/>
- CG Direct Access Self-Service: Update mailing address/ other info: <https://www.dcms.uscg.mil/ppc/ras/gp/>
- The Long Blue Line: <https://www.longblueline.org>

UNITED STATES COAST GUARD
Retiree!



U. S. Coast Guard Retiree Services Program Guide February 2025



Respect



Honor



Devotion
to Duty

Service Continues

This is an unofficial, non-record publication.

Asst. Comdt. for Military Personnel (CG-1M)

RADM Michael W. (Joe) Raymond

Key responsibilities:

- Serve as Director and resource and implement an enterprise-wide Retiree Services Program.
- Coordinate program execution with Assistant Commandant for Health, Safety, and Work-Life, CG Personnel Service Center, Pay & Personnel Center, and Judge Advocate General.
- Process retiree requests for approval to accept Foreign Government Employment (FGE).
- Coordinate field-level execution at BASES and TRACENS with Operational Logistics Command (LOGCOM) and Force Readiness Command (FC).
- Serve as the Commandant's executive agent for the CG National Retiree Council (CGNRC), charter/support Regional Retiree Councils, and host the CGNRC's annual meeting.

CG National Retiree Council Co-Chairs

RADM Merrie Austin, USCG (Ret)

maustincgnrc@gmail.com

MCPOCG Jason Vanderhaden, USCG (Ret)

jvanderhaden@gmail.com

The Retiree Services Program provides retirees with important services and opportunities to connect with one another and the Coast Guard. Retirees are an important part of the "Long Blue Line" and as volunteers can continue to serve in important ways (e. g. mentoring transitioning members). The CGNRC communicates directly with CG senior leadership on issues of importance to retirees, ensuring your voice is heard and you're kept informed on changes that may affect you and your families. We encourage you to connect with your closest Regional Retiree Council, check out the various websites provided in this guide and stay informed by reading The Long Blue Line, now distributed to ALL CG Active Duty & Reserve members and +66,000 retirees.

Mission/Charter

Program: Coordinate pre-retirement, transition, and retirement services, as described in this Instruction, with responsible policy, program, and technical authorities, the CGNRC/RRCs, and affinity groups.

CGNRC: Sustain open line of communication between the Commandant and CG Retiree Community through the Assistant Commandant for Military Personnel.

Regional Retiree Councils (RRCs): Provide unselfish and faithful service in maintaining a strong liaison between the Service and the retiree community. RRCs serve as a "bridge" between the CG and its Retiree Community.

Strategic Objectives

- Ensure members retiring from the CG, and their family, are provided information and knowledge of the required pre-retirement counseling and transition assistance, facilitating a smooth transition to civilian life and connection with the CG Retiree Community.
- Ensure all members of the Retiree Community are:
 - ◇ Made aware of and provided the rights, pay, benefits, privileges, and services to which they are entitled; made aware of their responsibilities; and kept informed on the CG and programs, policy, and other items of interest.
 - ◇ Provided open lines of communication with the CG; offered opportunities to volunteer in support of the CG; recognized for volunteerism; and encouraged to *stay-connected* in a mutually beneficial, life-long relationship with the CG.

CGNRC Organization

- Two co-chairs (one retired CG Flag Officer and one retired CG MCPO). Co-chairs normally serve for a three-year term.
- One representative of each chartered RRC (normally a co-chair).
- At-large members, including a CG annuitant and CPOA senior representative.

CGNRC Responsibilities (Highlights)

- Keep CG senior leadership informed on issues of importance to retirees, supporting two-way communication and a mutually beneficial relationship between the CG and the retiree community.
- Conduct an annual meeting, hosted by CG-1M, meeting with the Commandant, MCPOCG, DCMS, and other CG leadership to receive updates on the CG, provide Council updates, and discuss issues of importance to the CG and retiree community.
- Submit an annual report to Commandant, through CG-1M, addressing CG and Council priorities, and planned action in support of those priorities.
- Partner with DoD National Retiree Councils in addressing retiree issues and sharing best practices.

Regional Retiree Councils (RRCs)

- RRCs are organized by CG Districts to serve ALL retirees in a seamless network, with membership reflecting all members of the retiree community.
- Two co-chairs (normally retired senior officer and senior enlisted) help to coordinate outreach and activities with sponsoring units and area retirees, with one co-chair attending CGNRC meetings.
- The Capital Area CG Retiree Council operates a virtual National Retiree Help Desk responding to and connecting retirees with needed resources.
- Partner with DoD Retiree Services. BASE Alameda and the Northern California CG Retiree Council sponsor an Annual All-Services Retiree Seminar.

BASES/TRACENS

- Assign an Active-Duty Retiree Services Coordinator to liaison between the command and sponsored RRC(s) in outreach to area retirees and efforts to connect active-duty members and retirees.
- Units not sponsoring an RRC will encourage and support area retirees in forming an RRC.