









## The Retiree Newsletter (USCG—PHS—NOAA)

"Semper Paratus"

October - December 2019

#### Honor, Respect, and Devotion to Duty

Issue 4 / 2019

The Retiree Newsletter is a quarterly publication of the Director of Military Personnel (CG-13), produced in alignment with the CG Retiree Services Program's mission to: Provide, support, and strengthen CG retiree communications and information services, as well as helping to sustain the life-long connection and mutually beneficial relationship between the Coast Guard and its military retiree community, the Long Blue Line. This publication shall not be considered authority and is non-record material.



#### \*\*\*\*BREAKING NEWS\*\*\*\*

THE COAST GUARD IS PARTNERING WITH THE NATIONAL COAST GUARD MUSEUM ASSOCIATION TO DELIVER THE SAME GREAT NEWSLETTER — AND MUCH MORE— BEGINNING JANUARY 2020!

#### **Coast Guard Retiree Services Program Director**

CAPT Christopher Hulser, Acting Director, Military Personnel (CG-13)

#### **CG Retiree Services Program Manager**

Mr. Robert Hinds, Robert.C.Hinds@uscg.mil

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Reunions, Notices,
Items of Interest
Retirement

Phone Numbers, Websites, and

## Important Note

Individuals who have requested continued mailing of the paper newsletter will remain on the mailing list provided to the NCGMA — as will ALL CG, PHS, and NOAA uniformed retirees.

CGNA EST 1924 HELPING OUR OWN

https://www.cgmahq.org/

To our Coast Guard, PHS, and NOAA Retiree Community:

We are very excited to share with you that the Coast Guard and National Coast Guard Museum Association (NCGMA) have entered into a Cooperative Agreement that will provide continued publication of the Retiree Newsletter in both HARD-COPY and DIGITAL formats!

Many Retirees, including NRC members, have expressed concerns about the intended transition from paper to e-mail-only delivery of the newsletter. Many have asked for a solution to preserve a paper newsletter, which serves as a vital communications node. So this is GREAT news, and we're grateful to the NCGMA for partnering with the CG in this innovative solution that leverages private industry to create value for our customers – all at a savings to the government.

The NCGMA will be providing a more robust newsletter that includes the same Coast Guard content (e.g. Retirements, TAPS, Reunions/Other Notices, Phone #s/Websites) – and also much more! As with the current Government Printing Office (GPO) contractor, your personal information (mailing and e-mail addresses) will be protected/safeguarded. The Cooperative Agreement is legally binding and limits NCGMA's use of your personal information to mailing of the newsletter, and strictly prohibits sharing your information with any third parties.

As always, you may elect to NOT receive a mailed newsletter by accessing your DA Self-Service account at <a href="https://www.dcms.uscg.mil/ppc/ras/gp/">https://www.dcms.uscg.mil/ppc/ras/gp/</a>, selecting "Change My Delivery Options" and unchecking the block labeled "I elect to receive the Retiree Newsletter by mail." You may also contact CG PPC Customer Care for assistance by calling 866-772-8724 or 785-339-2200, or by sending an e-mail to PPC-DG-CustomerCare@uscg.mil.

Finally, as we embark in modernizing our Retiree Newsletter, in alignment with CG Retiree Communications Strategy, modeling "best practices" for DoD, we welcome your feedback in our continued efforts to improve the usefulness and enjoyment of this publication. Communicating openly and effectively with you – our Long Blue Line, remains a #1 priority for the CG Retiree Services Program. The POC for this initiative is Mr. Robert Hinds.

## WHAT'S CHANGING...

THE NCGMA WILL
BEGIN PUBLISHING THE
QUARTERLY NEWSLETTER
IN JANUARY 2020

#### WHAT'S NOT CHANGING...

\*CG CONTENT (e.g. Retirements, TAPS, Reunions, Other Items of interest)

\*CG RETIREE SERVICES (CG-13), BOB HINDS, WILL REMAIN THE POC FOR COAST GUARD CONTENT AND INPUT TO THE NEWSLETTER

(Deadline for input for the January 2020 Newsletter is 22 November 2019)

#### **Coast Guard National Retiree Council (CGNRC) Co-Chairs**

RADM Jeff Hathaway, USCG (Ret), hathaway.cgnrc@aol.com MCPO Kevin Isherwood, USCG (Ret), Kevin.D.Isherwood@gmail.com

Welcome to our 18<sup>th</sup> Regional Retiree Council, Sector Ohio Valley! Our retiree network continues to grow and refine methods and programs to better connect and assist our over 52,000 USCG retirees and annuitants.

As announced in this last CG-13 produced newsletter, the Coast Guard National Museum Association (CGNMA) will be taking over the helm of publishing your retiree newsletter. Beginning with your January 2020 edition, your newsletter will be available both by mail and electronically. After discussions with both the CG-1 staff and the president of the CGNMA, Capt (ret.) Wes Pulver (a member of the Long Blue Line himself), we are confident that our retiree community will be excited with the new product. With a dedicated production staff at CGNMA, you will now see articles of interest regarding USCG history and heritage, be kept abreast of current USCG happenings, as well as follow the creation of your USCG National Museum. Read as much or as little of your new full color publication – it's up to you. Importantly, while you will see the addition of commercial advertising (which allows the CGNMA to self-fund the new publication), your personal information will never be used by the CGNMA, or any other entity, for direct solicitations. Your National Retiree Council will be monitoring this last point closely.

In order to better advertise our retiree services program to upcoming USCG retirees, we created the letter below that will be delivered both electronically and in hard copy (during TAPS) to all USCG members receiving retirement orders. It will be accompanied by our USCG Retiree Services Program Guide. The goal is to ensure that all retiring members and annuitants realize that they forever remain a part of our Coast Guard's Long Blue Line.

One of your National Retiree Council's (CGNRC) highest priority issues is tracking PPC's progress on reducing the processing time Audit Error Worksheets, for retired members seeking Concurrent Retirement and Disability Pay. While processing time still remains far above levels being achieved by our DOD counterparts, progress is being made and remains a high priority fix for PPC. We asked that PPC provide an update on their progress and that is contained in this newsletter as well.

Finally, RADM Jeff Hathaway and Bob Hinds attended and briefed the Navy/USMC National Retiree Council's forum in mid-August (they attended our CGNRC mid-May meeting.) We continue to remain in close touch with all of the Service national retiree councils in order to share and work together on common challenges and learn about creative communications strategies. Semper Paratus.

#### Dear Prospective Coast Guard Retiree:

CONGRATULATIONS on your upcoming military retirement and welcome to the next chapter of your life! What an amazing career accomplishment. You have served at the top of your game, where you were "all knowing" regarding your daily active duty tasks. But, much like reporting into a new duty station in the past, transitioning into retirement can present unique challenges as well. Fear not, however, you are NOT alone! The Coast Guard's Retiree Services Program, PPC's Retiree & Annuitant Services Branch, and a network of fellow retirees is willing and able to assist and mentor you through your transition as a continuation of the Long Blue Line.

Having faithfully served our Nation, you will always remain a part of the Coast Guard family. The entire Coast Guard senior leadership team considers it their personal obligation to ensure you receive the pay and benefits to which you are entitled. To assist achieving this goal, the Commandant established the Coast Guard National Retiree Council (CGNRC) and 18 Regional Retiree Councils (RRC) located across the country, currently located in the vicinity of Bases or Training Centers. POCs for each RRC are included in the USCG Retiree Services Program Guide, accessible at: <a href="https://www.dcms.uscg.mil/Portals/10/CG-1/retiree/docs/pdf/RetireeServicesProgramGuide.pdf?ver=2019-07-08-101130-457">https://www.dcms.uscg.mil/Portals/10/CG-1/retiree/docs/pdf/RetireeServicesProgramGuide.pdf?ver=2019-07-08-101130-457</a> Please carefully review the Program Guide and then we recommend that you do the following:

- Ensure that you add a post-retirement email address to your Direct Access account
- Contact the RRC nearest your intended retirement location to get on their contact lists.
- ♦ Sign up to receive automatic CG updates via email or text at <a href="mailto:public.govdelivery.com/accounts/usdhscg/subscriber/">public.govdelivery.com/accounts/usdhscg/subscriber/</a> <a href="mailto:new">new</a>. Simply select delivery preference (txt/email), under "other news" select "The Retiree News Letter", "CG Retiree Services News", and any other categories that interest you.
- ♦ Bookmark the CG Retiree Services Program webpage (<u>www.dcms.uscg.mil/Our-Organization/Assistant-Commandant</u>-for-Human-Resources-CG-1/Retiree-Services-Program/) as a quick reference site.

Again, welcome to the "check of the month club". We wish you the very best as you transition to Coast Guard retirement. Never hesitate to contact us with questions or concerns.

Respectfully, your CGNRC Co-Chairs,

RADM Jeffrey Hathaway, USCG (ret) Hathaway.cgnrc@aol.com

CMC Kevin Isherwood, USCG (ret) kevin.d.isherwood@gmail.com



## CG Pay & Personnel Center, Retiree & Annuitant Services (PPC-RAS) www.dcms.uscg.mil/ppc/ras/



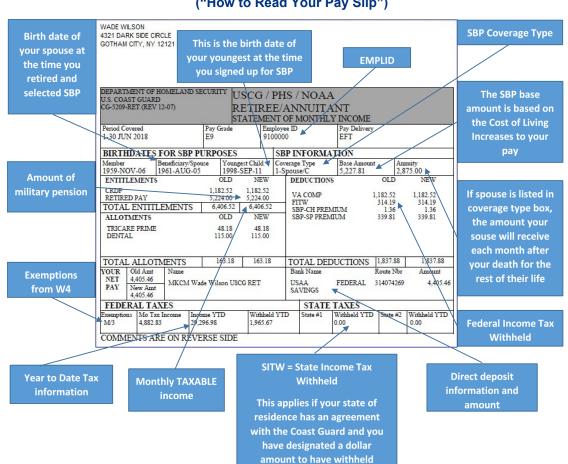
#### **AUDIT ERROR WORKSHEETS — CONCURRENT RETIREMENT & DISABILITY PAY**

The team at the Pay and Personnel Center (PPC) recognizes the delay that some retirees are facing related to the completion of Audit Error Worksheets (AEW) for those entitled to Concurrent Retirement & Disability Pay (CRDP) or other entitlements they may be due in concert with the Veterans Administration. As a result of numerous factors including staff transitions, increased numbers of files from the VA and IT challenges, we have a significant backlog of close to 5,000 cases. We recognize the very real impacts to retirees and want to ensure you know this is among the highest priorities at PPC. This very complex and detailed process will take some time to work through as we target a return to the normal processing time of 90-120 days.

While we have made improvements to aspects of automation (including electronic transmission of our completed files to the VA for faster payment) and our organizational structure to improve service, we are continuing to dedicate additional staff and resources to improve overall customer service time. Specifically, we have consolidated all VA Compensation work and assigned a team to specifically work only these cases. With a single focus on these cases the team will be able to become highly knowledgeable and more efficient in understanding and completing them. Additionally, we are working hard to expand automation locally to reduce the need for manual touches on a majority of cases. This automation will take three to four months to complete and we expect it to have a significant impact on a large percentage of cases coming from the VA.

Should you need help with a VA/AEW/CRDP related issue, you should first contact PPC Customer Care at 866-772-8724. If you have not been responded to within 20 days or your file has not been acted upon within 160 days - please contact Linda Wallace-Wood at Linda.J.Wallacewood@uscg.mil.

# Coast Guard Retiree and Annuitant Statement of Monthly Income Explained ("How to Read Your Pay Slip")

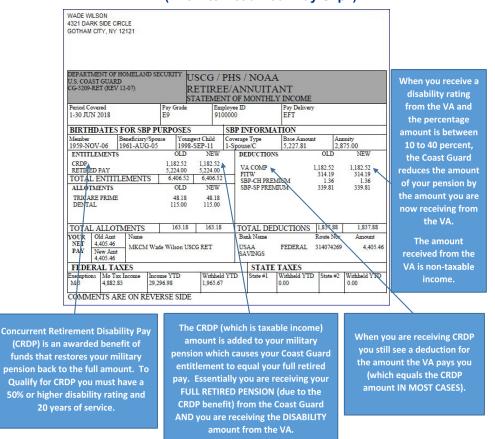




## CG Pay & Personnel Center, Retiree & Annuitant Services (PPC-RAS) www.dcms.uscg.mil/ppc/ras/



## Coast Guard Retiree and Annuitant Statement of Monthly Income Explained ("How to Read Your Pay Slip")



### TAX SEASON IS FAST APPROACHING!

All retiree and annuitants are reminded that the address listed in Direct Access (DA) is the address all your end-year tax documents will be sent to. It is recommended you verify your address listed in Direct Access, by 1 Nov 2019, using DA Self Service. DA Self Service Sign-On Link: https://hcm.direct-access.us/psp/HCPRD/?cmd=login

The following DA User Guide will provide step by step instructions on verifying/changing your address: <a href="https://www.dcms.uscg.mil/Portals/10/CG-1/PPC/RAS/GP/ChangeMailingAddress.pdf?ver=2017-03-02-094330-310">https://www.dcms.uscg.mil/Portals/10/CG-1/PPC/RAS/GP/ChangeMailingAddress.pdf?ver=2017-03-02-094330-310</a>

If you are unable to validate/update your address listed in Direct Access via Self-Service, you can contact PPC Customer Care at 1-866-772-8724 or (785) 339-2200. You can also send an e-mail to <a href="PPC-DG-CustomerCare@uscg.mil">PPC-DG-CustomerCare@uscg.mil</a> and please remember to include your Employee ID Number (EMPLID) and a detailed description of your inquiry. If you don't know your Employee ID Number, it can be found on your pay slip.

#### TRICARE OPEN SEASON

https://tricare.mil/openseason

TRICARE Open Season is the annual period when you can enroll in or change your health plan for the next year. The 2019 TRICARE Open Season begins on Monday, Nov 11th and ends on Monday, Dec 9th. During TRICARE Open Season, you can:

- **Do nothing**. If you want to stay in your current TRICARE health care plan, you don't have to take any action. You'll continue in your current health plan through 2020 or as long as you're eligible.
- Enroll in a plan. If you're eligible for a TRICARE Prime option or TRICARE Select but not enrolled, you can enroll in a plan now.
- **Change plans.** If you're already enrolled in a TRICARE Prime option, or TRICARE Select, you can switch plans and switch between individual and family enrollment.

## DEPUTY COMMANDANT FOR MISSION SUPPORT (DCMS) CALL TO FLAGS/SENIOR EXECUTIVE SERVICE

A top priority of the CG National Retiree Council (CGNRC) is to "ensure retiree and annuitant volunteerism is appropriately recognized." In May 2019, during the annual meeting of the CGNRC at CG Headquarters, VADM Michael McAllister (DCMS) met with and presented Challenge Coins to Council members, including Ms. Lula Carpenter, CGNRC Annuitant-At-Large —

kicking off his call to Flags/SES during their travels to meet with and recognize retirees/annuitants for their continued volunteer service to the Coast Guard. On 10 Sep, Base Seattle led the way in hosting a breakfast for Mr. Craig Bennett, CG-8D/Deputy CFO; RADM Bert Kinghorn, USCG (Ret) and LCDR Phil Johnson, USCG (Ret), Northwest RRC Co-Chairs; CWO Holly Boehme, USCG (Ret), National Retiree Help Desk (NRHD) watch-stander; MCPO Kevin Isherwood, USCG (Ret)), CGNRC Co-Chair; and SCPO Jim Huffman, USCG (Ret), former NRHD watch-stander. Mr. Bennett shared breakfast with other guests and Base Seattle Command, also taking the opportunity to present



Challenge Coins to retirees and CG Meritorious Public Service Award from the Director of Military Personnel (CG-13) to SCPO Jim Huffman for his dedicated service as a NRHD watch-stander. After more than 40 years since retirement in 1970, a vibrant octogenarian, Jim faithfully stood the 24 X 7 *virtual* watch for 41 weeks during five years, serving as a role model for all retirees. Jim was joined at the event by his wife Marilynn, daughter Jennifer, and son Jonathan, pictured in the photograph above.



#### YOUR RETIREMENT PLANNING STARTS WITH SOCIAL SECURITY

By Jim Borland, *Acting Deputy Commissioner for Communications*Army Echoes, Feb — May 2019

https://soldierforlife.army.mil/Documents/echoes/Army%20Echoes%20Electronic%20Copy% 20FEB%202019.3.pdf

Right now is the perfect time to start planning for a secure, comfortable retirement. And you can count on Social Security to help you begin the process.

First, we encourage you to set up an online my Social Security account so you can verify your lifetime earnings record and make sure you get credit for all of your contributions to the Social Security system through the Federal Insurance Contributions Act (FICA) payroll taxes. If you haven't set up your personal my Social Security account yet, you can do so at <a href="https://www.socialsecurity.gov/myaccount">www.socialsecurity.gov/myaccount</a>.

Then, you can use your earnings history and our online retirement estimators and calculators to get a glimpse of what your Social Security retirement future looks like. You'll find important details such as your retirement age, life expectancy, and estimates of how much you may receive in future retirement benefits from Social Security.

As you look ahead to ensuring a secure, comfortable future for you and your family, it's important to keep in mind that Social Security replaces about 40 percent of your pre-retirement income, on average. So, a responsible retirement plan includes planning for more than Social Security. Here are some more things you can do now to build your financial security:

- Contribute to pension plans offered by your employers;
- Maintain and grow savings accounts; and
- Open and regularly contribute to an individual retirement fund.

These steps — combined with your Social Security benefits — will go a long way toward ensuring a comfortable quality of life for you and your loved ones in the future.

As you plan for a financially secure future, please keep in mind that our Retirement Estimator and benefit calculators provide you with estimates — not guarantees. We can't provide your actual benefit amount until you apply for benefits.

Our estimates may differ from your actual benefit amount if your future earnings increase or decrease, if laws governing benefit amounts change, if you've served in the military, or if you've had jobs in which you did not pay Social Security taxes.

Social Security is with you throughout life's journey, from your first paycheck to receiving your first retirement deposit in your bank account. And, as our nation's most successful anti-poverty program, we'll continue to provide you and millions of other Americans with financial protections to ensure a secure tomorrow. To learn more about our programs, please visit www.socialsecurity.gov.

### REUNIONS, NOTICES, ITEMS OF INTEREST

#### **100 GREAT COAST GUARD CHIEFS IN 100 YEARS**

#### May 18th, 2020 will be the 100th Birthday of the CG Chief

Everyone has that **ONE** CG Chief who they looked up to. Who was that Chief who you emulated? We are looking for 100 Great CG Chiefs-- whether they were an innovator, or took great care of their folks, or carried out that epic SAR case you still remember like it was yesterday. Whether they served 99-years ago or are still serving today. Nominate your 'Great Chief' today by emailing 100GreatCGChiefs@gmail.com and telling us your story. The top 100 submissions will be preserved in print, 100 Great Coast Guard Chiefs in 100 Years, and available for purchase in time to celebrate the CG Chiefs' 100-year birthday on 18May2020. Fine print: Submissions are due 31DEC2019 and must contain your nominated Chief's name and approximate period of service. By submitting your story, you are attesting to its accuracy and agreeing for it to be edited and included in this book. If you prefer to remain anonymous, simply include that in your nomination email. BMCM Pulkkinen, Alyson.J.Pulkkinen@uscg.mil

#### **COAST GUARD AVIATION ASSOCIATION ANNUAL REUNION**

Calling all Pterodactyls – Fly South to gather at the #1 Beach in the USA – November 5-8, 2019. The Pforty-third Ptero Roost will convene on sunny Clearwater Beach, Florida, at the Sheraton Sand Key. Activities include a lunch cruise, golf outing, day trip to downtown St. Petersburg and social events each evening to connect with new friends and visit with old ones. As always, the annual business meeting will be capped off with an outstanding awards banquet where we will honor today's finest. To close out the event we'll rub elbows with the fine men and women of Air Station Clearwater, tour the unit and connect the past of CG Aviation with its future. For more information and to register for the 2019 Roost, visit the CGAA website at https://aoptero.org. All are welcome. More information: Mark D'Andrea (727) 288-6679



#### **USPHS SCIENTIFIC AND TRAINING SYMPOSIUM**

Save the Date — USPHS Scientific and Training Symposium to be held on June 15-18, 2020, at the Renaissance Phoenix Glendale Hotel. Visit phscof.org/symposium for more information.

#### **SOUTH FLORIDA CUTTERMAN**

Calling all cuttermen! Recently, the CG Cuttermen Association (CGCA) merged with the Surface Navy Association (SNA). Prior CGCA memberships and contact information unfortunately did not transfer with the merger. The new SNA Miami/Fort Lauderdale Chapter is trying to connect with retirees with a liking for the sea and its lore. Request all cuttermen in South Florida visit <a href="https://navysnaevents.org/membership/page-1.php">https://navysnaevents.org/membership/page-1.php</a> to update their membership and/or contact information. For those on Facebook, like our page @SNAMiamiFtLauderdale for current events and pictures. Please contact LCDR Christopher O'Meara with any questions. He can be reached at <a href="https://navysnaevents.org/membership/page-1.php">https://navysnaevents.org/membership/page-1.php</a> to update their membership and/or contact information. For those on Facebook, like our page @SNAMiamiFtLauderdale for current events and pictures. Please contact LCDR Christopher O'Meara with any questions. He can be reached at <a href="https://navysnaevents.org/membership/page-1.php">https://navysnaevents.org/membership/page-1.php</a> to update their membership and/or contact information. For those on Facebook, like our page @SNAMiamiFtLauderdale for current events and pictures. Please contact LCDR Christopher O'Meara with any questions.

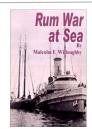


#### MINDING THE HELM: AN UNLIKELY CAREER IN THE U.S. COAST GUARD

As a boy growing up in New York City, BOSN2 Kevin P. Gilheany, USCG (Ret) had two dreams: to join the Coast Guard, and to play the bagpipes. But by the time he finished high school he was overweight, had a drinking problem, and couldn't swim. Undeterred by the doubts of the folks at home, he decided to enlist in the Coast Guard anyway. <a href="https://www.amazon.com/Minding-Helm-Unlikely-Military-Biography/dp/1574417509/ref=mp\_s\_a\_1\_1?keywords=minding+the+helm&qid=1564522488&s=books&sprefix=minding+the&sr=1-1</a>

#### **RUM WAR AT SEA** — by Malcolm F. Willoughby Commander, USCGR (T)

This is an interesting book that details the Coast Guard's role during the prohibition era. Published in 1964, the author conducted interviews with some of the personnel and captains who were actually in the service of the USCG during this time, and on the ships that fought the "rummies". A fascinating piece of history. I had no idea how vital a role the USCG played during this time in history, and how the fleet and even radio systems were developed during this time. It's a dense book, lots of detail, but a worthy read if you are a history buff. Lots of interesting photos included, too. Best, Julie Havelka, wife of R. Neil Carter, USCG (Ret.)



#### 2019 USCG PROFESSIONAL DEVELOPMENT READING LIST

As I visit Coast Guard units around the world, I am inspired by the passion and commitment of our Coast Guard women and men. To capitalize on that, this year we are transitioning from a Commandant's Reading List to a Coast Guard Professional Development List with recommendations from across the workforce...

Coast Guard Commandant, ADM Karl Schultz
<a href="https://allhands.coastguard.dodlive.mil/2019/04/23/2019-coast-guards-professional-development-reading-list/">https://allhands.coastguard.dodlive.mil/2019/04/23/2019-coast-guards-professional-development-reading-list/</a>



### **GUARDIAN'S OF THE GULF**

The 200 year history of the CG in Mobile, AL has been published and is available at the CG Exchanges in Mobile, Battleship ALABAMA Ships store, and GULF QUEST Museum. If you'd like to purchase a copy via USPS delivery, contact CAPT George Krietemeyer, USCG (Ret) at: georgekriet@gmail.com



The Retiree Newsletter Page 8 October — December 2019 **USCG Retirements** NAME NAME GRADE DATE NAME **GRADE** DATE GRADE DATE KIDDER, VANESSA AFT3 2019/06/26 MELANSON, DARREN CDR 2019/07/01 **PUGLIA, ANTHONY** ASTC 2019/08/01 CAPT 2019/07/01 MELENDEZ.CHRISTIAN 2019/06/19 PURDY, JOHN 2019/08/25 KIEFER, KEVIN FM3 CS3 PSC 2019/06/12 MENDOZA.BARBARA SK1 2019/06/01 **RAMIREZ.JACKIE** LT 2019/08/01 KING.ANTHONY KLEE.RICHARD YNC 2019/06/04 MERCADOSANCHEZ.JOSE MSSE2 2019/08/01 RANGEL.ALFREDO BM2 2019/06/01 KLINKE, SCOTT CDR 2019/07/01 MERRICK, DANIEL ME1 2019/07/01 **RAWLINGS, MICHAEL** MK1 2019/07/01 KNORR, PETER BM1 2019/06/01 MERTZ, AARON MKC 2019/06/01 REATH, TERA **ISCS** 2019/07/01 2019/06/01 MILLER, JASON AMT1 2019/06/01 **REAVES, JARED** MK1 2019/07/06 KOEHLER, ZACHARY **LCDR** MEC 2019/07/01 MILLER, SETH BM1 2019/07/01 REES, SARAH OS1 2019/07/12 KOEHLER, KEITH KOSTECKI, KENNETH **CDR** 2019/07/01 MILLER, TIMOTHY MK2 2019/06/01 REESE, RICKY BM2 2019/08/01 CAPT 2019/07/01 MILLICAN, JAMES CAPT 2019/07/01 **RENDON, JAMES RADM** 2019/07/01 KOVAC.AMY KUHAR, THOMAS CDR 2019/08/01 MINOR, DAVID MEC 2019/07/04 RENS, AMY BMC 2019/06/01 2019/08/05 LADOUCEUR, JOSEPH BM2 MIZELL, ANDREW OSC 2019/08/01 RICE, KIPP **CSCM** 2019/06/01 2019/07/11 LAFOND, MICHAEL MEC 2019/08/14 MOEHLER, BRIAN MK1 RICHARDSON, JESSE ETC 2019/08/01 2019/08/01 AMT2 2019/06/11 LALONE.MARVIN BOSN<sub>2</sub> MONCALIERI, JOSEPH RIENDEAU, WILLIAM CS2 2019/07/08 LAMB, MICHAEL MKC 2019/08/01 MOORE.GLENN BM2 2019/07/16 RIFF.MARSHALL MFCS 2019/08/01 ROBINSON, HELENA 2019/08/01 CDR 2019/07/01 LANDERS, STEVEN HS<sub>1</sub> MOOSE, LAURA **LCDR** 2019/06/01 SKC 2019/06/01 MORAN, CHRISTOPHER HS1 2019/06/07 RODRIGUEZ, JULIE **LCDR** 2019/07/01 LANE, CHRISTOPHER **GMCS** 2019/08/01 BM1 2019/08/01 ROHRER, TOM **AETC** 2019/07/24 LANGE.ERIC MORELLI, JARED LANGLEY, AUDRA GM2 2019/06/27 MORENCY, CHRISTOPHER GM1 2019/07/01 ROLDAN, XAIMARA CDR 2019/07/01 2019/06/30 LARSON, AARON BM2 MORKAN, THOMAS CAPT 2019/08/01 RONDESTVEDT, HARALD **EMC** 2019/08/01 LAWRENCE, JASON EM1 2019/06/01 MORRIN, KEVIN **MSTC** 2019/07/15 **ROOS,JOHN** CDR 2019/07/01 LEA, TERRY **MSTC** 2019/07/01 MOUREY, RICHARD CAPT 2019/07/01 ROSS, MICHELLE YN1 2019/08/01 LEAVELL, RONNIEL 2019/08/01 MUJICA-HERNANDEZ, STEVENS GM1 2019/06/01 ROUGH, ANNALISE SN 2019/08/09 OSC LEE, ROBERT AMT2 2019/06/01 MURPHY, BRIAN CDR 2019/08/01 SABATINI, RALPH DCC 2019/07/01 LEGAS, SHAUN MSSD2 2019/08/01 MURPHY, PATRICK CAPT 2019/07/01 SACCO, THOMAS GMC 2019/08/01 LEITZELL, BRENTLEY OS<sub>2</sub> 2019/06/11 NARVAEZVAZQUEZ,HERBERT LT 2019/06/01 SALINAS, JAIME **LCDR** 2019/07/01 LEONARDCHO,CAROLYN 2019/07/01 2019/06/01 CDR NEEDHAM, CHRISTOPHER MK2 SALINAS, CHRISTIAN **AMTC** 2019/07/01 LEVERICH, KRISTIN **LCDR** 2019/08/10 **NEWTON.RODNEY** BM1 2019/07/01 **SALMERON, JAMES MSTC** 2019/08/01 2019/07/01 2019/07/01 LEVITT, AARON MK1 NORIEGA, LARISSA ΙT SANDWITH, MICHAEL MSSE4 2019/07/01 2019/08/01 YNC NORMAN, WILLIAM YN3 2019/07/10 SANTANACANCIO, MANUEL SNYN 2019/06/28 LEWIS, BRIAN 2019/08/10 2019/07/01 LEYES.CALEB FΔ NORSTROM, DOUGLAS CDR SANTOS, LARRY I CDR 2019/08/01 LIENDO.CORINA **YNCS** 2019/08/11 **ODONNELL.PATRICK LCDR** 2019/08/29 SATTERGREN.CRAIG CDR 2019/07/22 LIM, ALMERICK **LCDR** 2019/08/01 **OHAYER, JOHN** SK1 2019/06/28 SAWYER.CLYDETTE **BMC** 2019/06/25 LINDO, MICHAEL 2019/07/01 OLSON, SEAN GM2 2019/08/01 SAYLOR, CHAD INF3 2019/07/01 LT MKC 2019/06/01 2019/06/01 SCHIDERHEISEL, CANNON 2019/08/01 LIPP, JOSEPH ONEIL, MICHAEL CDR MSSD2 LOPEZ,STEVE ВМС 2019/06/01 ORECHOVSKY, MARK ISM4 2019/06/01 SCHMIDT, HARRY CAPT 2019/07/01 2019/07/26 MKC 2019/08/01 SCHMOLL, DALE 2019/06/01 LOPEZ, ENRIQUE IS2 **ORR, JAMES** MK1 LOUDERMILK, STEPHEN **BMC** 2019/07/04 OTTE, RYAN **AETC** 2019/08/01 SCHNETZLER, KENNETH **HSCS** 2019/07/28 LOVELL, JOSEPH BM1 2019/08/01 OTTENWAELDER, THOMAS CDR 2019/08/01 SCHOENECK, ADAM BMC 2019/07/08 LUIZ, ROBERT AMT2 2019/06/01 EM1 2019/06/08 **OXNER, JASON SCHUITEBOER, JACOB** BM3 2019/07/21 SCHWARZBAUER, CARLOS LT MANNING, ROBERT **MKCS** 2019/05/29 PADY, KENNETH MKC 2019/06/01 2019/05/29 SCULLY, SEAN **AETC** 2019/06/01 YN1 2019/06/01 ENG2 2019/06/01 MARCOTTE, BRIAN PAGAN, DAVIS 2019/07/01 LT 2019/06/01 AMT1 **AETC** PARKER, ISRAEL SEMENAS, KEITH 2019/07/01 MARET, SCOTT 2019/06/01 CDR 2019/08/01 MARIEN, KENNETH CAPT PARRALES, LUIS SHEPPARD, EDWARD CAPT 2019/07/01 **LCDR** 2019/06/01 2019/08/01 2019/08/01 MARINO, LUCAS PECHAN, ADAM MK2 SHIELDS, CULLEN FLC2 2019/06/01 вмс 2019/06/01 2019/06/01 MARKHAM, JENNY PEDRUS, PODEN SHIELDS, GLORIA SKC FT2 MARNER, BETHANY MK3 2019/08/11 PEEK, JOHN **MSTC** 2019/06/24 **SHULL, JAMES LCDR** 2019/08/01 2019/06/01 MAYE, GREGG **LCDR** PENARAMIREZ, FRANKIE EM2 2019/08/01 SHUMAN, ARTHUR CDR 2019/07/01 MAYHUGH, ADAM **AMTC** 2019/08/01 PENSO, NEIL **LCDR** 2019/08/01 SIMBULAN, MICHAEL CDR 2019/07/01 2019/08/01 2019/07/01 OSC 2019/07/01 MCCABE, ANTHONY SK1 PEREZ, ARTURO CDR SIMMONS, MATTHEW 2019/06/21 PERRY, NICHOLAS 2019/07/01 SIMPSON, JAMES GM2 2019/08/01 MCCAFFERTY, MELISSA LT **BMC** MCCREADY, RONALD **BMCM** 2019/07/01 PERRY, EVERITTE 2019/06/17 SKINNER, CHARLES F&S4 2019/07/01 MST1 MCDONALD, JOHN MKC 2019/05/25 PERRY, DIANE CDR 2019/07/01 SLADE, MICHAEL HSC 2019/08/01 MCDOWALL, HELEN YNC 2019/07/30 PETERSON, ERIK LT 2019/07/01 SMITH, JEFFREY **BMCS** 2019/07/01 2019/06/01 MCELNEY, MARC MSSD4 PETERSONFERNANDEZ, PEDRO LT 2019/06/01 SMITH, MARC CDR 2019/08/01 2019/06/01 2019/06/01 MCFETRIDGE, PATRICIA CAPT PHILLIPS, CASEY ENG2 SMITH, CHRISTOPHER MK1 2019/08/01 2019/06/01 CS1 PHILPOTT, SHAWN MKCS 2019/08/01 SKC 2019/08/01 MCLAIN.JAMES SNYDER.CARENDA ENG4 2019/07/01 MCLAUGHLIN, WILLIAM F&S4 2019/06/20 PITRE, STEPHEN SOLESBEE, KELAN AMT2 2019/06/26 2019/07/01 MF1 2019/08/01 LCDR 2019/06/01 MCLAUGHLIN.STEPHEN PLYLAR.KEVIN SPAFFORD, BENJAMIN BM1 CAPT 2019/07/01 2019/08/11 **MKCM** 2019/07/30 MCLELLAN, MALCOLM POLASKI.PAUL CS<sub>1</sub> STAINBROOK, MARK MCLENON, DARRAN CAPT 2019/07/01 POPHAM, THOMAS EM1 2019/08/01 STAJDUHAR, JULIE **HSC** 2019/06/01 MCLEOD, CHASE BM2 2019/08/10 PORTER, CURTIS SN 2019/07/21 STANDBERRY, WILBERT SK2 2019/08/11 MCMEIER, BRIAN CDR 2019/07/01 POWERS, BENJAMIN LT 2019/08/01 STANTON, THOMAS AMT2 2019/06/01 2019/06/01 MURRY, BRIAN SK2 2019/07/01 PRESTI, MICHAEL **BMC** 2019/07/01 STARR, ROBERT **LCDR** 

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			USCG Re	tirei	nents			
NAME	GRADE	DATE	NAME	GRADE	DATE	NAME	GRADE	DATE
STOCKS,GLENN	CAPT	2019/07/01	VEACH,KERRY	MK1	2019/07/04	WICHELNS, ALEXANDER	ISM3	2019/06/01
STONE,SAMUEL	BMC	2019/06/15	VOISINE, ERIC	MKC	2019/07/01	WIGFALL,KALIM	LT	2019/08/01
STROUP,JOSEPH	CSC	2019/07/01	WAGNER,JOSEPH	AMTC	2019/07/01	WILKINSON,ALLAN	BMC	2019/06/01
SUGGS,SEAN	YN1	2019/07/21	WALKER,SAMANTHA	YN3	2019/07/21	WILLIAMS,JAMES	MSTCM	2019/07/28
SULLIVAN, TIMOTHY	CSCS	2019/08/01	WALLACE,BRIAN	<b>GMCS</b>	2019/06/01	WILLIAMSON,ERIC	LT	2019/07/01
THEARLE,MARC	OSS4	2019/08/01	WALN,GARRETT	AMT3	2019/07/21	WILSON, JEFFREY	AETC	2019/07/01
THEROS, JEFFREY	EM1	2019/06/22	WALTERS,RICHARD	MK1	2019/06/01	WILSON,GEORGE	MK2	2019/06/11
THIGPEN,SPENCER	MK1	2019/08/01	WALTON,TRAVIS	MKC	2019/07/01	WOLFE,BRADFORD	ME1	2019/07/01
THORNOCK II,KERRY	ET2	2019/07/01	WALTON,LAUREN	YNC	2019/07/01	WOLFE,JOSHUA	BM3	2019/08/29
TICE,TERRY	MKC	2019/07/01	WAMPLER,MICHAEL	CAPT	2019/08/01	WOODARD,ANTHONY	DC1	2019/06/01
TORRES,TOMAS	BM2	2019/06/11	WATZEK,ANDREW	ME1	2019/06/01	WOOTERS,LINDSAY	YN2	2019/07/26
TRACY,BRIAN	BM3	2019/06/11	WEAR,BRIAN	OSCS	2019/08/01	WYSOSKY,PAUL	MSTCM	2019/06/15
TRETTON,ELIZABETH	OS3	2019/07/21	WEATHERFORD, WARREN	OSC	2019/07/01	YOUNG,RICHARD	MECS	2019/06/01
TUTALO,PATRICIA	CDR	2019/08/01	WELCH,JOHN	RADM	2019/07/18	YOUNG,SEAN	OSC	2019/08/01
TYLE,BRIAN	OS1	2019/07/01	WEST,RYAN	ETC	2019/07/01	YOUNG-MCLEAR, YAMASHEKA	CDR	2019/08/01
UNDERWOOD, CHARLES	ELC4	2019/07/01	WEST,DONALD	MKC	2019/07/01	YUTZEY,ERIC	DC1	2019/08/01
UZMANN,JOSEPH	CAPT	2019/07/01	WHEATLEY,KIMBERLY	CDR	2019/08/01	ZAJACZKOWSKI,CHRIS	INV4	2019/07/01
VALLEJO,JUAN	MKC	2019/08/01	WHITE,GARY	MAT4	2019/08/01	ZAMPERINI,MICHAEL	CAPT	2019/07/01
VARELA,CHARLES	MST1	2019/08/01	WHITEHOUSE,ROBERT	CAPT	2019/07/01			
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			USPHS Kei	tiren	nents			
NAME	GRADE	DATE	NAME	GRADE	DATE	NAME	GRADE	DATE
ANDERSON,KATHLEEN	CDR	2019/07/01	GOLDSTON-RUMPKE,ADAM	LT	2019/08/01	OLNES,MATTHEW	CAPT	2019/06/01
AUERBACH,STEVEN	CAPT	2019/07/01	GOLSON,LILLIE	CAPT	2019/07/01	OLSON,HOLLI	CDR	2019/08/01
BAKER, DANIEL	LCDR	2019/08/01	GREGG,EDWARD	CAPT	2019/06/01	PATUC,ARLENE	CDR	2019/06/01
BARINI-GARCIA,MAGDA	CAPT	2019/06/01	GRIZZLE,REBECCA	CAPT	2019/07/01	PELLETIER, ANDREW	CAPT	2019/08/01
BATTS,DAHNA	CAPT	2019/07/01	HANLEY,KEVIN	CDR	2019/08/01	PEREZ,JON	CAPT	2019/08/01
BELCHER,DONALD	CAPT	2019/08/01	HANTON,LORI	CAPT	2019/07/01	PRATHER,CYNTHIA	CDR	2019/08/01
BICKEL,MARY	CAPT	2019/06/01	HARRIS,RICHARD	CAPT	2019/07/01	REESON, GREGORY	LCDR	2019/06/01
BLOLAND,PETER	CAPT	2019/07/01	HEIMRICH,JUANITA	LCDR	2019/08/01	REICHLER,MARY	CAPT	2019/08/01
BRADFORD,ERIC	CDR	2019/08/01	HERWALDT,BARBARA	CAPT	2019/08/01	REIDHEAD, CHARLES	RADM	2019/06/01
BREWER,ROBERT	CAPT	2019/08/01	HEWETT,DANIEL	CAPT	2019/06/01	REYNOLDS,MEREDITH	CAPT	2019/07/01
BROOKS,KENNETH	CAPT	2019/06/01	HIGGINS,STEVEN	CDR	2019/07/01	RODRIGUEZ,DIANA	CAPT	2019/08/01
BROWN,XIOMARA	CAPT	2019/07/01	JANDA,TRENTON	CAPT	2019/08/01	ROGERS,CAROL	CAPT	2019/07/01
CAMPBELL, ANTHONY	CDR	2019/08/01	JONES,CHERYL	LCDR	2019/08/01	SALAS,RAFAEL	CAPT	2019/08/01
CARTER,GARY	CAPT	2019/06/01	JORDAN-JOSEPH,JULIET	LCDR	2019/07/01	SAMEDI,EMMANUEL	CDR	2019/08/01
CHIARUTTINI, JESSICA	LCDR	2019/08/01	KONIGSTEIN,DAVID	CAPT	2019/07/01	SCHNEIDER, DEBORAH	CAPT	2019/06/01
CORDOVA,FRANK	CDR	2019/06/01	LAFLEUR,PHILIP	LCDR	2019/06/01	SERRANO,JOSE	CAPT	2019/07/01
DIGIULIO,DENISE	CDR	2019/06/01	LESTER,ARLENE	CAPT	2019/08/01	STEWART,KELLY	CDR	2019/06/01
DYE,BRUCE	CAPT	2019/08/01	LEWIS-BAKER,TAMEKA	CDR	2019/08/01	STUART,DIXIE	CDR	2019/06/01
EDSITTY,CARRIE	LCDR	2019/08/01	LUDINGTON,JAMES	CAPT	2019/07/01	THOUMAIAN,ARMEN	CAPT	2019/07/01
ENGELGAU,MICHAEL	CAPT	2019/06/01	MATHEW,SUSAN	CAPT	2019/07/01	VAZQUEZ,EDWIN	CAPT	2019/07/01
ESPEY,DAVID	CAPT	2019/08/01	MATSON,ERIC	CAPT	2019/08/01	VIZZONE,NICHOLAS	CAPT	2019/08/01
FOREMAN, MARTIN	CDR	2019/06/01	MEAD,KENNETH	CAPT	2019/08/01	WATTS,FELICIA	LT	2019/08/01
GALANO,JOANNE	CDR	2019/06/01	MEEKS,KEVIN	RADM	2019/07/01	WILKINS,CRAIG	CAPT	2019/06/01
GARZONE,PATRICIA	LCDR	2019/07/01	MINTON, VIRGINIA	LCDR	2019/07/01	WILLIAMS,DONALD	CAPT	2019/07/01
GAVARRETE, CRISTINO	CAPT	2019/06/01	MORFIT,VAN	CAPT	2019/08/01	WOO,JASON	CAPT	2019/08/01
GILLIHAN,ANDREW	CDR	2019/06/01	MOZZACHIO,ALICIA	CAPT	2019/08/01	ZAMORA,ELIZABETH	LCDR	2019/08/01
GINDLER, JACQUELINE	CAPT	2019/08/01	NEWMAN,SUE	CAPT	2019/08/01	ZIMMERBERG,JOSHUA	CAPT	2019/07/01
GLABACH,RICHARD	CAPT	2019/06/01	OFFICER,KENT	CAPT	2019/06/01			



## NO.A.A Retirements



NAME	GRADE DATE	NAME	GRADE DATE	NAME	GRADE DATE
WFT7I FR.MARK	CAPT 2019/08/01				



### **Coast Guard Transition Assistance Program (TAP)**

TAP prepares Service Members (SMs) separating or retiring from the Coast Guard for their transition to civilian life. All eligible SMs are required to complete the standardized components of the TAP. These components are 1) Pre-separation Counseling and 2) the Transition Seminar, encompassing the Transition Goals, Plans, and Success (GPS) core curriculum.

https://www.dcms.uscg.mil/Our-Organization/Assistant-Commandant-for-Human-Resources-CG-1/Health-Safety-and-Work-Life-CG-11/Office-of-Work-Life-CG-111/Transition-Assistance-Program/

WA

CA

MD

CT

OR

**LONG, JAMES** 

LUIZ.ROBERT

MAGILL, KEVIN

MALONEY, CHARLES

LOPEZ, THOMAS

RD1

CDR

EM1

MST1

2019/06/21

2019/06/08

2019/06/08

2019/08/12

MSTCM 2019/07/29

**ALPHARETTA** 

MIAMI

ALAMEDA

**MANASSAS** 

**HOLDEN** 

GA

FL

CA

MA

VA

MKCS

CAPT

CAPT

CAPT

**AEC** 

2019/07/13

2019/07/12

2019/06/02

2019/08/07

2019/05/22

**OLYMPIA** 

**CHESTER** 

OTIS

SAN FRANCISCO

KENSINGTON

**EVANS.GOMER** 

**FLEISHELL, JAMES** 

FRANZEN, PHILIP

FITZGERALD, WILLIAM

FINKS.VERNE

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Dependent TAPS								
NAME OF DEPENDENT	RELATIONSHIP	DATE	CITY	STATE				
CALLIE R. POTTER	WIFE OF BMC DENNIS L. POTTER, USCG (RET)	20190701	ST. JOHNS	FL				
ELIZABETH "BETTY" WILSON	WIFE OF CPO THOMAS WILSON, USCG (RET)	20190727	MIAMI	FL				
SANDRA K. SIESS	WIFE OF BMCS MARK SIESS, USCG (RET)	20190807	WASHINGTON	MO				
CHARLENE E. CLANCY	WIFE OF THE LATE MCPO THOMAS G. CLANCY, USCG (RET)	20190611	SALEM	CT				
KATHLEEN M. CLARK	WIFE OF BMC JOHN H. CLARK, USCG (RET)	20190702	ARLINGTON	WA				
LUCIA L. VALDEZ	WIFE OF FSC CRIS VALDEZ, USCG (RET)	20190630	LAS VEGAS	NV				
JOAN M. HEID	WIFE OF CAPT ROBERT J. HEID, USCG (RET)	20190807	WIMAUMA	FL				
RITA C. CABRAL	WIFE OF PAC RONALD B. CABRAL, USCGR (RET)	20190628	CONCORD	CA				
WILLIAM SPAKE, ET3, USCG	SON OF ET1 WILLIAM "RON" SPAKE, USCG (RET)	20160312	MERRITT ISLAND	FL				
ALICE DZIUBA	WIFE OF DC1 STANLEY DZIUBA, USCG (RET)	20160104	KUNKLETON	PA				
DONNA M. HINES	WIFE OF MCPO STEVE HINES, USCG (RET)	20190602	COLONY	TX				
GINA M. GODFREY	WIFE OF CDR STEVEN R. GODFREY, USCG (RET)	20190303	MANTEO	NC				
SUZANNE W. GEMMELL	WIFE OF CAPT THOMAS M. GEMMELL, USCG (RET)	20190122	JUNEAU	AK				
DONNA S. VERPLANCK	WIFE OF CAPT JAMES F. VERPLANCK, USCG (RET)	20190615	MERCER ISLAND	WA				
B. EVANS	WIFE OF MKC JOHN EVANS, USCG (RET)	20190702	FT. LAUDERDALE	FL				
SHARON A. MOODY	WIFE OF CWO2 JACK MOODY, USCG (RET)	20190807	BEAUMONT	TX				
BERTHA R. FORQUER	WIFE OF ASMC ROBERT L. FORQUER, USCG (RET)	20190605	SACRAMENTO	CA				
JAMES G. LINHART	HUSBAND OF PS1 LORRAINE (LORI) K. LINHART, USCGR (RET)	20190909	MISSOURI VALLEY	IA				
SUZANNE F. MOORE	WIFE OF MKC JOSEPH W. MOORE, USCG (RET)	20190422	OREGON	ОН				
CATHERINE W. ATKINSON	WIFE OF CDR ARTHUR A. ATKINSON, USCG (RET)	20190829	SANTA ROSA	CA				
KATHERIN LARKIN	WIFE OF VADM CHARLES LARKIN, USCG (RET)	20190903	SEATTLE	WA				

#### Casualty & Decedent Affairs

**DEPENDENT TAPS:** To place a Dependent TAPS notice in The Retiree Newsletter, provide the dependent's name, relationship to retiree, date of passing, and city/state to Robert Hinds at: **Robert.C.Hinds@uscg.mil** or phone: 202-475-5451.

A current CG "Master Decedent Affairs Officer (DAO) & Military Funeral Honors (MFH) Coordinator Roster" is accessible at: <a href="https://dcms.uscg.mil/Portals/10/CG-1/retiree/docs/DAO">https://dcms.uscg.mil/Portals/10/CG-1/retiree/docs/DAO</a> %20MFH Master Roster .xlsx?ver=2018-09-07-140443-903. CG MFH Guidance is accessible at:

https://www.dcms.uscg.mil/Portals/10/CG-1/psc/psd/docs/Military%20Funeral%20Honors%20Guidance.pdf?ver=2017-03-24-102439-577.

If you need additional assistance on Casualty & Decedent affairs matters, you may contact Mr. Brian Behlke, CG Casualty Matters Chief, at <a href="mailto:Brian.R.Behlke@uscg.mil">Brian.R.Behlke@uscg.mil</a>, or by phone at: 202-795-6637 (office) or 571-266-2375 (24x7 work cell).



### MANAGE YOUR BENEFITS IN ONE CONVENIENT PLACE

https://www.benefeds.com/Portal/loginUser?EventName=EnrPlan&ctoken=9lWyyPGV

BENEFEDS is the online benefit management portal for Federal and uniformed service members. BENEFEDS allows you to access information about and make changes to your Federal dental and vision, long term care, and flexible spending programs.

- Federal Dental and Vision Insurance Program (FEDVIP) Dental and Vision benefits are available to eligible Federal and Postal employees, retirees, and their eligible family members. If you are currently enrolled in FEDVIP and do not want to change plans or options, your enrollment will continue automatically. If you want to change or cancel your coverage, you must do so during the annual Federal Benefits Open Season. You must use BENEFEDS to enroll or change enrollment in a FEDVIP plan. <a href="BENEFEDS">BENEFEDS</a> is a secure enrollment website sponsored by OPM. If you do not have access to a computer, call 1-877-888-3337), TTY number 1-877-889-5680 to enroll or change your enrollment.
- Federal Long Term Care Insurance Program (FLTCIP) <a href="https://www.opm.gov/healthcare-insurance/long-term-care/">https://www.opm.gov/healthcare-insurance/long-term-care/</a>
  The FLTCIP provides long term care insurance to help pay for costs of care when enrollees need help with activities they perform every day, or you have a severe cognitive impairment, such as Alzheimer's disease. Most Federal and U.S. Postal Service employees and annuitants, active and retired members of the uniformed services, and their qualified relatives are eligible to apply for insurance coverage under the FLTCIP. Most employees must be eligible for the FEHB Program in order to apply for coverage under the FLTCIP. It does not matter if they are actually enrolled in FEHB eligibility is the key. Annuitants do not have to be eligible or enrolled in the FEHB Pro-gram. Certain medical conditions, or combinations of conditions, will prevent some people from being approved for cover-age. You must apply to find out if you are eligible to enroll. For more information about the FLTCIP, contact Long Term Care Partners at 1 800-582-3337, or visit their website at: <a href="https://www.ltcfeds.com/">https://www.ltcfeds.com/</a>

## Pay & Personnel Center, Retiree & Annuitant Services (RAS) - Directory Assistance

Directory Assistance and Other Important Phone Numbers & Websites (Pgs 13-15) are also accessible at: <a href="https://www.dcms.uscg.mil/portals/10/cg-1/ppc/ras/rasdirectory.pdf">www.dcms.uscg.mil/portals/10/cg-1/ppc/ras/rasdirectory.pdf</a>

#### **Questions, Address or Direct-Deposit Changes**

#### If you need information or have questions about:

- Your retired or survivor benefit plan (SBP) annuity payments
- Your retired/annuitant statement
- ♦ IRS Form 1099-R (reporting taxable income)

#### or you need to change:

- Your and your dependents' home mailing address (for retired/annuitant statement, newsletter, 1099-R, correspondence)
- Your financial institution or account number for your direct deposit
- Report a change to your designation of beneficiary for payment of unpaid retired pay (Note: use Form \*CG PPC-3600 Designation of Beneficiary for Payment of Unpaid Retired Pay)

You may make the requests listed above by <u>telephone</u>, by <u>fax</u> or in <u>writing</u>. The telephone and fax numbers are:

Toll free: 1-866-772-8724 Commercial: (785) 339-2200

Fax: (785) 339-3770

#### **Allotments, SBP Coverage and Beneficiary Changes**

#### If you need to:

- Start, stop or change an allotment (you may use Form \*CG PPC-7221 Retired Allotment Authorization Form, fax in the form or a written request, call us or send us an email request).
- Report a change to your survivor benefit plan (SBP) coverage (must be in writing)

You may <u>fax</u> your request to (785) 339-3770 or mail to:

Commanding Officer (RAS) USCG Pay & Personnel Center 444 SE Quincy St Topeka, KS 66683-3591

(\*) Note: Forms are available from the PPC website at: www.dcms.uscg.mil/ppc/pd/forms/ or directly from the IRS.

#### **Income Tax Withholding Changes**

#### If you need to:

- ♦ Start or change the amount of state tax withholding (retirees can call, e-mail, fax or use \*IRS Form W-4, or state form. If using IRS form, indicate that the form is for state income tax withholding, not federal, which state it's for and the dollar amount to be withheld, (minimum amount is \$10.00, no cents)). We cannot withhold state tax for annuitants
- ◆ Change your federal income tax withholding (retirees use Form W-4, annuitants use Form W-4P)
- ♦ Change exemptions or additional withholding

Federal tax changes **must** be in writing. The original Form IRS W-4 or W-4P must be mailed to PPC (RAS) for action and filing, per IRS requirements. <u>PPC (RAS) cannot accept a faxed W-4 or W-4P.</u> Please mail to:

Commanding Officer (RAS) USCG Pay & Personnel Center 444 SE Quincy St Topeka, KS 66683-3591

(\*) Note: Forms are available from the PPC website at: www.dcms.uscg.mil/ppc/pd/forms/ or directly from IRS.

#### **Report of Death**

To report the death of a Coast Guard, NOAA or PHS retiree/ annuitant call:

> Toll free: 1-866-772-8724 Commercial: (785) 339-2200 Fax: (785) 339-3770

#### Or write:

Commanding Officer (RAS) USCG Pay & Personnel Center 444 SE Quincy St Topeka, KS 66683-3591

**DEPENDENT TAPS:** To place a Dependent TAPS notice in The Retiree Newsletter, provide the dependent's name, relationship to retiree, date of passing, and city/state to Robert Hinds at: Robert.C.Hinds@uscg.mil or phone: 202-475-5451.

#### **RETIREE CUSTOMER SERVICE**

 $\textbf{Phone: } 866\text{-}772\text{-}8724\textbf{, E-mail: } \underline{\textbf{PPC-DG-CustomerCare@uscg.mil}}.$ 

Web: www.dcms.uscg.mil/ppc

### **MEDICARE PART B ENROLLMENT IS MANDATORY AT AGE 65**

https://dcms.uscg.mil/Portals/10/CG-1/retiree/docs/pdf/Turning\_65\_with\_MEDICARE.pdf?ver=2018-09-07-143218-930 When you turn 65, your medical benefits will change. MEDICARE will become your primary medical coverage and TRICARE pays secondary to MEDICARE. You MUST enroll in MEDICARE PART B to retain your TRICARE coverage. If you are within 90 days of your 65th birthday, you should log on to www.ssa.gov or www.medicare.gov to enroll in MEDICARE PART B. Additional information is accessible at: www.tricare.mil/Welcome/Eligibility/MedicareEligible.aspx?sc\_database=web or by phone at 866-773-0404. You may also call the Defense Enrollment Eligibility Reporting System (DEERS) at 800-538-9552.

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Othe	er Important Phone Numb	pers and Websites
Medical/Dental Benefits	Phone	Websites/Notes
Eligibility (DEERS)/ID Cards	1-800-538-9552 (TTY/TDD) 1-866-363-2883	www.tricare.mil/deers In CA: 1-800-334-4162; In AK & HI 1-800-527-5602
Mail-Order Pharmacy	1-877-363-1303	www.tricare.mil/mybenefit/home/ Prescriptions/Filling Prescriptions/TMOP
Federal Dental & Vision Insurance Progra (FEDVIP—Retirees)	am 1-877-888-3337	https://www.benefeds.com/
TRICARE Overseas	1-888-777-8343	www.tricare.mil/mybenefit/home/overview/ Regions/RegionsNonUS
TRICARE <b>East Region</b> Contractor TRICARE <b>West Region</b> Contractor	1-800-444-5445 1-844-866-9378	http://tricare.mil
TRICARE For Life	1-866-773-0404	www.tricare.mil/tfl/default.cfm www.tricare.mil/LifeEvents/Retiring
TRICARE Eligibility—Pharmacy (Medicare info)	1-877-363-1303	www.tricare.mil/ CoveredServices/Pharmacy/ Eligibility.aspx
Federal Long-Term Health Insurance	1-800-582-3337	www.opm.gov/insure/ltc/
CG Health Benefits Advisor	1-800-942-2422	
Veterans Benefits	Phone	Websites/Notes
Department of Veterans Affairs	1-800-827-1000	www.va.gov
Insurance Information	1-800-669-8477	www.insurance.va.gov
Veteran's Group Life Insurance		www.insurance.va.gov/sglisite/vgli/vgli.htm
New VGLI Applications and VGLI Reinstatements: OSGLI PO Box 41618 Philadelphia, PA 19176-9913	1-800-419-1473 Overseas phone (973) 548-5699 Overseas fax# (973) 548-5300	Death and accelerated benefits claims only: Fax: 1-877-832-4943.  All other fax inquiries: 1-800-236-6142 or e-mail at: osgli.claims@prudential.com All other inquiries: osgli.osgli@prudential.com General Correspondence: Office of Servicemembers' Group Life Insurance 80 Livingston Avenue Roseland, NJ 07068-1733
Federal Benefits for Veterans and Dependents	1-800-827-1000	www.va.gov/opa/publications/benefits book.asp VA Pamphlet 80-02-1
Headstones and Markers	1-800-697-6947	www.va.gov/opa/publications/benefits_book.asp

Should you need help with a VA/AEW/CRDP related issue, you should first contact PPC Customer Care at 866-772-8724. If you have not been responded to within 20 days or your file has not been acted upon within 160 days - please contact Linda Wallace-Wood at <a href="mailto:Linda.J.Wallacewood@uscg.mil">Linda.J.Wallacewood@uscg.mil</a>.

The deadline to submit input to Robert Hinds for the January 2020 edition of Retiree Newsletter is 22 November 2019.

Robert.C.Hinds@uscg.mil

October — December 2019	The Retiree Ne	wsletter Pag	e 15			
Other Important Phone Numbers and Websites						
Other	Phone	Websites/Notes				
		www.dcms.uscg.mil/ppc/separations/finalpay/				
	1-866-772-8724	Commanding Officer (SEP)				
Final Active Duty Pay	Overseas	USCG Pay & Personnel Center				
	(785) 339-2200	444 SE Quincy St				
		Topeka, KS 66683-3591				
Contact PPC (SEP) for information on Se	verance Pay, Separation Pay,	Disability Severance Pay, LES's, IRS Form W-2.				
		www.dcms.uscg.mil/ppc/travel/				
		Send final travel claim to:				
	1-866-772-8724	Commanding Officer (TVL)				
   Travel Claims	Overseas	USCG Pay & Personnel Center				
Traver claims	(785) 339-2200	444 SE Quincy St.				
	(783) 339-2200	Topeka, KS 66683-3591				
		Торека, ко оббоз-5591				
		www.archives.gov/veterans/military-service-record	ds			
Service Records	(314) 801-0800	Write to: National Personnel Records Center	<b></b>			
	(==:, ==================================	Military Personnel Records				
		1 Archives Drive				
		St. Louis, MO 63138-1002				
Veterans or next-of-kin of a <b>deceased</b> v	reteran can access www.archi	ves.gov/veterans/military-service-records to make requ	ests.			
		I, dates of service and date of birth of the veteran. <b>DD-2</b>				
are also available via the website.	ipiece name, ramy grade, son	, dates of service and date of shall of the receium 22 2				
Social Security	1-800-772-1213	www.ssa.gov				
·						
		www.marad.dot.gov/mariners/mariner				
		Maritime Administration				
WWII U.S. Merchant Marine Awards	(222) 255 2545	U.S. Department of Transportation				
and Decorations	(202) 366-2646	200 New Jersey Ave, SE				
		Washington, DC 20590				
CG NATIONAL RETIREE HELP DESK	(202) 475-5381 coll free 1-833-224-6743	G-Mail: NRHDesk@gmail.com				
		EMPID) to the CG National Retiree Help Desk. See:				
		RHD_PII_NOTICE.pdf?ver=2017-08-07-083504-783				

Current and past issues of THE RETIREE NEWSETTER are accessible at below link, where you can also subscribe for e-distribution of the newsletter and other important retiree communications.

https://www.dcms.uscg.mil/ppc/ras/retnews/

#### **Coast Guard Connection Newsletter**

Coast Guard Connection is a quarterly newsletter for retired senior leaders from the U. S. Coast Guard providing a focused sampling of current events and service initiatives, including updates on budget, Human Capital, Legislative, Public Affairs, and Outreach. Accessible at: www.dcms.uscg.mil/retiree

#### **CG Distribution Lists**

Subscribe to Coast Guard Distribution Lists from the USCG Public Affairs News Room at: www.news.uscg.mil

#### **CG Social Media Sites**

A list of Official CG Social Media Sites including Facebook & Twitter is accessible at: http://coastguard.dodlive.mil/official-sites/

#### **DoD Retiree Newsletters**

ARMY (ECHOES): https://www.armyg1.army.mil/rso-migrated/echoes.asp AIR FORCE (AFTERBURNER): https://www.retirees.af.mil/Library/Afterburner/

NAVY (SHIFT COLORS): http://www.public.navy.mil/bupers-npc/reference/publications/shiftcolors/Pages/default.aspx

### DEPARTMENT OF HOMELAND SECURITY

COMMANDANT, U. S. COAST GUARD RETIREE SERVICES PROGRAM MANAGER (CG-13) U.S. COAST GUARD STOP 7907 2703 MARTIN LUTHER KING JR AVE SE WASHINGTON DC 20593-7907

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