









# The Retiree Newsletter (USCG—PHS—NOAA)

"Semper Paratus"

July — September 2019

#### Honor, Respect, and Devotion to Duty

Issue 3 / 2019

The Retiree Newsletter is a quarterly publication of the Director of Military Personnel (CG-13), produced in alignment with the CG Retiree Services Program's mission to: Provide, support, and strengthen CG retiree communications and information services, as well as helping to sustain the life-long connection and mutually beneficial relationship between the Coast Guard and its military retiree community, the Long Blue Line. This publication shall not be considered authority and is non-record material.



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# THE OCTOBER 2019 ISSUE WILL BE THE FINAL MASS PAPER MAILING OF THE RETIREE NEWSLETTER

Individuals without digital access may continue to receive the paper newsletter by providing your mailing address to Robert Hinds. Phone: 202-475-5451 Individuals to be mailed the paper newsletter will be listed (names only) in the October 2019 Retiree Newsletter

#### **Coast Guard Retiree Services Program Director**

Rear Admiral Matthew Sibley, Director, Military Personnel (CG-13)

I want to extend my sincere appreciation to the CG National Retiree Council (CGNRC), and CG active duty members, CG Academy Cadet, and CG Auxiliary who provided logistics support, for their stellar conduct of the 2019 Annual Meeting of the CGNRC at CG Headquarters during 14-15 May. The CGNRC accomplished all meeting objectives, addressing issues of importance to the CG and more than 52,000 retirees and annuitants, including the Council's #1 Priority — *Retiree Communications*. I look forward to the CGNRC's 2019 Annual Report to the Commandant and working with the CGNRC and Regional Retiree Councils and their sponsoring Bases/TRACENs in supporting the Council's *Top Priorities*. Again, BZ!

CG Retiree Services Program Manager Robert Hinds, Robert.C.Hinds@uscg.mil; 202-475-5451

To all retirees who have reviewed/updated your e-mail addresses and other contact information in CG Direct Access (DA), THANK YOU! The April 2019 Retiree Newsletter and Retiree Newsfeed were delivered by e-mail to 27,014 readers, 45% of the CG/PHS/NOAA retiree community (60,180). *This is also to ask those who haven't yet done so to establish and review your DA accounts*. For retirees/annuitants who retired prior to 1 Apr 2018, please contact CG PPC (e-mail: ppc-dg-customercare@uscg.mil, phone: 866-772-8724) and request to establish your account. If you retired on or after 1 Apr 2018, please access https://www.dcms.uscg.mil/Portals/10/CG-1/PPC/ras/gp/password.pdf and see *First Time Logon Guide*.

#### Coast Guard National Retiree Council (CGNRC) Co-Chairs

RADM Jeff Hathaway, USCG (Ret), hathaway.cgnrc@aol.com MCPO Kevin Isherwood, USCG (Ret), Kevin.D.Isherwood@gmail.com

We had a very busy and fruitful National Retiree Council meeting on 14-15 May 2019 at CG Headquarters. We said goodbye to RADM Ron Rabago after three years as a National Co-Chair. His steady hand on the helm has been instrumental in solidifying both the National and Regional CG Retiree Councils' purpose and business practices. Fair Winds RADM Rabago! The National Council was happy to welcome RADM Jeff Hathaway as a new National Co-Chair. Jeff retired in 2007 after a 33 year CG career and resides in the National Capital Region. Happily, MCPO Kevin Isherwood has agreed to provide continuity by volunteering to remain onboard as our other National Co-Chair for, at least, an additional year. During our two day meeting, both the Commandant, ADM Karl Schultz, and our Deputy Commandant for Mission Support, VADM Mike McAllister, attended sessions with your National Council members. Both stressed their dedication and support for the 52,000 CG retirees and annuitants that make up a large portion of our CG's "Long Blue Line." However, a major focus of our council business this year was exploring better ways to communicate with all 52,000 of you. During the December 2018 - January 2019 federal government shutdown, we determined that we only have email addresses for about 50% of our retirees and annuitants! Since email is the most effective way to pass along time sensitive information, please ensure that your CG Direct Access account is updated to include a current residential and email address (instructions above). Also, if you have not already done so, please consider registering your email address at https://public.govdelivery.com/accounts/USDHSCG/subscriber/new. At this site you can elect to receive periodic information from a large variety of CG subscription topics. This includes your Retiree Newsletter and other Retiree News (listed under the Other News section). We also urge all retirees and annuitants to provide your contact information to your local Regional Retiree Council. Updated contact information for all Regional Councils is provided in the May 2019 CG Retiree Services Guide. Finally, your National Retiree Help Desk (NRHD) is always available to help you get answers to any questions. The NRHD can be reached at (833) 224-6743, or NRHDesk@gmail.com



# Military OneSource is now available to Veterans/Retirees and **ONESOURCE** their Families for a Full Year after Separating from the Military

The following is U.S. Department of Defense press release dated Aug. 13, 2018.

The Department of Defense announced today it will extend eligibility for Military OneSource benefits from the current 180 days to 365 days after separation or retirement from military service to ensure all service members and families have access to comprehensive support as they transition to civilian life. This change goes into effect today in accordance with the John S. McCain National Defense Authorization Act for fiscal year 2019.

Military OneSource provides information, resources and support for active-duty, National Guard and reserve service members, their families and survivors. Provided at no cost, Military OneSource gives exclusive access to programs, tools, and benefits designed to help ensure service members and their families are mission-ready and able to thrive in both their military and post-military lives.

"Each person is unique, and so is each military-to-civilian transition," said. A.T. Johnston, deputy assistant secretary of defense for military community and family policy. "We want all of Military OneSource's resources to be there when someone needs them — whether it is a day, a week or many months after their transition to civilian life."

As a DOD program, Military OneSource offers a wide range of services designed exclusively for the military community. Services include help with relocation, tax support, financial planning, health and wellness coaching, as well as confidential nonmedical counseling and specialty consultations for spouse employment, education, adoption, elder care, special needs and much more.

"Military OneSource is powered by people with extensive knowledge and training in meeting the needs of our military community, many of whom have also served or lived in military families," explained Lee Kelley, program director of the Nonmedical Counseling Program Office within military community and family policy. "We're dedicated to providing expert, proven, and practical support and information to our service members and their families to help them achieve their goals and live their best military life."

Military OneSource services are accessible 24/7, (active duty, separating, and retired) service members and family members can call Military OneSource at 800-342-9647 or go to www.militaryonesource.mil To explore additional benefits that may be available through the Department of Veterans Affairs, go to <a href="https://explore.va.gov/">https://explore.va.gov/</a>

#### **Coast Guard Legal Assistance**

Coast Guard legal assistance attorneys provide advice and counsel regarding personal legal issues to thousands of service members, dependents and retirees each year at no cost. These issues may involve family law, estate planning, consumer law, landlord-tenant relations, immigration or many other topics.

Legal Assistance Program, CI 5801.4F: https://media.defense.gov/2017/Mar/15/2001716717/-1/-1/0/CI 5801.4F.PDF

Legal Readiness Checklist: https://www.uscg.mil/Portals/0/Headquarters/Legal/la/Legal%20Readiness%20Checklist.pdf

Personal Readiness Plan (Personal Identity & Vital Documents; Emergency Information & Powers of Attorney; Healthcare & Medical Directives; Income, Savings and Investments, and Life Insurance; Monthly Expenses, Debt, and Credit Reports; Primary Residence, Insurance & Household Services; Vehicle Information, Insurance, Titles & Documentation; Taxes; Survivor Assistance & Benefits; Estate Planning & Funeral Instructions):

https://www.uscg.mil/Resources/Legal/LMA/Legal\_Assistance/Personal-Readiness-Plan/

Legal Assistance Attorneys: https://www.uscg.mil/Resources/Legal/LMA/Legal Assistance/Find-A-Legal-Assistance-Lawyer/

1st District Legal: 617-223-8500 5th District Legal: 757-295-2308

7th District Legal: 305-415-6949 8th District Legal: 504-671-2038

9th District Legal: 216-902-6042 11th District Legal: 510-437-5891

14th District Legal: 808-535-3240 13th District Legal: 206-220-7110

17th District Legal: 907-463-2050



#### COMMANDANT'S LEADERSHIP VIDEO SERIES

https://www.uscg.mil/alwaysready/

Every Coast Guard member has a unique story to tell. Admiral Schultz firmly believes in the power of storytelling as a tool for inspiration and education and regularly uses videos to highlight our service members. For the first time, these videos are all available in one place here for your use. Feel free to utilize them for leadership workshops, community outreach, affinity events, or social media posts. They were created to help you to tell the story of the world's best Coast Guard from the perspective of our people. If you have a unique story to tell, please contact cag@uscg.mil

#### ALCOAST 137/19 - APR 2019 U. S. COAST GUARD CORE VALUES – SILVER ANNIVERSARY

https://content.govdelivery.com/accounts/USDHSCG/bulletins/241b0e1

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TO ALCOAST

UNCLAS //N05760//

**ALCOAST 137/19** 

**COMDTNOTE 5760** 

SUBJ: U. S. COAST GUARD CORE VALUES - SILVER ANNIVERSARY

- 1. On 19 April 1994, 25 years ago this month, Admiral J. W. Kime, our 19th Commandant, sent out a message promulgating our core values of Honor, Respect, and Devotion to Duty.
- 2. In the last quarter century we've seen these core values integrated into every part of our organizational culture, and they serve as enduring anchor points for our service in a changing world. Integrity remains our standard. We treat each other with fairness, dignity, and compassion. We seek responsibility, accept accountability, and serve with pride. These words are taken directly from the original core values message, and remain true today.
- 3. Core values are a deep part of the heritage that make our organization great, and pull forward 228 years of history and organizational ethos. They articulate who we are and guide our performance, conduct, and decisions every minute of every day. Because we each represent the Coast Guard to the public, we must all embrace these core values in our professional and personal lives. Respect sets the condition for us to retain an inclusive and diverse workforce that reflects the American public we serve.
- 4. The core values were the result of work started by Admiral James Loy, our 21st commandant, when he was a brand new flag officer, and sought to develop a fully integrated USCG leadership program. These core values, as important as they are in guiding our lives, also reflect the power of vision, and the progress that can be made when we think big, build and empower inclusive and diverse teams, and thoughtfully implement the right ideas.
- 5. More information on the core values silver anniversary can be found on social media sites.

USCG: Facebook - @USCoastGuard and Twitter/Instagram - @USCG;

Commandant: Facebook/Instagram - @CommandantUSCG and Twitter - @ComdtUSCG.

- 6. Honor. Respect. Devotion to Duty. Semper Paratus.
- 7. VADM Michael F. McAllister, Deputy Commandant for Mission Support, sends.
- 8. Internet release is authorized



# **COAST GUARD MUTUAL ASSISTANCE**

Celebrating 95 years of service and over \$200 million in assistance to the Coast Guard community, CGMA is READY to help, RESPONSIVE to the need, and RELEVANT in any situation.

The Coast Guard's official relief society, CGMA is maintained by Coast Guard men and women to help shipmates in times of need. Last year alone, CGMA provided over \$5.2 million to support the Coast Guard community with emergency assistance, education and family resource programs, including \$278,537 provided to Coast Guard retired members. Throughout the lapse of appropriations, CGMA gave \$8.4 million in assistance to help those facing a month without pay.

True to its motto, "We Help Our Own," CGMA relies on voluntary contributions to support its many assistance programs, from disaster response to tutoring services and baby packages. The annual campaign is essential to this vital work and CGMA's continued effectiveness. Coast Guard Retirees are crucial in helping CGMA remain strong and ready for whatever challenges may come. Many chose to contribute to the campaign by allotment from retired pay. Others give by check or credit card.

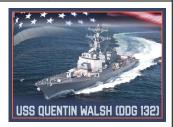
The campaign will begin August 15 and run through September 13, 2019. Please consider how you will help this year. All contributions are gratefully accepted, as are bequests and other special contributions from individuals or estates.

To learn more about CGMA programs, or if you are in need of assistance, please visit www.cgmahq.org or call (800) 881-2462.

# U.S. NAVY NAMES FUTURE DESTROYER IN HONOR OF U.S. COAST GUARD, WORLD WAR II NAVY CROSS RECIPIENT

NEWS RELEASE— USCG Headquarters mediarelations@uscg.mil; Headquarters online newsroom

Cherbourg, France (NNS) -- Secretary of the U.S. Navy Richard V. Spencer named a future Arleigh Burke-class guided-missile destroyer, DDG 132, in honor of U.S. Coast Guard Capt. Quentin Walsh, who was awarded the Navy Cross for his service during World War II.



"Capt. Walsh was a hero whose efforts during World War II continue to inspire, and his leadership in securing the French port of Cherbourg had a profound effect on the success of the amphibious operations associated with Operation Overlord," Spencer said.

"For over two centuries, the Navy and Marine Corps team and the Coast Guard have sailed side by side, in peacetime and war, fair weather or foul. I am honored the future USS Quentin Walsh will carry Capt. Walsh's legacy of strength and service throughout the world, and I am proud that for decades to come, this ship will remind friends and adversaries alike of the proud history of our services and the skill and professionalism of all those who stand the watch today."

Spencer made the announcement alongside Adm. Karl Schultz, the commandant of the U.S. Coast Guard, in a ceremony aboard the U.S. Coast Guard Cutter Eagle in Cherbourg, France.

"We are grateful to the U.S. Navy and Sec. Spencer for honoring one of our Coast Guard heroes, Capt. Quentin Walsh," Schultz said. "Naming a future Navy destroyer after Capt. Walsh, the first Arleigh Burke-class ship to be named after a Coast Guard legend, highlights not only his courageous actions but the bravery of all U.S. service members involved in the D-Day Invasion of Normandy.

"The U.S. Navy and Coast Guard legacies are interwoven as reflected in the heroic actions of Capt. Walsh and the Navy Sailors under his command during the liberation of Cherbourg," the commandant continued. "We will remain always ready to stand with our brothers and sisters in the U.S. Navy and Marine Corps."

During World War II, while serving on the staff of the Commander, U.S. Naval Forces, Europe, then Cmdr. Walsh was given command of a 53-man special task force assigned to capture the vital port of Cherbourg. Despite heavy casualties, his small force seized the port facilities and took control of the harbor the day after they entered the city.

After he discovered that the remaining German garrison at Fort du Homet held 52 U.S. Army paratroopers as prisoners, Walsh, under a flag of truce, exaggerated the strength of the forces under his command and persuaded the commanding officer of the remnants of the German garrison to surrender. These actions earned him the Navy Cross and, all told, he accepted the surrender of over 700 German soldiers. Walsh died May 18, 2000.

Arleigh Burke-class destroyers conduct a variety of operations, from peacetime presence and crisis response to sea control and power projection. The future USS Quentin Walsh (DDG 132) will be capable of fighting air, surface and subsurface battles simultaneously and will contain a combination of offensive and defensive weapon systems to support maritime warfare, including integrated air and missile defense and vertical launch capabilities.

USS Quentin Walsh will be constructed at Bath Iron Works, a division of General Dynamics in Bath, Maine. The ship will be 509 feet long, have a beam of 59 feet and be capable of operating in excess of 30 knots.

# REUNIONS, NOTICES, ITEMS OF INTEREST

#### **USCGC JARVIS REUNION (WHEC 725)**

The next USCGC Jarvis Reunion will take place July 26-28 2019. Cape Charles VA. All former crew members are invited! Contact Andy Haddon for details. andy.haddon@comcast.net 267-864-6119

#### USCGC SHERMAN (720) PERSIAN GULF AND CIRCUMNAVIGATION DEPLOYMENT REUNION

If you were part of the pre-deployment crew in 2000 or historic Persian Gulf and Circumnavigation crew in 2001 and would like to attend our 20 year reunion, please contact Ed Semler at mkcm378@gmail.com or 240-305-9348

#### USCGA REUNION NOTICE FOR BURTON ISLAND ASSOCIATION (BIA) — USCGC BURTON ISLAND

Are you serving, or have you served aboard an Icebreaker? Specifically WAGB 283, the **Burton Island**, also known as *The Great Lady of the Frozen Seas*. You're invited to attend the Burton Island Association (BIA) reunion Sept. 23-27, 2019 at the Merry Manor Inn, Portland, Maine (<a href="www.merrymanorinn.com">www.merrymanorinn.com</a>). Tours are planned, including a lobster bake, cruising Casco Bay and a visit to Kennebunkport. Our banquet speaker will be Lt. Col. Lee Humiston, USAF, Retired, the founder and curator of the Maine Military Museum. A schedule of events is available upon request. Prior registration is required. Registration, tour and banquet fees must be paid ahead of time to the BIA Treasurer. Contact: Doug Huckins, VP, BIA; jdhuck@att.net;831-402-2883 for more information (please leave a message or text).

# REUNIONS, NOTICES, ITEMS OF INTEREST

#### **USCGC WESTWIND (WAGB 281) REUNION**

SEPTEMBER 13-15 2019, HOLIDAY INN, 5032 MARKET ST., WILMINGTON, NC 28405, (910) 392-1101, COST: \$119.00 PR NIGHT. When making reservation, state that it is for the Westwind Association Reunion. The cost, which includes the buffet dinner on Saturday night is \$75 per person and is payable to: Gordon Sauer, Attn: Westwind Association, 1516 North State Parkway, Chicago, IL 60610. For more info: Alex Mavica, Email: amavica@optonline.net Phone: (845) 352-7040

#### **2019 PRINSENDAM RESCUE REUNION**

"The Prinsendam Rescue Association is calling on all former Shipmates, Aviators, and personnel stationed ashore who assisted in the rescue of 519 passengers and crew aboard the burning Dutch Cruise Ship Prinsendam on 4 - 5 October 1980 in the Gulf of Alaska". If you or someone you know was attached to any unit that participated in the rescue operation and/or subsequent sinking of the Prinsendam, "I Want To Hear From You"! On Friday, 4 October through Saturday, 5 October 2019 all hands will gather in Seattle, Washington to commemorate the 39th Anniversary of "The Greatest High Seas Rescue In Coast Guard History"! This reunion is also open to all active, reserve, and retired members of the USCG and USAF who may not have participated in the rescue but have an interest in attending. Contact YNCS Stan Jaceks, USCG, (Ret.) by email at stanley2421@localnet.com

#### **COAST GUARD AVIATION ASSOCIATION ANNUAL REUNION**

Calling all Pterodactyls – Fly South to gather at the #1 Beach in the USA – November 5-8, 2019. The Pforty-third Ptero Roost will convene on sunny Clearwater Beach, Florida, at the Sheraton Sand Key. Activities include a lunch cruise, golf outing, day trip to downtown St. Petersburg and social events each evening to connect with new friends and visit with old ones. As always, the annual business meeting will be capped off with an outstanding awards banquet where we will honor today's finest. To close out the event we'll rub elbows with the fine men and women of Air Station Clearwater, tour the unit and connect the past of CG Aviation with its future. For more information and to register for the 2019 Roost, visit the CGAA website at https://aoptero.org. All are welcome. More information: Mark D'Andrea (727) 288-6679

#### **OREGON RUPTURED DUCKS**

The Oregon "Ruptured Ducks" All-Service E-9 Association welcomes Coast Guard E-9 retirees from Oregon and Southwest Washington. We meet about three times a year for a weekend at various scenic locations around the two states. Our meetings focus on veteran/retiree issues and support ... with much camaraderie thrown in. Spouses are welcome at all events. Contact SKCM Linda Reid (ret.) at orbeach@gmail.com for more information.

#### You are Cordially Invited to

Honorary Chief Petty Officer Lois Bouton The Coast Guard Lady

#### 100th Birthday Celebration

on Saturday, the twenty-first of September 1 - 5 pm Central Standard Time with presentations and cake at 3 pm

> First Presbyterian Church 901 NE J Street Bentonville, Arkansas

Hotel: Hilton Garden Inn Bentonville (479-464-7300) Special Rate: \$89 + tax per night w/full breakfast http://group.hiltongardeninn.com/CoastGuardEvent

Group Name: COAST GUARD EVENT
To RSVP or for additional information:
Rick Trent at 830-980-8735 (voice) or
MCPOCG7@satx.rr.com

RSVP & Hotel by September 5th Military: Tropical Blue Civilian: Smart Casual



#### **UNITED STATES COAST GUARD BAND**

The United States Coast Guard Band proudly announces its 2019 Great Lakes Tour, which runs from 29 JULY to 11 AUG. Concerts will take place in New York, Ohio, Michigan, Wisconsin, and Illinois. All concerts are free and open to the public, but in some cases, free tickets may be required. A complete listing of dates, locations, and ticket availability can be found on the Band's website at www.uscg.mil/band

#### **NEW LONDON MARITIME MUSEUM PROJECT**

New London Ledge Light's lens that guided mariners into the Thames River is now housed at the New London Maritime museum, Old Custom House, Bank Street New London, CT. It's been moved a few times and the Museum Director would like to place the movement in working order. I've volunteered to rework the gimbals so they can drop but could use some help to ensure the mechanism is in good working order. It will become an active display where visitors can enjoy seeing how it originally operated. If interested in helping out, contact Capt David Lersch, USCG, (Ret) at <a href="mailto:grnwing@hotmail.com">grnwing@hotmail.com</a>

#### TRYING TO CONNECT WITH A FELLOW USCG, USPHS, OR NOAA RETIREE?

If you need help connecting with a USCG, USPHS, or NOAA retiree, you may provide the individual's name (and rank/paygrade if known), along with your contact information to Robert Hinds, CG Retiree Services, e-mail: Robert.C.Hinds@uscg.mil; phone: 202-475-5451, who will attempt to contact the individual by e-mail and provide your contact information.



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			USCG TAPS							
NAME	GRADE	DATE	CITY	STATE	NAME	G	RADE	DATE	CITY	STATE
OLSEN,DONAL	CDR	20190316	EDMONDS	WA	TALMON,LEROY		HSCS	20190428	HENDERSC	ON NV
PAYAD,WILFREDO	FSC	20190308	N CAPE MAY	NJ	TANNER,DONALD		SN	20190307	PULASKI	WI
PAYNE, WILTON	ADCS	20190318	SARALAND	AL	THORNTON, BILLIE		PSC	20190309	SHARPSBU	RG GA
PENN,SCOTT	BM2	20190315	LUTZ	FL	TIETJEN,JOHN		CWO3	20190403	EARLETON	FL
PETERSON,GEORGE	ETC	20190329	SANTA RITA	GU	TURLO,FREDDIE		CWO3	20190311	CLINTON	ME
PUGH,RONNIE	YN1	20190305	CLARKS SUMMI	T PA	TYREE,NOAH		AM1	20190330	TUCSON	AZ
PULLEN, RICHARD	MKC	20190420	PHENIX CITY	AL	TYRRELL,GILBERT		HSC	20190411	OGDEN	UT
PYRZYNSKI,EDWIN	BMCM	20190430	CHEBOYGAN	MI	VANMETER,CHARLES		ENG4	20190423	MONTERE'	Y CA
RAMSEY,GEORGE	LTJG	20190417	ROWLETT	TX	VANWERRY,JOHN		MK1	20190329	WINCHEST	ER VA
RANDOLPH,RAY	ADCS	20190413	ATLANTA	GA	VANZWALUWENBURG,C	ORNELIUS	CWO3	20190415	FALLON	NV
RAYKOWSKI,RONALD	QMCM	20190429	JACKSON	WY	VAUGHN,DONALD		CAPT	20190403	HARMONY	' PA
REYNA,FRANK	EM1	20190405	ATLANTIC	IA	VINCENT, JOHN		MKC	20190405	PLYMOUT	H MA
ROZKYDAL, VINCENT	FS1	20190331	PALMER	AK	WATERS, MOLLY		LCDR	20190517	WASHING	TON DC
RYAN,JOHN	LCDR	20190317	N CAPE MAY	NJ	WEYERMANN,BRUCE		CDR	20190312	PORT ANG	ELES WA
SANIAL, JAMES	CAPT	20190410	CHERRY HILL	NJ	WHEELER,RONNIE		LCDR	20190418	THE VILLA	GES FL
SANTA CRUZ,TAYLOR	GM3	20190328	BREMERTON	WA	WHINIHAN,JOSEPH		BM1	20190417	N CHARLES	STON SC
SATTLER,STEPHEN	BOSN3	20190331	LELAND	NC	WIEGAND, ARTHUR		MK1	20190412	WHITE HA	LL AR
SCOTT,DONALD	BM1	20190314	EDGEWATER	MD	WILHELMSEN,FINN		ET1	20190312	SACO	ME
SCOTT,STEVEN	YN2	20190321	FREDERICKSBUR	RG VA	WILT,NEIL		PSCS	20190310	DUNCANS	VILLE PA
SHERMAN,THOMAS	BM2	20190321	NEW BEDFORD	MA	WOOD, THEOTTIS		CAPT	20190304		RDA FL
SPOKE,GEORGE	CWO3	20190426	BARODA	MI	WOOD,FREDERIC		<b>EMCS</b>	20190316	GILBERT	AZ
SPORAR, MARION	CWO2	20190327	JACKSONVILLE	FL	WOOLARD, MYRON		BMCS	20190402		
STADNICAR, EDWARD	LCDR	20190412	JUPITER	FL	YORK,JOB		CWO4	20190418	SCOTTSDA	LE AZ
STANGLE,L	BM1	20190318	LEXINGTON	IN	YOUNG,ROGER		ATCS	20190321		
SWIFT,AARON	EM3	20190502	VALDOSTA	GA	,					
				SDHS	S T.APS	-				
NAME	GRADE	DATE	CITY	STATE	NAME	GRADE	DAT	E CI	TY	STATE
BENGTSON,TED	CAPT	20190427	MERRILL	WI	SCOTT,LLOYD	CDR			EN SLEEP	WY
EUGENE,GERARD	CAPT	20190415	BELTSVILLE	MD	SOKOLOFF, LEON	CAPT			ETAUKET	NY
GOODWIN,W J	CAPT	20190310	PORTLAND	OR	TOSH,FRED	CAPT	2019		/ICHITA	KS
JEFFREY,EDGAR	CAPT	20190412	FAIRVIEW	TX	VANCE,PAUL	CAPT	2019	90418 A	LBUQUERQU	E NM
KIRK,WILLIAM	CAPT	20190422	HARRISBURG	PA	WILSON,JOHN	CAPT	2019	90501 C	EDAREDGE	CO
MENDEZ-JUSINO, ANGEL	LCDR	20190314	SAN GERMIAN	PR	WITT,JAMES	CAPT	2019	90401 B	RENTWOOD	TN
PAYNE, JAMES	CAPT	20190331	HENDERSON	NV	WOODSON,CHARLES	CAPT	2019	90409 SI	LVER SPRING	MD
	34		$\bullet$	VO.A.A	I TAPS					
NAME	GRADE	DATE	CITY	STATE	NAME	GRADE	DAT	E C	ITY	STATE
NATTO MEDI VNI		20190422	MELBOURNE	FL						
NATTO,MERLYN	CAPT	20190422								
	35		_ De <sub>l</sub>	pende	nt TAPS					
NAME OF DEPENDER	NT	RELATION	ISHIP			DA <sup>-</sup>	TE	CITY	S	STATE
PATRICIA CONNORS WIFE		WIFE OF CF	FE OF CPO ALFRED BELL, USCG (RET)				90315	WINTHE	ROP	MA
		C ROBERT D. BILTON, USCG (RET)			20190306 LAKE CITY			FL		
			PT RONALD FRIED, USPHS (RET)			20190326 OKLAHO			OK	
			WO4 IRVIN L. GAINES, USCG (RET)			20170130 WILMIN			NC	
			IKCM JULIUS E. WHEELER, USCG (RET)				20170130 WIEWIII 20190306 BREME			
										WA
			WIFE OF MK1 ROBERT SCHEFFLER, USCG (RET)					20190505 AUROR/		IN
			/IK2 DAVID B. RICHARDSON, USCG (RET)				20190405 WETU			AL
KATIE A. CHILTON (GRE	GSON)		OF CWO4 JOHN			201	90315	ANCHO	RAGE	AK
ROSE M. HARVEY			ICM LYNN S. HAR			201	90212	ST LOUIS	S PARK	MN
KIMBERLY F. EDWARDS	5	WIFE OF FS	1 DANIEL L. EDW	ARDS, USC	CG (RET)	201	71015	PARRISH	ł	FL
	5		1 DANIEL L. EDW	ARDS, USC						

#### Casualty & Decedent Affairs

A current CG "Master Decedent Affairs Officer (DAO) & Military Funeral Honors (MFH) Coordinator Roster" is accessible at: <a href="https://dcms.uscg.mil/Portals/10/CG-1/retiree/docs/DAO\_%20MFH\_Master\_Roster\_.xlsx?ver=2018-09-07-140443-903">https://dcms.uscg.mil/Portals/10/CG-1/retiree/docs/DAO\_%20MFH\_Master\_Roster\_.xlsx?ver=2018-09-07-140443-903</a>. CG MFH Guidance is accessible at:

 $\frac{https://www.dcms.uscg.mil/Portals/10/CG-1/psc/psd/docs/Military\%20Funeral\%20Honors\%20Guidance.pdf?ver=2017-03-24-102439-577.$ 

If you need additional assistance on Casualty & Decedent affairs matters, you may contact Mr. Brian Behlke, CG Casualty Matters Chief, at <a href="mailto:Brian.R.Behlke@uscg.mil">Brian.R.Behlke@uscg.mil</a>, or by phone at: 202-795-6637 (office) or 571-266-2375 (24x7 work cell).

# Pay & Personnel Center, Retiree & Annuitant Services (RAS) - Directory Assistance

Directory Assistance and Other Important Phone Numbers & Websites (Pgs 13-15) are also accessible at: <a href="https://www.dcms.uscg.mil/portals/10/cg-1/ppc/ras/rasdirectory.pdf">www.dcms.uscg.mil/portals/10/cg-1/ppc/ras/rasdirectory.pdf</a>

#### **Questions, Address or Direct-Deposit Changes**

#### If you need information or have questions about:

- Your retired or survivor benefit plan (SBP) annuity payments
- Your retired/annuitant statement
- ♦ IRS Form 1099-R (reporting taxable income)

#### or you need to change:

- Your and your dependents' home mailing address (for retired/annuitant statement, newsletter, 1099-R, correspondence)
- Your financial institution or account number for your direct deposit
- Report a change to your designation of beneficiary for payment of unpaid retired pay (Note: use Form \*CG PPC-3600 Designation of Beneficiary for Payment of Unpaid Retired Pay)

You may make the requests listed above by <u>telephone</u>, by <u>fax</u> or in <u>writing</u>. The telephone and fax numbers are:

Toll free: 1-866-772-8724 Commercial: (785) 339-2200

Fax: (785) 339-3770

#### **Allotments, SBP Coverage and Beneficiary Changes**

#### If you need to:

- Start, stop or change an allotment (you may use Form \*CG PPC-7221 Retired Allotment Authorization Form, fax in the form or a written request, call us or send us an email request).
- Report a change to your survivor benefit plan (SBP) coverage (must be in writing)

You may <u>fax</u> your request to (785) 339-3770 or mail to:

Commanding Officer (RAS) USCG Pay & Personnel Center 444 SE Quincy St Topeka, KS 66683-3591

(\*) Note: Forms are available from the PPC website at: www.dcms.uscg.mil/ppc/pd/forms/ or directly from the IRS.

#### **Income Tax Withholding Changes**

#### If you need to:

- ♦ Start or change the amount of state tax withholding (retirees can call, e-mail, fax or use \*IRS Form W-4, or state form. If using IRS form, indicate that the form is for state income tax withholding, not federal, which state it's for and the dollar amount to be withheld, (minimum amount is \$10.00, no cents)). We cannot withhold state tax for annuitants
- ◆ Change your federal income tax withholding (retirees use Form W-4, annuitants use Form W-4P)
- Change exemptions or additional withholding

Federal tax changes **must** be in writing. The original Form IRS W-4 or W-4P must be mailed to PPC (RAS) for action and filing, per IRS requirements. <u>PPC (RAS) cannot accept a faxed W-4 or W-4P. Please mail to:</u>

Commanding Officer (RAS) USCG Pay & Personnel Center 444 SE Quincy St Topeka, KS 66683-3591

(\*) Note: Forms are available from the PPC website at: www.dcms.uscg.mil/ppc/pd/forms/ or directly from IRS.

#### **Report of Death**

To report the death of a Coast Guard, NOAA or PHS retiree/ annuitant call:

> Toll free: 1-866-772-8724 Commercial: (785) 339-2200 Fax: (785) 339-3770

#### Or write:

Commanding Officer (RAS) USCG Pay & Personnel Center 444 SE Quincy St Topeka, KS 66683-3591

**DEPENDENT TAPS:** To place a Dependent TAPS notice in The Retiree Newsletter, provide the dependent's name, relationship to retiree, date of passing, and city/state to Robert Hinds at: **Robert.C.Hinds@uscg.mil** or phone: 202-475-5451.

#### **RETIREE CUSTOMER SERVICE**

Phone: 800-772-8724, E-mail: <a href="mailto:PPC-DG-CustomerCare@uscg.mil">PPC-DG-CustomerCare@uscg.mil</a>.

Web: www.dcms.uscg.mil/ppc

#### **MEDICARE PART B ENROLLMENT IS MANDATORY AT AGE 65**

https://dcms.uscg.mil/Portals/10/CG-1/retiree/docs/pdf/Turning\_65\_with\_MEDICARE.pdf?ver=2018-09-07-143218-930 When you turn 65, your medical benefits will change. MEDICARE will become your primary medical coverage and TRICARE pays secondary to MEDICARE. You MUST enroll in MEDICARE PART B to retain your TRICARE coverage. If you are within 90 days of your 65th birthday, you should log on to www.ssa.gov or www.medicare.gov to enroll in MEDICARE PART B. Additional information is accessible at: www.tricare.mil/Welcome/Eligibility/MedicareEligible.aspx?sc\_database=web or by phone at 866-773-0404. You may also call the Defense Enrollment Eligibility Reporting System (DEERS) at 800-538-9552.

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Oth	er Important Phone Num	bers and Websites
Medical/Dental Benefits	Phone	Websites/Notes
	1-800-538-9552	www.tricare.mil/deers
Eligibility (DEERS)/ID Cards	(TTY/TDD)	In CA: 1-800-334-4162;
	1-866-363-2883	In AK & HI 1-800-527-5602
Mail-Order Pharmacy	1-877-363-1303	www.tricare.mil/mybenefit/home/
		Prescriptions/Filling Prescriptions/TMOP
Federal Dental & Vision Insurance Progr (FEDVIP—Retirees)	am 1-877-888-3337	https://www.benefeds.com/
TRICARE Overseas	1-888-777-8343	www.tricare.mil/mybenefit/home/overview/
TRICARE Overseas		Regions/RegionsNonUS
TRICARE East Region Contractor	1-800-444-5445	http://tricare.mil
TRICARE West Region Contractor	1-844-866-9378	www.tricare.mil/tfl/default.cfm
TRICARE For Life	1-866-773-0404	www.tricare.mil/LifeEvents/Retiring
TRICARE Eligibility—Pharmacy	1-877-363-1303	www.tricare.mil/ CoveredServices/Pharmacy/
(Medicare info)		Eligibility.aspx
Federal Long-Term Health Insurance	1-800-582-3337	www.opm.gov/insure/ltc/
CG Health Benefits Advisor	1-800-942-2422	
Veterans Benefits	Phone	Websites/Notes
Department of Veterans Affairs	1-800-827-1000	www.va.gov
Insurance Information	1-800-669-8477	www.insurance.va.gov
Veteran's Group Life Insurance		www.insurance.va.gov/sglisite/vgli/vgli.htm
		Death and accelerated benefits claims only:
New VGLI Applications and VGLI	1-800-419-1473	Fax: 1-877-832-4943.
Reinstatements:	Overseas phone	All other fax inquiries: 1-800-236-6142 or e-mail
OSGLI	(973) 548-5699	at: osgli.claims@prudential.com
PO Box 41618	Overseas fax#	All other inquiries: osgli.osgli@prudential.com
Philadelphia, PA 19176-9913	(973) 548-5300	General Correspondence:
		Office of Servicemembers' Group Life Insurance
		80 Livingston Avenue
		Roseland, NJ 07068-1733
Federal Benefits for Veterans and	1-800-827-1000	www.va.gov/opa/publications/benefits_book.asp
Dependents		VA Pamphlet 80-02-1
Headstones and Markers	1-800-697-6947	www.va.gov/opa/publications/benefits_book.asp

If you are unable to access the internet and digital publication of *The Retiree Newsletter*, please call Robert Hinds, CG Retiree Services, at 202-475-5451 and provide your name and mailing address. A list of individuals (names only) without internet access and needing paper mailing of newsletter will be published in the October 2019 issue of *The Retiree Newsletter* to ensure a complete/accurate list.

#### Or mail to:

Commandant, U.S. Coast Guard Retiree Services Program Manager(CG-13) U.S. Coast Guard Stop 7907 2703 Martin Luther King Jr. Ave SE Washington, DC 20593-7907

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Other Important Phone Numbers and Websites							
Other	Phone	Websites/Notes					
		www.dcms.uscg.mil/ppc/separations/finalpay/					
	1-866-772-8724	Commanding Officer (SEP)					
Final Active Duty Pay	Overseas	USCG Pay & Personnel Center					
	(785) 339-2200	444 SE Quincy St					
		Topeka, KS 66683-3591					
Contact PPC (SEP) for information on Severa	ance Pay, Separation Pay,	, Disability Severance Pay, LES's, IRS Form W-2.					
		www.dcms.uscg.mil/ppc/travel/					
		Send final travel claim to:					
	1-866-772-8724	Commanding Officer (TVL)					
Travel Claims	Overseas	USCG Pay & Personnel Center					
Traver claims	(785) 339-2200	444 SE Quincy St.					
	(703) 333 2200	Topeka, KS 66683-3591					
		Торска, ко 00005 3331					
		www.archives.gov/veterans/military-service-records					
Service Records	(314) 801-0800	Write to: National Personnel Records Center					
		Military Personnel Records					
		1 Archives Drive					
		St. Louis, MO 63138-1002					
Veterans or next-of -kin of a deceased veter	an can access www.arch	ives.gov/veterans/military-service-records to make request	ts.				
		N, dates of service and date of birth of the veteran. DD-214					
are also available via the website.							
Social Security	1-800-772-1213	www.ssa.gov					
		www.marad.dot.gov/mariners/mariner					
		Maritime Administration					
WWII U.S. Merchant Marine Awards		U.S. Department of Transportation					
and Decorations	(202) 366-2646	200 New Jersey Ave, SE					
		Washington, DC 20590					
CG NATIONAL RETIREE HELP DESK	(202) 475-5381	G-Mail: NRHDesk@gmail.com					
or toll f	ree 1-833-224-6743						
Do NOT send Personally Identifiab	le Information (e.g. SSN	, EMPID) to the CG National Retiree Help Desk. See:					

Do NOT send Personally Identifiable Information (e.g. SSN, EMPID) to the CG National Retiree Help Desk. Seeswww.dcms.uscg.mil/Portals/10/CG-1/retiree/docs/pdf/NRHD\_PII\_NOTICE.pdf?ver=2017-08-07-083504-783

Current and past issues of THE RETIREE NEWSETTER are accessible at below link, where you can also subscribe for e-distribution of the newsletter and other important retiree communications.

https://www.dcms.uscg.mil/ppc/ras/retnews/

#### **Coast Guard Connection Newsletter**

**Coast Guard Connection** is a quarterly newsletter for retired senior leaders from the U. S. Coast Guard providing a focused sampling of current events and service initiatives, including updates on budget, Human Capital, Legislative, Public Affairs, and Outreach. Accessible at: www.dcms.uscg.mil/retiree

#### **CG Distribution Lists**

Subscribe to Coast Guard Distribution Lists from the USCG Public Affairs News Room at: www.news.uscg.mil

#### **CG Social Media Sites**

A list of Official CG Social Media Sites including Facebook & Twitter is accessible at: http://coastguard.dodlive.mil/official-sites/

#### **DoD Retiree Newsletters**

ARMY (*ECHOES*): https://www.armyg1.army.mil/rso-migrated/echoes.asp AIR FORCE (*AFTERBURNER*): https://www.retirees.af.mil/Library/Afterburner/

 $NAVY \textit{(SHIFT COLORS)}: \ http://www.public.navy.mil/bupers-npc/reference/publications/shiftcolors/Pages/default.aspx$ 

### DEPARTMENT OF HOMELAND SECURITY

COMMANDANT, U. S. COAST GUARD RETIREE SERVICES PROGRAM MANAGER (CG-13) U.S. COAST GUARD STOP 7907 2703 MARTIN LUTHER KING JR AVE SE WASHINGTON DC 20593-7907

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