

USCG KODIAK DINING FACILITY MENU

Call Ahead Burgers Made To Order

Aug 31st-Sept 6th

Galley#907.487.5235

Breakfast
0630-0800 (M-F)
0730-1000 (Sat-Sun-Holiday)

Lunch
1130-1300 (M-F)
1030-1300 (Sat-Sun-Holiday)

BOX Lunch
Order by 12:45
Pickup NLT 1300

	0630-0800			1130-1300			MON-SUN-HOLIDAY		
	s/s	cal	fat	s/s	cal	fat	s/s	cal	fat
M O N D A Y	2-Eggs to order	2ea	160	12	Chicken Cacciatore	6oz	725	16	"BOX LUNCH MENU" ChoiceOf: 1 475 18 Tuna, Chicken Salad 1 140 8 or Ham, w/lettuce/taomto/cheese 4oz 45 3 On Sliced Bread 1 Apple & Orange 1ea 160 0 Dessert Choice Fountain Drinks: Juices, Sodas, Coffee or Cold Teas
	Oven Fried Bacon & Sausage	2,1	110	13	Grilled Salami,Pepperoni, Cheese Sandwich	6oz	875	24	
T U E S D A Y	Chef's Potato Choice	1srv	170	9	Garlic Roasted Potatoes	5	255	15	Pay & pick up by 1300 1 550 29 1 140 8 4oz 45 3 1 1ea 160 0
	Waffles w/Butter & Syrup	2,3	180	15	Diced Tomato Basil Pasta	5	230	21	
W E D N E S D A Y	Every Monday: Biscuits N Gravy (:	1,2	180	15	Garlic Bread	5	85	6	Vegetarian Options: Made To Order Upon Request 1 140 8 Original Veggie Garden Burger 1 1ea 160 0 Call ahead and we'll have it ready for any pick up time
	Hot Breakfast Cereal	6oz	130	5	SOUP: Zuppa Toscana	1	90	3	
T H U R S D A Y	Assorted Cereals, Breads	1srv	200	10	Seasoned Vegetables	5	85	6	Feed back: We love feedback and hearing any menu item ideas you'd like to see offered. Please use the comment box located outside the dish drop area. Thank You
	Yogurt	1srv	200	10	Chef's Choice Vegetable	1ea	110	3	
F R I D A Y	Fresh Fruit	1srv	200	10	Salad Bar w/ Assorted Dressings	1ea	110	3	Prime Rib 6oz 475 15 Scalloped Potatos 6oz 550 21 Penne Pasta W/ Sun Dried Tomato Sauce 5 275 19 SOUP: Seafood Chowder 5 275 19 1 1ea 160 0
	Coffee/Tea/Juice/Milk	1srv	200	10	Seasoned Vegetables	1ea	110	6	
S A T U R D A Y	2-Eggs to Order	2ea	160	12	Crispy BBQ Wings (6 pieces)	6oz	575	21	1 625 17 1 140 8 4oz 45 3 1 1ea 160 0
	Oven Fried Bacon	2,1	110	13	Egg Salad Sandwiches	6oz	455	17	
S U N D A Y	Breakfast Sausage	1srv	180	10	Potato Salad W/Boiled Egg	5	275	19	1 225 12 1 140 8 4oz 45 3 1 1ea 160 0
	Chef's Potato Choice	1,2	180	15	Mac N Cheese	5	325	19	
S U N D A Y	Hot Breakfast Cereal	6oz	130	5	Seasoned Vegetables	5	65	5	1ea 100 4
	Assorted Cereals, Breads	1srv	200	10	Chef's Choice Vegetable	1	100	4	
S U N D A Y	Yogurt	1srv	200	10	Salad Bar w/ Assorted Dressings	1	100	4	Seasoned Vegetable Chef's Choice Vegetable Salad Bar w/Assorted Dressings Coffee/Tea/Milk
	Fresh Fruit	1srv	200	10	Coffee/Tea/Milk	1	100	4	



All calorie and fat nutritional facts are based on 4oz to 6oz portions for meat, and 1/2 to 1 cup portions for vegetables and starches.



Listed below are the recommended daily caloric and fat caloric intakes:

AVG ADULT FEMALE CAL 1600 - FAT CAL 99	AVG ADULT MALE CAL 2000 - FAT CAL 162	VERY ACTIVE ADULT CAL 3200 - FAT 306
Project Manager Kim Martinez	Kaiyuh Services,LLC	Contracting Officer Representative COR