

## Medication Refills

If you are currently taking prescription medications, please visit the pharmacy or contact pharmacy personnel via phone or email so that we may transfer your prescription from your previous pharmacy provider. For refills on a prescription provided by the Rockmore King Clinic, please phone in or email your requests. Pharmacy personnel will contact you when your medications are ready to be picked up or if further information is required.

You may also contact the pharmacy for tobacco cessation measures.

Pharmacy: 907-487-5757 option 5

## Medical Readiness

Showing yellow in CGBI can mean a variety of things. If you have any questions, staff at the clinic can see exactly what it is you need and when you need it. HIV Blood draws are addressed on a walk-in basis, pending Lab availability.

### Immunizations

Vaccinations are addressed on a walk-in basis, pending Lab availability. Other vaccinations such as Influenza will first be administered to Operational Units,

followed by non-operational ones. Family members are unable to be vaccinated or seen at this time.

## Copying Your Record

If you need to copy your record, we allow time to do so at 1630 every weekday. Paper will not be supplied, so please bring your own.

***Clinic Hours are Mon-Fri 0800-1200 and 1300-1600***

***Closed Wednesday afternoon for training***

***Clinic Phone Number:***

***907-487-5757***

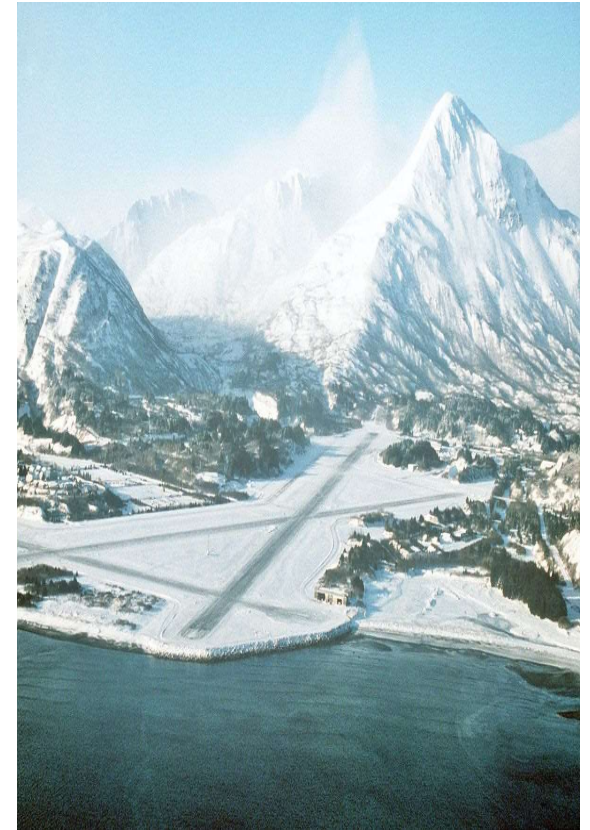
***24-Hour Clinic Duty Watch***

***Captain: 907-942-4214***

***For Afterhours Care***

***Fax Number: 907-487-5360***

# ***Welcome to Kodiak Island***



**A Medical How-To Guide for  
Arriving Personnel**

## Tricare Enrollment

### Active Duty Personnel

Will be enrolled into Tricare and assigned a primary care manager (PCM) within the Rockmore King Clinic. Thoroughly complete a demographic form and return to the front desk staff. Clinic staff use this form to update Active Duty members into DEERS and Tricare enrollment.

### Family Members

Will be enrolled into **TriCare Prime Remote**

Enroll them online at <https://www.dmdc.osd.mil/milConnect>.

Once in MilConnect, update contact information for you and your family members. Following an address change, MilConnect will prompt you that an enrollment change is required and will walk you through the steps of the process.

Be ready to choose a Primary Care Manager for your dependent at the time of enrollment.

Your family can change their PCM at any time.

## Medical Appointments

### Scheduling

Call the Medical Front Desk at 907-487-5757. The clinic performs training every Wednesday afternoon, so please call in the morning if able.

### Attendance

Please arrive 15 minutes prior to your appointment. Based on patient load, your appointment may be rescheduled by RKC if you fail to arrive 15 minutes prior to appointment time.

### Afterhours Care

If you require care after 1600, please call the Duty Watch Captain at 907-487-4214 to be properly screened prior to entering clinic. Afterwards, the on-duty HS will assist you with whatever you need.

## Aviators

Initial Upchits can be scheduled with the Front Desk at 907-487-5757 so you can continue to fly.

## Annual Physical Exams

To schedule your physical exam please call 907-487-5757.

You can schedule your physical exam two months prior to due date.

***Aviators, please note that extensions to physical exams can be granted. However, only one extension can be granted, we cannot authorize subsequent extensions and you will be grounded.***

### OMSEP Enrollment

If you are enrolled in an OMSEP program, annual exams are performed at the same time your physical exam is. If you wish to be enrolled into an OMSEP program, contact your Unit's OMSEP coordinator to do so.

## Travel to Obtain Health Care

If you have received a medical referral off-island, call 907-487-5757 option 7.