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Subject: April Health Safety and Work-Life News Bullets
Date: Monday, April 2, 2018 9:20:00 AM

Please switch to HTML:

Good morning,

Welcome to the April edition of the Base Seattle Work-Life Monthly "News Bullets". See a topic and click on the link or contact the POC to learn more!

April is Sexual Assault Awareness and Prevention Month (SAAPM)

"Protecting Our People Protects Our Mission". Eliminating sexual assault requires every service member to be a steadfast participant in creating an appropriate and respectful culture and upholding Coast Guard core values. Check out the link below or for more information, contact Ms. Jennifer Parrish at (206) 441-6635

www.sapr.mil

April is Autism Awareness month! Check out the link below to see how it is celebrated and what you can do to participate or contact Ms. May Chao at (206) 217-6786
<http://www.autism-society.org/get-involved/national-autism-awareness-month/>

Do you need assistance with CHILD CARE? Check out the link below or for more information, contact Ms. Kelly Smitherman (503)861-6242

<https://cg.portal.uscg.mil/units/dol/dol-3/BS/H/SitePages/CDSS.aspx>

Are you enrolled in the Special Needs Program and need assistance paying for camps, sporting leagues or assistive technology? Check out the link below for a CGMA Grant or for additional information contact Ms. May Chao (206)217-6786

<https://www.cgmahq.org/programs/specialNeeds.html>

Can you think of 5 media free family activities to alleviate stress? Check out the your local Chamber of Commerce link below or for more information, contact Mr. Troy Olson at (206) 217-6612

<https://cg.portal.uscg.mil/units/dol/dol-3/BS/H/SitePages/Other%20Resources.aspx>

Have you seen the NEW Work Life web site? Check it out and share your feedback at BaseSeattle-WorkLife@uscg.mil

<https://cg.portal.uscg.mil/units/dol/dol-3/BS/H/SitePages/Work%20Life%20Home%20Page.aspx>

V/r

Your Work Life Staff

Work Life Web Site:

<https://cg.portal.uscg.mil/units/dol/dol-3/BS/H/SitePages/Work%20Life%20Home%20Page.aspx>

Base Seattle Web Site:

<https://cg.portal.uscg.mil/units/dol/dol-3/BS/H/SitePages/Home.aspx>