

MEDICAL ABEYANCE REQUEST CHECKLIST

Reference: Coast Guard Body Composition Standards Program Manual, COMDTINST M1020.8I (series) (Allow a processing time of 30 days for Abeyance Requests)

CHECK
BLOCK



The below checklist provides a listing of documents required for medical abeyance requests.
(Requests will not be evaluated unless "ALL" appropriate documentation is included)

1. MEMO FROM COMMAND:

A memo from the Command requesting an abeyance that includes the following:

- (1) the member's name,
- (2) employee identification number (**EMPLID**)
- (3) current weight and body fat measurements
- (4) reason for the abeyance
- (5) Command point of contact / phone number
- (6) Member's servicing Medical point of contact / phone number

2. SIGNED COPY OF THE AUTHORIZATION FOR MEDICAL INFORMATION:

A signed copy of the Authorization for Disclosure of Medical or Dental Information form (**DD 2870**) granting PSC-PSD-FS permission to review medical information.

3. COPY OF ALL ADMINISTRATIVE REMARKS PERTAINING TO WEIGHT HISTORY:

Copy of "**ALL**" Administrative Remarks related to the member's current weight probation, past weight probations, abeyances, and tobacco cessation programs.

4. MEDICAL DOCUMENTATION

Include "**Any**" documentation from medical / specialty physicians related to the abeyance request including all current medication being taken and dosage.

E-mail weight abeyance requests packages to:

HQS-SMB-CGPSC-PSDFS-WEIGHT@uscg.mil

For questions or assistance regarding abeyance packages contact:

YNCS C. George (202) 795-6622