



Work-Life Balance Resources

Quick Reference for District 11 AOR

HSWL Regional Practice Manager, LCDR Darin W. Schneider – 510-437-3189
HSWL Deputy Regional Practice Manager, LT Matt Geraets – 310-521-6126
Work-Life Supervisor, D11 – Mr. David Romero – 510-437-5981
HSWL Administrative Asst., Alameda – Ms. Eleanor B. Cody – 510-437-5924
Work-Life Offices – 800-872-4957
Critical Incident Response - 510-437-3700
CG Support Program – Counseling and Work-Life Balance – 855-CG SUPRT (247-8778)
Suicide Prevention Hotline – 800 273-TALK (8255)

Employee Assistance ----- Lena Gavello– 510-437-3927/Cell 510-495-4997 & Tiffani Collier – 310-521-6136

General Assistance and Resources for Professional/Work and Personal/Life issues

- Suicide Awareness and Prevention and Intervention
- Critical Incident Response and Support Services
- Mandated and Peer Training
- Workplace Violence Intervention and Training

Additionally: SARC BACKUP

Family Advocacy -----Vacant – 510-437-5838 /TRACEN Vacant – 707-765-7045 & Felice Roth – 310-521-6133

- Family Violence Crisis Intervention
- Child Abuse Intervention

Family Resource -----Kristine Rutland-Cooper –510-437-3881 & Tony Haynes– 310-521-6134

- Family Special Needs Coordinator

Additionally:

- Elder Care Resources
- Adoption Reimbursement Assistance, Educational Scholarship, Grants and CG Sponsored Loan Resources
- Special Needs Grant and CG Respite Care Support/Grant information

Sexual Assault Response Coordinator ---- John Schempf SARC – 707-407-6082 & Nedra Barnes-Larrieux
SARC–510-437-3446

Restricted and unrestricted reporting of sexual assault with coordination of resources

Additionally:

- Sexual Assault case management and Victim Advocate assignment.

Personal Financial Manager--Chauncey Green, PFM – 510-437-5785 & Vondi Irwin

PFM –310-521-6131 & work cell: 310-478-0021

- Financial Education, Counseling, Resource Referral, and Financial Course Coordination

Transition and Relocation-----Vernon Batulanon – 510-437-5991 & Patrick Nalty – 619-278-7117

- Transition Services - Separation and Retirement Seminars (TGPS – formerly TAPS)

Additionally:

- Spousal Employment Assistance & Resumes

Child Development Services -----Renee Montandon– 510-437-6662

- Child Care Resources & CG Home Child Care License Asst.

Ombudsman Coordinators -----Vernon Batulanon – 510-437-5991 & Patrick Nalty – 619-278-7117

Substance Abuse Prevention ----- HS1 Brooke Williamson – 510-437-3182

- CDAR Coordinator - Awareness and Prevention Training

CG Support Program – (CG SUPRT) www.CGSUPRT.com

- Short term counseling AND life management assistance: 855-CG SUPRT (247-8778)